

SUMMER  
2024

# PLAYLIST

recreation program guide

youth  
& adult  
activities

registration opens  
march 18 - 20

*play for life*



## CONTACT US



phone: 541-389-7275



email: [info@bendparksandrec.org](mailto:info@bendparksandrec.org)



website: [bendparksandrec.org](http://bendparksandrec.org)

## ADMINISTRATION & RECREATION SERVICES

799 SW Columbia St. • p. 541-389-7275

Hours, holidays and more available online at:  
[bendparksandrec.org](http://bendparksandrec.org)

## ART STATION

Art Station classes are currently relocated to Harmon Park Clay Studio, Larkspur Community Center and some school locations. Learn more in Adult Art and Youth Art sections.

p. 541-389-7275

## JUNIPER SWIM & FITNESS CENTER

800 NE 6th St. • p. 541-389-7665

Hours, holidays, fees and more available online at:  
[bendparksandrec.org/juniper](http://bendparksandrec.org/juniper)

Facility details on page 85.

## LARKSPUR COMMUNITY CENTER HOME OF THE BEND SENIOR CENTER

1600 SE Reed Market Rd. • p. 541-388-1133

Hours, holidays, fees and more available online at:  
[bendparksandrec.org/larkspur](http://bendparksandrec.org/larkspur)

Facility details on page 86.

## PARK SERVICES

1675 SW Simpson Ave. • p. 541-388-5435

Hours, holidays and more available online at:  
[bendparksandrec.org](http://bendparksandrec.org)

## THE PAVILION

1001 SW Bradbury Way • p. 541-389-7588

Hours, holidays, fees and more available online at:  
[bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion)

Facility details on page 87.



## summer 2024 | online playlist

Welcome to “Your Playlist.” You’re invited to play, learn and thrive in the many recreation programs available to you this season.

Whether you are one, one hundred or somewhere in between, the Bend Park & Recreation District is your place for play.

Bienvenido a su Revista de Actividades Recreativas “Playlist.” Los invitamos a participar, aprender y crecer de manera sana en muchos de los programas de recreación, centros de recreación, parques y senderos disponibles durante esta estación del año. Bend Park & Recreation District es el lugar de recreación ya sea para una persona, cientos o menos.

**VISION STATEMENT:** To be a leader in building a community connected to nature, active lifestyles and one another.

**MISSION STATEMENT:** To strengthen community vitality and foster healthy, enriched lifestyles by providing exceptional park and recreation services.

### BOARD OF DIRECTORS:

Nathan Hovekamp, Board Chair • Jodi Barram, Vice-Chair • Zavi Borja • Donna Owens • Debra Schoen

### BUDGET COMMITTEE:

Corey Johnson • Cara Marsh-Rhodes • Joanne Mathews • Daryl Parrish • Cary Schneider

### EXECUTIVE DIRECTOR:

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[don@bendparksandrec.org](mailto:don@bendparksandrec.org)

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[michelleh@bendparksandrec.org](mailto:michelleh@bendparksandrec.org)

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#### DIRECTOR:

Kristin Toney • 541-706-6109  
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#### RECREATION SERVICES DIRECTOR:

Matt Mercer • 541-706-6103  
[matt@bendparksandrec.org](mailto:matt@bendparksandrec.org)

### FOLLOW US:

**Facebook** - Bend Park & Recreation District, Servicios en Español de Bend Park and Recreation District, Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion, Bend Whitewater Park, Art Station and Bend Senior Center.

**Instagram** - bendparks, bendwhitewaterpark, bendparks, juniperswimandfitness, larkspurcommunitycenter and thepavilioninbend.

**Twitter** - Bend Park & Rec (@bendparksandrec)

**INCLUSION:** The Bend Park & Recreation District is committed to making all of our programs, facilities, services and activities accessible to everyone. If you feel that you or your child may require auxiliary aid or special accommodations to participate, let us know at the time of registration. We will work with you in order to make safe and respectful accommodations. For more information or an activity assessment, contact Therapeutic Recreation at 541-706-6121.

### SERVICIOS DISPONIBLES PARA LA COMUNIDAD LATINA | LATINO

#### OUTREACH SERVICES:

Comuníquese con Kathya al Tel. 541-706-6190  
Contact: Kathya Avila p. 541-706-6190  
[kathya@bendparksandrec.org](mailto:kathya@bendparksandrec.org)

COVER: A young camper is all smiles at a summer program. Photo credit: BPRD staff.



# say hello to summer



Welcome to the summer edition of Bend Park and Recreation District’s Playlist. As outdoor temperatures warm up and days grow longer, we’re excited to offer an array of fun programs designed to make your summer memorable.

There is a lot of fun in store with activities that celebrate the outdoors and the beauty of nature, promote wellness, encourage an active lifestyle and foster creativity. I enjoy cooking and am intrigued by the variety of cooking classes available, including one where participants will explore the vibrant world of flavors by learning to cook with fresh herbs and spices. Those with young children can spend time together in one of the great With A Child cooking classes like Sushi Rolling Made Easy or Fun Summer Salads. If you enjoy art, the mosaic glass bird bath workshop offers a blend of artistry and nature, with participants creating functional masterpieces to add beauty to their yard.

For sports enthusiasts of all ages, there are camps tailored to football, golf, soccer, baseball and more, providing expert coaching and endless opportunities for skill development. If you are looking for some friendly competition, , leagues in cornhole, roller hockey, kickball and more provide the perfect platform to showcase your skills and forge new friendships.

Participants in our therapeutic recreation programs can join us for exhilarating sunset hikes and stargazing sessions, spending time with friends and experiencing the wonders of the sky and the tranquility of nature.

You’re also invited to dive into swim lessons, elevate your fitness routine or enroll your youngster in Cougar Camp for a Bend classic summer camp experience filled with adventure.

With so much to offer, we welcome you to embrace the spirit of summer with BPRD and make this season one to remember!

Best,

Don Horton, Executive Director  
[don@bendparksandrec.org](mailto:don@bendparksandrec.org)

## About The Playlist

This online recreation program guide is produced seasonally to support registration for recreation programs. The Playlist online resource is an efficient, sustainable and up-to-date shopping guide offering recreation opportunities for our growing community.

A community favorite since 2014, Your Playbook will continue as a magazine-style book offering news and information about BPRD’s projects, programs, places, people and activities and will be published twice a year for fall/winter and spring/summer.

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## Mark Your Calendar:

Summer 2024  
registration  
opens  
March 18 - 20.

# how to register

## Summer 2024 Registration

Summer 2024 registration opens for mid-June - August programs and summer/fall sports leagues:

- **Monday, March 18, 6:00 a.m.:** Recreation, summer camps, enrichment and sports programs.
- **Tuesday, March 19, 6:00 a.m.:** Swim lessons and aquatics programs.
- **Wednesday, March 20, 6:00 a.m.:** Sports leagues including adult cornhole, adult fall softball, adult golf, adult kickball, adult roller hockey, youth flag football, kindergarten soccer, youth soccer and middle school tennis leagues.

Once opened, registration is ongoing throughout the season.

## About Opening Days

When program registration opens, there can be very high demand for certain activities and a high volume of traffic on the BPRD registration website. To be prepared, please read our tips on pages 6 - 7.

## REGISTER ONLINE:

<https://register.bendparksandrec.org>

## Registration Options

If you are not able to register online, you can register in person at Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion or the BPRD District Office. If you need further assistance, call Customer Service at 541-389-7275.

## New Accounts

You can go online or come in person to create a new account. New accounts created online must be verified for district residency and accuracy. NOTE: This process is normally completed in 24 hours.

## Out-of-District Fee Policy

Out-of-district residents do not pay property taxes that support the district and will be charged an additional 20% for most programs. If you need help determining if you live inside the district boundaries, call us at 541-389-7275.

## Online Registration Instructions

1. Click on the "Register" link on our website or go directly to: <https://register.bendparksandrec.org>

REGISTER

Enter your email and password. You already have an account if you have recently participated in a program or have a pass at Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion or Bend Senior Center. The default password is your last name (first letter capitalized) unless you set it up differently.



2. Make sure all family members are added with correct birth dates and genders.
3. You can select/search for activities in one of three ways:

- › **Activity Number (Fastest)** - Enter the activity number (first six digits) in the box. Click on the Search button. The activity numbers are printed in this guide.



- › **Activity Index** - **NEW** To search by program title, click on the Activity Index in the Quick Links below the Activity Search.
- › **Type or Category** - Simply click on the name for the types of programs that interest you. Scroll down to view all the programs offered.



You can further refine the search using the options at the top of the screen. These include day of week, age, gender and month.



## Waitlists

If the registration for a program is listed as "full," be sure to add your name on the waitlist.

This important step lets us know you are interested if an opportunity becomes available.

If you are on a waitlist, be sure to check emails regularly for any notifications about activity openings.

Once a notification email is sent to you, you have 48 hours to respond and register, otherwise your held spot is forfeited.

Being on the waitlist does not guarantee placement in a program or commit you to participating.

## Refund & Cancellation Policy

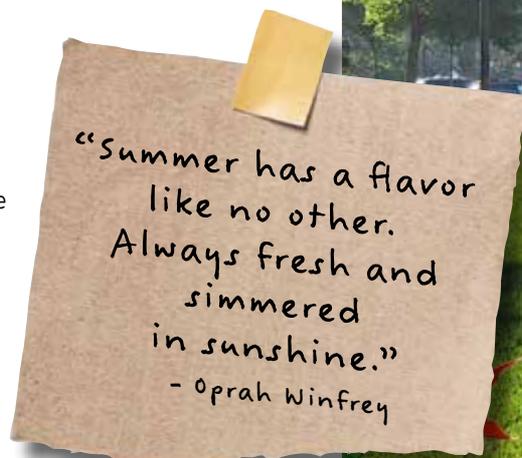
You may cancel a program at any time and are encouraged to do so as soon as possible to make space available for others. Credits and refunds will be granted as follows:

- Within 48 hours of registering: 100% of program fee.
- 15 days or more before program start date: 90% of program fee.
- 7 - 14 days before program start date: 75% of program fee.
- 6 days or less before program start: No credit or refund. It is extremely difficult to fill cancelled spaces with short notice.
- After start date: No credits, refunds or prorating of fees will be given for missed portions or early withdrawals.

## Online Cancellations

If you need to cancel a registration, you can do so online.

Learn how to cancel on the [Cancellation Policy & Instructions web page](#).



## Recreation Scholarships

We believe that everyone should have the opportunity to participate in recreation activities. Financial need-based scholarship assistance is available to qualifying individuals for many recreation programs. The goal is to remove financial barriers for community members with limited financial resources.

In the past year, more than 3,200 individuals have received financial support to participate in programs that provide safe, enriching activities and contribute to a physically active community.

### ABOUT SCHOLARSHIPS:

- Visit [bendparksandrec.org/scholarship](https://bendparksandrec.org/scholarship) to download application forms or pick up an application at the district office or recreation facilities.
- You may submit your application at any time; allow at least one week for processing prior to registering for an activity.
- Scholarships can be used by children, adults and families for most recreation programs and facility passes.
- Scholarship assistance ranges from 25 percent to 75 percent of the regular fee, depending on the applicant's level of need, and the specific activity or program.
- Eligibility is based on household income and number of dependents living in the household, and aligns with the Federal Poverty Guidelines and other assistance programs. Generally, you may be eligible for scholarship assistance if your household qualifies for SNAP, TANF or Oregon Health Plan.
- Scholarships are valid for one year. You must reapply for renewal.

CLICK TO  
LEARN MORE ABOUT  
& APPLY FOR  
RECREATION  
SCHOLARSHIPS



**Everyone can play.** Additional support with program fees and equipment may be available through funding provided by Bend Park and Recreation Foundation.

march 18 - 20

# tips for

## REGISTERING ON OPENING DAYS

### for an efficient & successful registration

Registration opening days are by far the busiest transaction days of the year at Bend Park & Recreation District. As our community grows, so has the amount of registration activity during the first hours a season's programs are made available.

So, to help everyone have the best experience possible, we've made improvements including staggered registration opening, upgraded technology and a virtual waiting room.

Read on to learn our tips and best practices for registering on opening day to help you find success.

**REGISTER  
ONLINE:**

[https://register.  
bendparksandrec.org](https://register.bendparksandrec.org)



### REVIEW YOUR ACCOUNT

First things, first...make sure your BPRD account profiles and payment methods are up to date and ready to go:

1. Click on the "Register" link on the BPRD website or go directly to: <https://register.bendparksandrec.org>
2. Enter your username and password. You already have an account if you have previously participated in a program or have a pass at Juniper Swim & Fitness Center, The Pavilion or Larkspur Community Center/Bend Senior Center. The default username is your email address and the default password is your last name (first letter capitalized) unless you set it up differently.
3. Go to "My Account" followed by "Update: Household & Member" and make sure all family members are in your account with correct birth dates and genders. If needed, add a new household member or new person for child pickup by clicking on the buttons at the bottom of the page. Also review, and if needed, update your account address, phone, email and personal information.

Once you've ensured your account is up to date, it's go time.

### SET UP FOR SUCCESS

A few important recommendations:

1. Create a list of your priority activities and programs. More on that below.
2. Registration works best on a desktop computer or laptop. While you can use a mobile device, it's not the most efficient and some mobile devices with older apps or operating systems can have conflicts.
3. Use one web browser window with one tab open for registration. That one window and tab should be on the registration page. Close all other windows and tabs when it's time to register.
4. Be patient. You will likely need to wait in line in the virtual waiting room until it's your turn. If during registration your screen slows down dramatically or you see the spinning circle, it means the system is processing your request. Do not refresh your screen nor open another window, tab or computer - you will disrupt that process and likely lose your transaction.

### BEFORE OPENING DAYS

- View the programs on the online Playbook or linked to the registration website homepage and make a note of the Activity numbers for the programs you want. One exception in the Playbook is Youth Swim Lessons - click the link in the online Playbook to view the offerings and Activity numbers.
- Have program Activity numbers (first 6 digits) ready when registration begins. Most of the Activity numbers are published in the online Playbook and are all available in the online program preview.
- Another method is to use the "Wishlist." Add the programs you want to your "Wishlist" in your account. At registration opening, you can go to your "Wishlist" and check availability of those specific programs, then add them to your shopping cart. As backup, it can be helpful to take a screenshot of your "Wishlist."
- Whether your list is on paper or digital, keep that list handy for registration opening day.
- Note programs that are a priority to you and your household.

## Summer 2024 Registration

Summer 2024 registration opens for mid-June - August programs and summer/fall sports leagues:

- **Monday, March 18, 6:00 a.m.:** Recreation, summer camps, enrichment and sports programs.
- **Tuesday, March 19, 6:00 a.m.:** Swim lessons and aquatics programs.
- **Wednesday, March 20, 6:00 a.m.:** Sports leagues including adult cornhole, adult fall softball, adult golf, adult kickball, adult roller hockey, youth flag football, kindergarten soccer, youth soccer and middle school tennis leagues.

Once opened, registration is ongoing throughout the season.

## ON OPENING DAYS: MARCH 18 - 20

1. Log into your BPRD account. **If you log on before 6:00 a.m., you and any others will be randomized at 5:59 a.m.** After 6:00 a.m., the line will form one after another just like in person at the movie theater. The wait time may vary, but knowing how many are ahead of you will allow you to plan your morning.
2. Wait for your turn. The virtual waiting room is automated and there's nothing you need to do. If your computer or browser window unintentionally close or shut down, don't panic. Just turn the same device and browser back on and a helpful "cookie" will remember you and your place in line.
3. When it's your turn, add programs to your cart and register. The shopping and registration experience is consistent with past seasons. Use your "Wishlist" and click "Check Availability" or enter Activity #s to add to your shopping cart.
4. Starting with your priority programs, type the Activity number in the search bar and click search.
5. Click the + (plus symbol) on the left to select the Activity.
6. Note the green bar at the bottom of the screen and click "Add To Cart."
7. Confirm details/waivers/etc. for each of the participants.
8. If you have other priority programs you'd like to enroll in, click on the "Continue Shopping" button. Repeat above steps from entering in Activity number to adding the program into your cart. You can have multiple programs in your cart.
9. Once your priority activity or activities are in your cart, check out promptly so you get into the programs you want and your session isn't accidentally timed out due to inactivity. Important: your transaction must be completed before your enrollment is confirmed.
10. Look for your confirmation email.
11. After you've registered for your priority programs, now is the time to go back and shop for the programs that weren't your top priority, repeating the above steps.
12. When you complete your transaction(s), log out of your account. This step helps the virtual waiting room allow others in for their turn.

The screenshot shows a search bar with the text "ACTIVITY SEARCH" in blue. Below it, instructions read: "Type your 6 digit Activity Number in the space below then click on the Search button." There is a text input field and a "Search" button.

Select	Activity #	Ages	Description
<input type="checkbox"/>	208103-20	6-17	With A Child: I

# ABOUT THE VIRTUAL WAITING ROOM

Queue-it is a virtual waiting room that serves as a line for our online registration process. It's automatic if you're on the registration website at opening, so there's nothing needed for you to do! Queue-it will display how many shoppers are in line in front of you and you will see the number get smaller until it is your turn.

Patience is appreciated as you wait. By providing information about how many others are in line ahead of you, it should help the morning go smoother.

High demand is still expected, but with three days of staggered registration programs, it will be a smaller number of programs being registered on each morning.

Thank you for your cooperation.



A virtual waiting room, Queue-it will be implemented on the mornings of March 18 - 20 to help control traffic to the registration website.



Aspen Hall

# Park & Facility Rentals: For Your Next Event



Consider a Bend Park and Recreation District facility or park for your special celebration, meeting or event. Offering a variety of buildings and places, BRPD has the rental spaces available to match your event needs.



Hollinshead Barn

**HOLLINSHEAD BARN** rests in a lush park in the heart of Bend. The two-story barn combines the charm of its historic origins with a cozy, intimate atmosphere. Inside, the barn has gorgeous wood floors and an ADA-accessible elevator to the second floor. The outdoor space features a fenced-in lawn, two patios and outdoor benches.

**THE PAVILION** welcomes groups for birthday parties and other special events. Bring the gang for open skate and rent the party room. In addition, the entire facility is available in the non-ice season.

**PARK PICNIC SHELTERS** are a great option for a variety of events, including company picnics, birthday parties, family gatherings, weddings, receptions and more. Fees are based on the size of your group, park amenities and type of function.



Skating Party at The Pavilion

**ASPEN HALL** is located in beautiful Shevlin Park, just minutes from downtown. The hall features open-beamed ceilings, polished concrete floors with wood-framed windows and a full kitchen. Doors open out to a beautiful patio, towering pines, lawn and shimmering pond.

**LARKSPUR COMMUNITY CENTER** welcomes groups of various sizes for gatherings, celebrations, meetings and other events. The Event Room features a maple hardwood floor, abundant natural light, high ceiling and a full commercial kitchen. Various meeting rooms are also available.

**ART, SKATE & POOL PARTIES** can be great options for birthday parties and other celebrations. Held at recreation centers, activity-based parties are available for children and adults. View recreation center web pages at [bendparksandrec.org](http://bendparksandrec.org) to learn more.



Picnic Shelter at Pioneer Park

**RIVERBEND COMMUNITY ROOM** is located in the District Office and available for presentations, meetings or small events fall through spring. The room opens up to an outdoor plaza overlooking Riverbend Park.

**PARKS & SPORTS FIELDS** are available for rent. Fees are based on the size of your group, park amenities, type of function and duration of your event. Sports fields are available for rent seasonally from April 1 to October 31.





UKULELE  
& GUITAR  
CLASSES  
PAGE 11

## Cooking & Baking

### Make Your Own Soft Cheese

Ages: All Adults

Larkspur Community Center

Come learn how to make simple soft cheeses with minimal supplies and equipment. You will learn the ins and outs of choosing the appropriate dairy source, flavorings, cultures and rennet. This easy-to-learn process will take you from start to finish in a fun-filled and informative class setting. Instructor: Elizabeth Guerin.

\$89.00 ID \$106.80 OD

Activity: [202221](#) - Opens March 18

Sa: 12:00 - 3:00 pm

Session: 6/22



### Entertaining With Charcuterie Boards

Ages: All Adults

Larkspur Community Center

Impressive and delicious, charcuterie boards can be appetizers, whole meals, tailgate picnics and the star of wine-pairing parties and often follow themes such as Mediterranean, Italian, French or vegan. Come learn the fundamentals of designing an outstanding board and have fun creating your very own. Please bring an apron and a cutting board or platter for your charcuterie design. Instructor: Suzanne Landry.

\$84.00 ID \$100.80 OD

Activity: [202212](#) - Opens March 18

Sa: 1:00 - 3:30 pm

Session: 7/20

### Cooking With Fresh Herbs & Spices

Ages: All Adults

Larkspur Community Center

Using fresh herbs and dried spices can make a dish memorable. Learn how to purchase, store and use them in entrees, soups, salads and veggie dishes. We will cover the difference between herbs vs. spices; subbing fresh for dried; flavor families of international cuisines; and essentials to have in your spice rack. Enjoy many recipes from soups, entrees, sides and desserts. Please bring an apron and to-go containers. Instructor: Suzanne Landry.

\$84.00 ID \$100.80 OD

Activity: [202213](#) - Opens March 18

Sa: 1:00 - 3:30 pm

Session: 8/3



## Learn + play.

This section of classes is designed for those of us of a certain age. As adults, it's important to implement both discovery and play in our lives. Lifelong learning helps keep our brains fresh and play helps us feel young. And who doesn't want that?

Register at [register.bendparksandrec.org](https://register.bendparksandrec.org) • Summer registration opens March 18 - 20 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 88 - 89 • Park lists on pages 90 - 91.

## With A Child: Cooking & Baking

### With A Child: Snack-cuterie

**Ages:** 7 - 15 with Adult  
**Larkspur Community Center**

How about a kids' snack board based on a charcuterie design and filled with healthy snacks kids love? It's a total win for an afterschool bite, a weekend lunch or more! Kids will learn to create their unique snack board with a variety of items like cheeses, crackers, fruits, veggies, caprese kebobs, protein nut balls and other healthy treats. Bring your best vegetable knife, apron, a small cutting board and to-go containers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$74.00 ID \$88.80 OD

Activity: [202253](#) - Opens March 18

**Th:** 5:00 - 7:30 pm

Session: 6/20



**More  
"With A Child"  
classes**

Art on pages 14 - 17.



### With A Child: Monkey Bread NEW

**Ages:** 7 - 12 with Adult  
**Larkspur Community Center**

Grab your apron and join us in the kitchen to make fun and tasty Monkey Bread. Together you will bake a sweet version of this popular, fun-to-eat bread while learning several variations to try at home with your family. Bring an apron and to-go containers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [202262](#) - Opens March 18

**Th:** 5:00 - 7:00 pm

Session: 6/27

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

### With A Child: Fun Summer Salads

**Ages:** 6 - 12 with Adult  
**Larkspur Community Center**

Summer is a fantastic time to use all the produce available to Central Oregon. Pile on a variety of veggies and other ingredients and watch kids create their own mouth-watering salads and easy dressings from scratch. We will be using a variety of proteins, whole grains, legumes, nuts, seeds and tofu to enrich these delicious salads that satisfy. Please bring an apron and to-go containers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$69.00 ID \$82.80 OD

Activity: [202237](#) - Opens March 18

**Th:** 5:00 - 7:00 pm

Session: 7/11



## With A Child: Hand Pie Perfection

**Ages:** 8 - 12 with Adult  
**Larkspur Community Center**

Spend some quality time with your child and learn to make the perfect hand pie. We will learn the fundamentals of making pie crust dough as well as delicious fillings. You and your child will be on your way to hand pie perfection. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [202261](#) - Opens March 18

**Th:** 5:00 - 7:00 pm

Session: 7/18

## With A Child: Sushi Rolling Made Easy

**Ages:** 7 - 12 with Adult  
**Larkspur Community Center**

Learn how to make a platter of norimaki sushi rolls - it is easy! We will roll a variety of rice, noodles, vegetables, vegetarian proteins and/or cooked and smoked seafood with condiments in nori, a Japanese seaweed wrap. You will also learn to make cones, California rolls, miso soup from scratch and wakame cucumber sesame salad. Once you get the knack of it, you can throw your own sushi rolling party! Bring a cutting board, large sharp knife, small container for your sushi and an apron. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$69.00 ID \$82.80 OD

Activity: [202241](#) - Opens March 18

**Th:** 5:00 - 7:00 pm

Session: 8/8

**Sa:** 1:00 - 3:30 pm

Session: 8/10

## With A Child: Breakfast Head Start

**Ages:** 7 - 12 with Adult

**Larkspur Community Center**

These healthy breakfasts will give you a head start in the morning and kids will love getting up and making them for everyone! We will make stuffed French toast with strawberry syrup, egg muffins with sausage and hash browns, eggs in a nest, and bacon and broccoli quiche. Bring an apron and to-go containers.

The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$74.00 ID \$88.80 OD

Activity: [202256](#) - Opens March 18

**Th:** 5:00 - 7:30 pm

Session: 8/15

## With A Child: Let's Make Pizza

**Ages:** 7 - 12 with Adult

**Larkspur Community Center**

Grab your buddy and let's make pizza together! We'll start from the bottom up to create your very own personal pizza. Your artisan bread-baking instructor will walk you through each step, from perfect pizza dough to the finishing touches. Learn the dough basics from thick to thin crusts and achieving that authentic flavor. Bring an apron, rolling pin, pizza pan or cookie sheet, to-go containers and your appetite! Note: This is not a gluten- or dairy-free class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [202258](#) - Opens March 18

**Sa:** 1:00 - 3:00 pm

Session: 8/17

## Learning

### iPhone Basics: Photos & Videos

**Ages:** All Adults

**Larkspur Community Center**

The camera and Photos app on your iPhone can be amazing so let's put them to work capturing memories and more! Learn iPhone fundamentals with step-by-step instructions and demonstrations to become a beginner iPhone photographer and videographer. This hands-on class will also cover how to edit your images and effortlessly manage your photos and videos on your iPhone and across all Apple devices. Bring your iPhone with you. Instructor: Isaac Montoya.

\$25.00 ID \$30.00 OD

Activity: [202567](#) - Opens March 18

**W:** 4:30 - 6:00 pm

Session: 6/12 8/14

## Music, Theater & Voice

### Character Study

**Ages:** 15 & up

**Larkspur Community Center**

This workshop on character study is designed to guide participants through the techniques of script analysis and character development, laying the groundwork for the creation of genuine characters on stage. Participants will learn not only how to authentically inhabit their roles but also to collaborate seamlessly with fellow actors. Instructors: Jana Mohr and Mark Baron.

\$45.00 ID \$54.00 OD

Activity: [206227](#) - Opens March 18

**Sa:** 5:00 - 7:00 pm

Session: 6/22 8/24



### Ukulele Chord Melody

**Ages:** 16 & up

**Larkspur Community Center**

After successfully learning chords, strums and how to pick your ukulele, we're now learning to play melodies by reading and using Tablature. This skill-building class will have you playing chord melody from our very first lesson, using fun, familiar songs. Prerequisites: Beginning Ukulele I and II. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [202108](#) - Opens March 18

**M:** 6:15 - 7:15 pm

Session: 6/17 - 7/8

### Beginning Ukulele I

**Ages:** 16 & up

**Larkspur Community Center**

Join the growing group of friendly folks who are having a great time playing the ukulele. Learn basic chords, progressions and strumming patterns. You'll even play popular songs at the first class. No experience? No problem! Ukuleles are available to rent from the instructor. Baritone Ukuleles will not be covered in this class. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [202100](#) - Opens March 18

**M:** 5:00 - 6:00 pm

Session: 7/8 - 29

### Beginning Ukulele II

**Ages:** 16 & up

**Larkspur Community Center**

Now you are ready to learn more about your amazing ukulele! We will take you beyond beginning ukulele and emphasize new strumming and picking techniques while learning to play more advanced chords. Soon you will play the songs you love. You are going to enjoy this class as you progress your skills! Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [202103](#) - Opens March 18

**M:** 5:00 - 6:00 pm

Session: 8/5 - 26

### Beginning Guitar I

**Ages:** 16 & up

**Larkspur Community Center**

Learn the basics of playing the acoustic guitar. Topics include rhythm technique, chords, playing with others and a little music theory. We will ensure individual attention, a fun learning environment and plenty of opportunities to address questions. Students need to bring their own acoustic guitar. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [202106](#) - Opens March 18

**Th:** 5:00 - 6:00 pm

Session: 7/11 - 8/1

### Beginning Guitar II

**Ages:** 16 & up

**Larkspur Community Center**

Building off Beginning Guitar I, we will expand our knowledge base and learn to use different strum patterns. We will also incorporate picking and simple bar chords to expand our song knowledge, along with a little music theory. Improve your skills and build your confidence. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [202107](#) - Opens March 18

**Th:** 5:00 - 6:00 pm

Session: 8/8 - 29



## Specialized/ Registration Fitness Classes

### Outdoor Nordic Walking

**Ages:** All Adults

#### Larkspur Community Center

Learn to walk with power, propulsion and purpose! One of the main benefits of Nordic walking is that it's a year-round activity you can do on a variety of terrain including asphalt, grass, dirt and indoors. Research-backed science supports that you'll build strength in your upper body and core, improve your posture and burn up to 46% more calories than regular walking. Poles take weight off the joints and increase coordination and stabilization. Bring your own poles - or borrow ours. Sessions held outside Larkspur Community Center. Instructor: Monica McClain-Smith.

\$12.00 ID \$14.40 OD

Activity: [215600](#) - Opens March 18

**Th:** 10:30 - 11:30 am

Session: 6/13 7/18  
8/15 9/19

**Looking for  
drop-in fitness  
classes?**

Visit

[bendparksandrec.org  
/fitness-swim/](https://bendparksandrec.org/fitness-swim/)

## Travel, Trips & Tours

For all travel tours, call Larkspur Community Center at (541) 388-1133 for an information packet or stop by Larkspur front desk and pick up tour information.

All travel tours are offered in partnership with Premier World Discovery.

### Majestic Canadian Rockies

**Ages:** All Adults

Spend five nights in one hotel in Banff - the heart of the Canadian Rockies. Your hotel is located in the town center with easy access to all the restaurants and shops. Enjoy daily sightseeing to take in the unparalleled beauty of the majestic Canadian Rockies. Visit highlights of the area including Lake Louise, Moraine Lake, the Icefields Parkway, Yoho National Park and so much more.

\$3699.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates:** 7/21 - 26/2024



### Albuquerque Balloon Fiesta & Santa Fe

**Ages:** All Adults

We invite you to come see one of the most photographed events in the world, the Albuquerque Balloon Fiesta in New Mexico! Some of the amazing highlights of this tour include a front row view of the Mass Assentation and the balloon glow at one the oldest and largest hot air balloon festivals in the world. You'll also spend three nights in the artist community of Santa Fe, travel to Taos and tour the oldest continuously inhabited community in the United States.

\$3175.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates:** 10/11 - 16/2024

### Highlights of the Douro River in Spain

**Ages:** All Adults

Travel to Porto, Portugal and embark on a seven-night cruise on the Douro River aboard the MS Amelia Rodrigues. Your ship features all outside cabins and a maximum of 128 guests. All meals and beverages are included for the duration of your cruise including wine, soft drinks and non-premium spirits. Your ship also features complimentary Wi-Fi for sharing pictures and staying connected. In Portugal you'll enjoy tours in Porto, Vila Réal, Lamego and Guimarães. You'll also enjoy a visit and city tour of Salamanca Spain, several opportunities for wine tasting and Flamenco and Fado entertainment. This trip also offers an opportunity to extend your journey with three nights in Portugal's beautiful capital, Lisbon.

\$5195.00 each CAT E

(dbl. occupancy, land/air/tax from Portland)

**Dates:** 10/21 - 29/2024

For more information, call (541) 389-7275 or visit [bendparksandrec.org](https://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

## Rose Parade & New Year's in Southern California

**Ages: All Adults**

Escape the rainy Pacific Northwest and enjoy five nights in one hotel in sunny Southern California. Enjoy a wonderful New Year's Eve party complete with live entertainment. Take in the splendor of the Tournament of Roses Parade from your reserved grandstand seats. This trip features highlights like a behind-the-scenes look at the parade floats at the Showcase of Floats, the beautiful beach communities of Laguna and Newport, a mouth-watering lunch at Lawry's in Beverly Hills, a San Diego Harbor cruise and much more.

\$3349.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates: 12/30/2024 - 1/4/2025**

## Treasures of Ireland

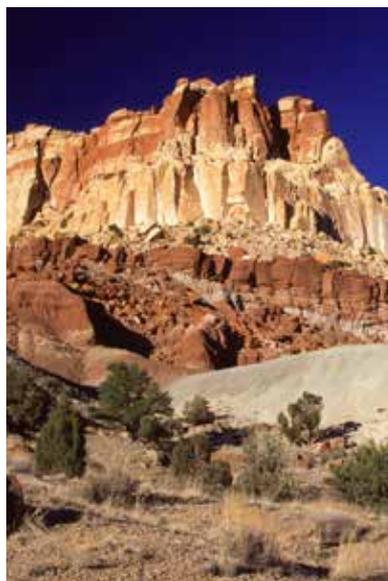
**Ages: All Adults**

Start your trip with two nights in Dublin, Ireland's capital city, known for its 1,000-plus pubs. Next, travel to Limerick to visit the Guinness Storehouse, St. Mary's Cathedral, King John's Castle and the Treaty Stone, followed by the spectacular Cliffs of Moher on the Wild Atlantic Way of Ireland's west coast. Afterward, it is off to vibrant Galway, "The City of Tribes," with its great seafaring tradition, and Killarney where you will take a horse-drawn Jaunting Car Ride into Killarney National Park. Travel the Ring of Kerry, renowned as one of the world's most gorgeous coastal routes. You will pass peat bogs, small colorful villages and breathtaking panoramic views of Macgillycuddy's Reeksa and Dingle Peninsula. Finally, visit the medieval town of Kilkenny with its historic castle, great shops, cobbled lanes and secret alleys before spending a unique overnight experience at the Dublin area Castle Hotel.

\$4499.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates: 3/25 - 4/2/2025**



## Utah's Mighty National Parks NEW

**Ages: All Adults**

Spend five nights in Moab, Utah with day trips to Canyonlands National Park featuring deeply eroded canyons interspersed with mesas, spires, arches and unusual rock formations; Monument Valley, where you will see a collection of Indian artifacts and a movie set from a John Wayne film; Capitol Reef National Park, which early inhabitants referred to as the "land of the sleeping rainbow" because of its beautiful contrasts of multi-colored sandstone, verdant riverbanks and arid desert vegetation; and Arches National Park with over 2,000 famous arches and other red rock formations and canyons. On the final evening, you'll experience a cowboy-style Dutch oven meal and night cruise down the Colorado River with a narrated sound show on the illuminated canyon walls above the river.

\$3625.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates: 5/4 - 10/2025**

## Cape Cod & the Islands

**Ages: All Adults**

After a day of sightseeing in Boston, Massachusetts including Faneuil Hall Marketplace, Plimoth Plantation, the Mayflower II and Plymouth Rock, you'll head to Cape Cod for a five-night stay. You'll visit a traditional cranberry bog, explore Provincetown's artist community, travel along the Cape Cod National Seashore and tour the delightful coastal city of Newport, Rhode Island. Scenic ferry rides will bring you to Martha's Vineyard and Nantucket Island to discover colorful Victorian cottages, cobblestoned streets and unspoiled beaches. Your trip will end with a traditional New England lobster boil on the final night.

\$3425.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates: 6/7 - 13/2025**

## Highlights of Scandinavia NEW

**Ages: All Adults**

Summer in Scandinavia! Enjoy the beauty and colorful history of Scandinavia as you explore capital cities, experience breathtaking views on train journeys and marvel at dramatic landscapes and waterways. First, you will visit Stockholm, Sweden, often called the "Venice of the North" for its exquisite architecture and abundant open water. Then it's off to Oslo, Norway to tour the impressive Norwegian Folk Museum and the Gol Stave Church and then learn about farming traditions and taste the local beer at a Norwegian sheep farm. Afterward, you'll take a short flight to Copenhagen, Denmark for a day of sightseeing before departing for home.

\$7199.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates: 7/17 - 27/2025**

## Mackinac Island, the Grand Hotel & Niagara Falls

**Ages: All Adults**

Step back in time to the Victorian era in the Great Lakes for a two-night stay at The Grand Hotel, Mackinac Island, Michigan's most famous resort property. Visit the Henry Ford Museum and the Ford River Rouge Plant, where F-150 trucks are built and ride in a Model-T car. Motorcoach into Ontario, Canada to visit Niagara Falls, one of the world's natural wonders. Cruise close to the falls aboard the famous Maid of the Mist tour boat, dine at a revolving restaurant overlooking the falls and enjoy the unique "Journey Behind the Falls" experience where you descend 125 feet and explore 130-year-old tunnels carved through bedrock.

\$3975.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates: 9/26 - 10/3/2025**

## Music Cities Holiday

**Ages: All Adults**

Venture down to the South for a musical excursion to Branson, Missouri, Little Rock, Arkansas, and Memphis and Nashville, Tennessee. Enjoy live bluegrass, classical and blues music galore, plus a holiday show at the famous Grand Ole Opry. Between shows, tour the Branson waterfront, take a dinner cruise on the Showboat Branson Belle, visit Elvis Presley's famous Graceland 14-acre estate, tour the sights of Nashville, and ride a horse-drawn carriage to marvel at the two-million twinkling holiday lights at the Gaylord Opryland Resort.

\$3399.00 each

(dbl. occupancy, land/air/tax from Portland)

**Dates: 12/2 - 7/2025**



## create yourself.

Whether you're taking classes for the first time or have been creating for years, art is more than just a learned practice, a skill or a form of recreation. It's about connecting and discovering yourself.

### Clay & Pottery

#### All Skills Pottery

Ages: 16 & up

Harmon Park Clay Studio

Learn basic techniques, including hand building and wheel thrown stoneware pottery techniques as a beginner or experienced potter. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Hunter Teig

\$209.00 ID \$250.80 OD

Activity: [211100](#) - Opens March 18

W: 6:00 - 9:00 pm

Session: 6/19 - 7/24 (no class 7/3)  
7/31 - 8/28

#### Work for play at BPRD.

Learn more at  
[bendparksandrec.org/jobs](https://bendparksandrec.org/jobs)

### Day Clay

Ages: 16 & up

Harmon Park Clay Studio

This class provides a supportive atmosphere for all experience levels to learn clay techniques. Practice hand building, wheel throwing and design skills. Explore creative methods and find inspiration in this project-oriented class. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Helen Bommarito.

\$209.00 ID \$250.80 OD

Activity: [211105](#) - Opens March 18

W: 11:00 am - 2:00 pm

Session: 6/19 - 7/31 (no class 7/3)  
8/7 - 9/11

Th: 11:00 am - 2:00 pm

Session: 6/20 - 8/1 (no class 7/4)  
8/8 - 9/12

F: 11:00 am - 2:00 pm

Session: 6/21 - 8/2 (no class 7/5)  
8/9 - 9/13

### Wheel Experience

Ages: 16 & up

Harmon Park Clay Studio

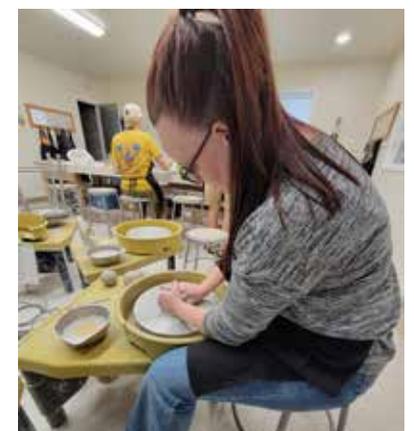
All experience levels are welcome to this pottery wheel class including those who have always wanted to give the wheel a spin and test the waters or refine their skills. Follow the process of basic wheel-throwing practice, trimming and glazing. Instructor: Hunter Teig.

\$209.00 ID \$250.80 OD

Activity: [211108](#) - Opens March 18

Tu: 9:00 am - 12:00 pm

Session: 7/9 - 8/6 8/13 - 9/17





## Glass Arts

### DIY: Fused Glass Suncatcher

**Ages:** All Adults

**Larkspur Community Center**

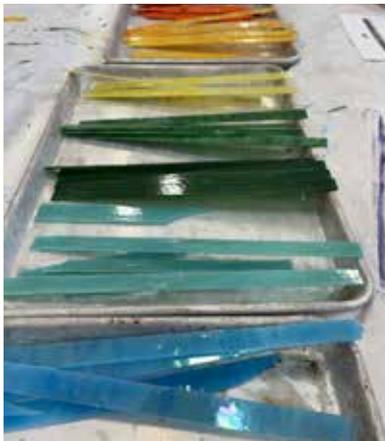
Learn the basics of glass fusing while creating a unique and colorful piece of art to hang in a window or outside. You will construct your suncatcher in class, and then afterwards the pieces will be fired in a kiln and made available for pickup. No experience necessary, all tools and supplies provided. Instructor: Jessica Carleton.

\$54.00 ID \$64.80 OD

Activity: [202401](#) - Opens March 18

**Tu:** 5:00 - 6:30 pm

Session: 6/25



### DIY: Fused Glass Coasters

**Ages:** All Adults

**Larkspur Community Center**

Learn the basics of glass fusing while creating two unique and colorful coasters to adorn your home or give as gifts. You will construct your coasters in class then the pieces will be fired in a kiln and made available for pickup. No experience necessary; all tools and supplies provided. Instructor: Jessica Carleton.

\$69.00 ID \$82.80 OD

Activity: [202412](#) - Opens March 18

**Tu:** 5:00 - 7:00 pm

Session: 7/16

### DIY: Fused Glass Dish

**Ages:** All Adults

**Larkspur Community Center**

Come experience the joys of creating fused glass art as you plan, design and create a small glass dish of your own. Afterward, the pieces will be fired in a kiln and made available for pickup. No experience necessary; all tools and supplies provided. Instructor: Diane Burns.

\$69.00 ID \$82.80 OD

Activity: [202413](#) - Opens March 18

**Sa:** 12:00 - 2:00 pm

Session: 8/17

### DIY: Fused Glass Plaque

**Ages:** All Adults

**Larkspur Community Center**

Come experience the joys of creating fused glass art. You'll make a 5" square piece in the design of your choice, creating a work of art that you can frame or display. You will build your design in class and afterward the pieces will be fired in a kiln and made available for pickup. No experience necessary; all tools and supplies provided. Instructor: Jessica Carleton.

\$69.00 ID \$82.80 OD

Activity: [202403](#) - Opens March 18

**Tu:** 5:00 - 7:00 pm

Session: 8/20

### DIY: Stained Glass Mosaic Bird Bath

**Ages:** All Adults

**Larkspur Community Center**

Learn how to make a bird bath created with your own artistic flair. You will design and create the motif using stained glass pieces and then return the next day to grout and polish your masterpiece. The vibrant colors of the bowl are great for attracting bathing birds and thirsty bees. This class meets for two separate sessions on Saturday and Sunday for a total of six hours. Saturday is from 12:00 p.m. - 4:00 p.m.; Sunday is from 12:00 p.m. - 2:00 p.m. All supplies provided. Instructor: Jessica Carleton.

\$109.00 ID \$130.80 OD

Activity: [202424](#) - Opens March 18

**Sa:** 12:00 - 4:00 pm

**Su:** 12:00 - 2:00 pm

Session: 8/24 - 25



## Art Station moves into the future

After calling the historic train depot home for many years, the Art Station had to move and has been operating out of temporary spaces listed below for the past year.

Good news though! The BPRD Board of Directors has approved a new facility for the Art Station at Larkspur Park. Plans are underway for a 2026 opening. Keep your eyes open for updates.

### CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

### MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

### ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit [bendparksandrec.org/artstation](https://bendparksandrec.org/artstation) to learn more.

## DIY: Lollipop Garden Stake

**Ages:** All Adults

**Larkspur Community Center**

Come learn the basics of stained-glass mosaic while making a colorful piece of art for your yard or garden. You'll learn all about the tools and materials, as well as how to cut the glass, adhere pieces in a design and apply the grouting. No experience necessary; all tools and supplies provided. Instructor: Jessica Carleton.

\$79.00 ID \$94.80 OD

**Activity:** [202427](#) - Opens March 18

**Sa:** 12:00 - 4:00 pm

**Session:** 7/13

## Painting & Drawing

### Beginning Watercolor

**Ages:** All Adults

**Larkspur Community Center**

Come begin your journey of watercolor painting. With just two brushes and three colors, explore how to do washes, mix colors, make a color wheel and complete a simple project. No art experience is necessary, just a willingness to try something new and have fun. \$10 supply fee due to instructor at class. Instructor: Jennifer Ware-Kempke.

\$25.00 ID \$30.00 OD

**Activity:** [202400](#) - Opens March 18

**Tu:** 1:00 - 3:30 pm

**Session:** 7/9

### Work for play at BPRD.

Learn more at  
[bendparksandrec.org/jobs](http://bendparksandrec.org/jobs)



### Introduction to Pastel Painting

**Ages:** All Adults

**Larkspur Community Center**

Learn the basics of painting with hard and soft pastels. No art experience necessary, just an eagerness to explore and learn something new. Jump into pastel painting with colorful pastel sticks to complete a simple project. \$10 supply fee due to instructor at class. Instructor: Michelle Oberg.

\$25.00 ID \$30.00 OD

**Activity:** [202411](#) - Opens March 18

**Th:** 1:00 - 3:30 pm

**Session:** 7/11



### Paint Central Oregon Landscapes

**Ages:** 12 & Up

**Larkspur Community Center**

No painting experience is needed for this all-ages, alcohol-free paint-and-sip-style painting series. In these two-hour classes, participating painters will be led step-by-step through a series of paintings inspired by well-known Central Oregon landmarks, using acrylic paint to complete one painting each week in this four-week series. Art basics like color, composition, texture, materials, the fundamentals of painting technique, and more will be introduced and discussed throughout the series in a fun, playful, and approachable manner as each artwork is made. If you've always wanted to begin painting but didn't know quite how to start, this is the class for you. Take one or more - each week is different! Instructor: Stephen Teater.

\$50.00 ID \$60.00 OD

**Activity:** [211122](#) - Opens March 18

**Sa:** 9:00 - 11:00 am

**Session:** 7/6 7/13  
7/20 7/27

## With A Child: Arts & Crafts

### With A Child: Fun With Fused Glass

**Ages:** 6 - 12 with Adult

**Larkspur Community Center**

Come enjoy an evening with your young artist and make a fused glass piece of art. Try your creativity in designing with different shapes and color pieces to make the most of your decor. All supplies included. The projects will be kiln-fired and available for pickup a week after class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

**Activity:** [202414](#) - Opens March 18

**Sa:** 10:00 - 11:30 am

**Session:** 6/22 - Dogs & Cats  
7/20 - At The Beach  
8/17 - Flowers



Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

## With A Child: Fun With Clay

Ages: 5 - 15 with Adult

Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$69.00 ID \$82.80 OD

Activity: [211515](#) - Opens March 18

Sa: 10:00 am - 12:00 pm

- OR - 12:30 pm - 2:30 pm

Session: 6/22 - Dragons  
6/29 - Mugs  
7/13 - Animals Bowls  
7/20 - Monsters  
7/27 - Garden Gnomes  
8/3 - Coil Bowls  
8/10 - Cool Cacti  
8/17 - Mythical Creatures  
8/24 - Bird Bowls

## With A Child: Paint Night

Ages: 6 - 11 with Adult

Larkspur Community Center

Enjoy quality time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image that when placed together will turn into one masterpiece. The design is prepped prior and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$69.00 ID \$82.80 OD

Activity: [202416](#) - Opens March 18

Th: 5:30 - 7:30 pm

Session: 6/27 - Summer Flowers  
7/18 - Frogs  
8/15 - Koala Bears



## With A Child: The Art of Shared Journaling

Ages: 8 - 12 with Adult

Larkspur Community Center

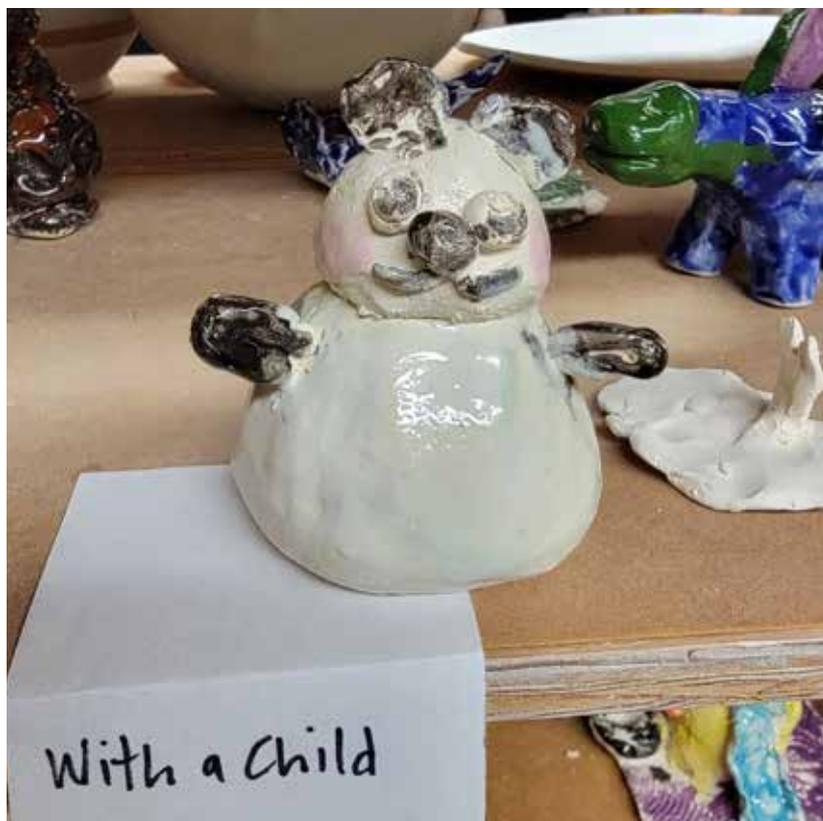
Start a special journal for you and your child to trade thoughts and feelings in a fun and easy format. Come learn about the practice of conversation-style journal writing, get started on your first written exchange, and decorate a physical notebook together to make it your own special shared diary. Notebooks will be provided. Please bring any photos or mementos you may wish to decorate your notebook cover with. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Claire-Anne Wood.

\$59.00 ID \$70.80 OD

Activity: [202285](#) - Opens March 18

Th: 1:30 - 3:00 pm

Session: 7/25



### More "With A Child" classes

Young Children programs  
on pages 31 - 35.

Cooking programs  
on pages 9 - 11.



FALL  
SOFTBALL  
LEAGUES  
.....  
PAGE 20

# play rules

## Game time.

Play is a key element of our youth. So why not feel like a kid again and have sports in your life? You'll exercise, make new friends and either learn a new skill or keep an old one alive. And that is the real fountain of youth.

## Cornhole

### Adult Cornhole League

Ages: All Adults

The Pavilion

It has been called many things - Corn Toss, Bean Bag, Bean Toss, Soft Horseshoes, and Indiana Horseshoes - but to many of us the game is known as Cornhole. If you can aim and toss a cornhole bag 30 feet then this league is for you! Get out on summer evenings with friends and family and enjoy one of Bend's favorite past times. Local brewery on site. Each team will play six weeks of matches with a tournament held 8/21-28.

Registration deadline is 6/15,  
11:59 pm or until full.

\$140.00 ID/OD per team

Activity: [210200](#) - Opens March 20

W: 6:30 - 9:30 pm

Session: 7/10 - 8/28

## Golf

### Adult Golf League

Ages: All Adults

Rivers Edge Golf

Four-player teams play nine holes each night in a scramble format. Prizes awarded each week for Long Drive, KP and Long Putt. Team tee times vary each week starting at 4:00 pm; we can work with your schedule. Team registration only.

Registration deadline: 5/20,  
11:59 pm or until full.

\$729.00 ID/OD per team

Activity: [203920](#) - Opens March 20

M: 4:00 - 6:15 pm

Session: 6/17 - 7/22

## Kickball

### Adult Kickball League

Ages: All Adults

Harmon Park

Get your team together and join the kickball league action! Teams play a seven-game schedule. Games played Monday through Wednesday at either 6:00 or 7:00 pm. Team registration only; teams limited to 16 players on their roster with a maximum of 24 teams in the league. No games July 1 - 3.

Registration deadline: 5/20,  
11:59 pm or until full.

\$275.00 ID/OD per team

Activity: [203930](#) - Opens March 20

M-W: 6:00 - 8:00 pm

Session: 6/10 - 8/7

## Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, please call (541) 706-6115.

For more information, call (541) 389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



## Martial Arts

### Adult & Teen Shorinji Kempo

**Ages:** 13 & up

**Larkspur Community Center**

Experience training in Shorinji Kempo, a world class Japanese martial art, whose main purpose is to promote strength, balance, cooperation and compassion. Founded by Doshin So in 1947, Shorinji Kempo is a discipline for the training the body and mind and is recognized as a life skill educational system. Together, we will learn the three foundational pillars and related skills: Goho (blocking, striking and kicking), Juho (body movement, dodging, footwork, releasing, escaping and capturing), and Seiho (healing techniques to help the body relax and recover). We will also pursue some purposeful philosophical elements so that we can be respectful, responsible and positive members of the community. Instructor: Bruce Weinberg

\$99.00 ID \$118.80 OD

Activity: [206754](#) - Opens March 18

**M/W:** 7:00 - 7:50 pm

Session: 6/17 - 7/17 7/22 - 8/14

**Be a coach!**  
Volunteer coaches  
needed for  
youth sports.

Contact Kim at (541) 706-6127  
for more information.

## Pickleball

### Let's Play Pickleball

**Ages:** All Adults

**Pine Nursery Park**

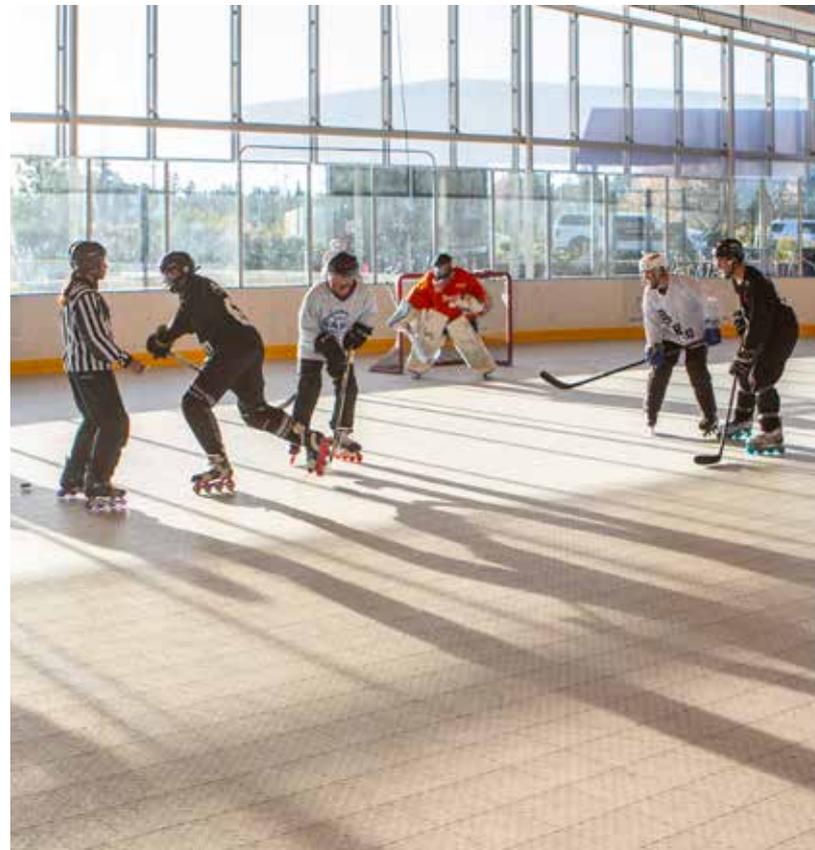
Are you looking for a fun game to play? Not only is it fun, pickleball is also the fastest-growing sport in America. So, come learn how to play pickleball with Moment Athletics! Our program aims to provide an inviting and comfortable place to play, improve skills and make some new friends. Players will learn rules and techniques and also practice and play games in an organized, inclusive way that creates maximum engagement for all participants. Equipment provided; bring a water bottle. Moment Athletics is locally-owned and operated by veteran teacher and coach, CJ Colt.

\$75.00 ID \$90.00 OD

Activity: [203054](#) - Opens March 18

**M-Th:** 7:15 - 8:30 pm

Session: 6/17 - 20



## Roller Hockey

### Adult Roller Hockey League

**Ages:** All Adults

**The Pavilion**

Get into summer evening hockey action with BPRD's Adult Roller Hockey League! Sign up as an individual then be drafted onto a team. Teams play eight 45-minute games on Monday nights; there will be no playoffs. Players will be given a white and dark jersey for the league. For more information, contact Clare at [Clare@bendparksandrec.org](mailto:Clare@bendparksandrec.org).

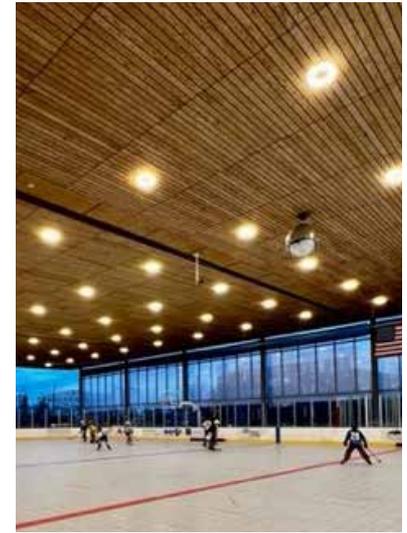
**Registration deadline:** 6/15,  
11:59 p.m. or until full.

\$140.00 ID \$168.00 OD

Activity: [210520](#) - Opens March 20

**M:** 6:30 - 10:30 pm

Session: 7/8 - 8/26



## Adult Pick-up Roller Hockey Specialized Times

**Ages:** All Adults

**The Pavilion**

**Registration:** Opens 72 hours prior to scheduled session. You must check-in with the front desk before the session.

**Drop-in:** If space is available. Check activity # status online.

**Sessions:** Times and days will vary. Check schedule online at [thepavilioninbend.com](http://thepavilioninbend.com).

Get some extra game practice during these pick-up hockey times. No officials or scoring. Teams are self-selected each session. Full gear is required including helmet. Bring a light and dark jersey with you.

Adult: \$12.00

Activity: [210403](#)  
Opens 72 hours prior



## Softball

### Adult Fall Softball Leagues

**Ages:** All Adults

**Skyline Sports Park**

Get your team together for the fall season! Teams play a seven-game schedule including a single elimination tournament at season's end. Teams play one or two games per week. Space is limited; first-come, first-served.

**Registration opens:** 5/16, 8:00 am.

**Registration deadline:** 7/28, 11:59 pm or until full.

\$529.00 ID/OD per team

Activity: [203945](#)

#### MEN'S

**Tu/Th:** 6:00 - 10:00 pm

Session: 8/13 - 10/17

#### WOMEN'S

**M/W:** 6:00 - 10:00 pm

Session: 8/12 - 10/14

#### COED

**W:** 6:00 - 9:00 pm

Session: 8/14 - 10/23



## Roller Skating

### Adult Roller Jam Skate Class

**Ages:** All Adults

**The Pavilion**

Get your groove on! Learn a variety of rhythm skating styles, skills and fun routines in the weekly lesson before Saturday Night Adult Jam Skate. Must have basic roller skating skills; bring your own skates or rent ours for \$3.00. Taught by a rotating team of fantastic instructors, class includes entry to Jam Skate session afterward, a \$7.00 value.

\$20.00 ID \$24.00 OD

Activity: [210510](#) - Opens March 18

**Sa:** 6:30 - 7:30 pm

Session:	6/1	6/15
	6/22	6/29
	7/6	7/13
	7/20	7/27
	8/3	8/10
	8/17	8/24
	8/31	

### Learn to Skate: Adult Level 1 - 2

**Ages:** All Adults

**The Pavilion**

Welcome to BPRD's Learn to Skate Roller and Inline Skating Program, designed for adults, teens and children at levels 1 through 4. This comprehensive program is crafted to provide a fun and supportive environment for skaters of all ages, ensuring a smooth and enjoyable journey from the basics to more advanced skills. Includes skate rental. Protective headgear encouraged - bring a helmet or use ours for free. Level 1 - 2: Beginner Basics - Begin your skating adventure by learning the fundamentals of balance, posture, and basic strides. Discover the joy of roller and inline skating with specially designed exercises to enhance coordination and build confidence. No prerequisite skills required. Class includes entry to Adult Skate following lesson, a \$7.00 value.

\$20.00 ID \$24.00 OD

Activity: [210512](#) - Opens March 18

**Sa:** 7:00 - 7:30 pm

Session:	6/1	6/15
	6/22	6/29
	7/6	7/13
	7/20	7/27
	8/3	8/10
	8/17	8/24
	8/31	

## Save the date for Fall 2024 Sports

Make plans for:

- Learn to Curl, Learn to Skate & Learn to Play
- Adult Curling League
- Adult Ice Hockey League

Fall program registration is scheduled for early August.

Watch for updates.

# Wilderness Safety & First Aid

## Wilderness First Aid

**Ages:** 16 & up

**Hollinshead Barn**

This program covers a wide range of wilderness medicine topics for people who travel in the outdoors: from hunters and fishermen, guides and activity leaders to the casual outdoor user. No previous experience/knowledge required. Presented by National Outdoor Leadership School (NOLS). Wilderness Medicine CPR not included.

\$250.00 ID/OD

**Activity:** [408360](#) - Open now

**Tu-W:** 8:00 am - 5:00 pm

**Session:** 10/1 - 2      10/29 - 30  
12/3 - 4

**W-Th:** 8:00 am - 5:00 pm

**Session:** 4/17 - 18

**Th-F:** 8:00 am - 5:00 pm

**Session:** 5/2 - 3

**Wilderness Safety & First Aid classes are open 6-plus months in advance. Please regularly check online for upcoming classes.**



## WFR Recertification

**Ages:** 16 & up

**Hollinshead Barn**

This training is specifically designed to recertify the Wilderness First Responder certification\* (also Wilderness EMT-wilderness portion only and WAFA certifications). Includes CPR. \*If your certification is expired, to re-certify a WFR course issued by National Outdoor Leadership School (NOLS), please check their website at [www.nols.edu](http://www.nols.edu) to confirm the latest policies in regards to the grace period (typically 1 year). For certifications not issued by NOLS, you should possess a valid and unexpired WFR certification in order to take this course.

\$355.00 ID/OD

**Activity:** [408362](#) - Open now

**Tu-Th:** 8:00 am - 5:00 pm

**Session:** 10/15 - 17      11/19 - 21  
12/17 - 19

**M-W:** 8:00 am - 5:00 pm

**Session:** 4/22 - 24

**W-F:** 8:00 am - 5:00 pm

**Session:** 5/15 - 17

## Wilderness First Responder

**Ages:** 16 & up

**Hollinshead Barn**

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to address difficult medical decisions. Presented by National Outdoor Leadership School (NOLS) Wilderness Medicine, this course is fast-paced and engaging. You'll spend half your time outside of the classroom practicing hands-on skills and realistic scenarios. Training days are typically 8:00 am-5:00 pm, with two evening sessions required. Adult/child CPR certification is included. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. Deposit of \$425 required at registration with remaining balance due 30 days prior to start of training.

\$850.00 ID/OD

**Activity:** [408364](#) - Open now

**Su-Sa:** 8:00 am - 5:00 pm

**Session:** 4/2 - 11      11/1 - 10

## Wilderness Upgrade for Medical Professionals

**Ages:** All Adults

**Hollinshead Barn**

Presented by NOLS Wilderness Medicine, this course is for medical professionals - EMTs, medical students, nurses, physician assistants and physicians. It includes a five-day (48-hour) module for professional medical practitioners that builds on existing knowledge to learn how to improvise equipment, deal with challenging environmental conditions and make difficult medical decisions in remote locations. Continuing education units available. Deposit of \$425 due at registration with remaining balance due 30 days prior start of training.

\$850.00 ID/OD

**Activity:** [408366](#) - Open now

**M-F:** 8:00 am - 5:00 pm

**Session:** 10/21 - 25

**Tu-Sa:** 8:00 am - 5:00 pm

**Session:** 11/12 - 16

ADVANCE  
YOUR  
SWIMMING  
.....  
SEE  
BELOW

# swim into play

## Liquid benefits.

It's never too late to become a swimmer! Our swim program allows you to progress from no experience to becoming a master swimmer. Come swim - gain confidence in the water and feel great.

Did you know? Why you should learn to swim for your safety:

More than a third of adults in the United States can't swim the length of a pool, according to the Centers for Disease Control and Prevention, which puts them at risk of being one of the 10 people who drown every day in this country.

## Swim Lessons

### Swim Lessons Adult Level 1

**Ages:** 16 & up

**Juniper Swim & Fitness Center**

This class is designed for the adult swimmer with little to no experience in the water. We will introduce you to basic swim skills and water safety while helping conquer any fears of swimming you may have. The majority of class is in shallow water.

\$75.00 ID \$90.00 OD

Activity: [205554](#) - Opens March 19

**M:** 6:40 - 7:25 pm

Session: 6/24 - 7/22  
7/29 - 8/26

**W:** 6:40 - 7:25 pm

Session: 6/26 - 7/24  
7/31 - 8/28

### Swim Lessons Adult Level 2

**Ages:** 16 & up

**Juniper Swim & Fitness Center**

Develop your skills in a comfortable environment designed for new swimmers to learn basic front crawl and back strokes. Appropriate for adults unable to swim 15 meters.

\$75.00 ID \$90.00 OD

Activity: [205555](#) - Opens March 19

**Tu:** 6:45 - 7:30 pm

Session: 6/25 - 7/23  
7/30 - 8/27

**Th:** 5:50 - 6:35 pm

Session: 6/27 - 7/25 (no class 7/4,  
\$60.00 ID \$72.00 OD)  
8/1 - 29

### Swim Lessons Adult Level 3

**Ages:** 16 & up

**Juniper Swim & Fitness Center**

This class works on building your confidence, developing stroke technique and achieving the ability to swim full laps. The focus is on fitness through skill training, short distance repeats and is individualized to meet your goals. Appropriate for adults who can swim 15 meters but not much more.

\$75.00 ID \$90.00 OD

Activity: [205556](#) - Opens March 19

**Tu:** 5:50 - 6:35 pm

Session: 6/25 - 7/23  
7/30 - 8/27

**Th:** 6:45 - 7:30 pm

Session: 6/27 - 7/25 (no class 7/4,  
\$60.00 ID \$72.00 OD)  
8/1 - 29

## Masters Swimming: Bend's Adult Swim Program

**Ages:** 18 & up

**Juniper Swim & Fitness Center**

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for various ages and abilities. Participants must be able to swim comfortably for 500 meters (20 lengths). Although not required, many choose to race.

Fitness/Swim Pass or drop-in fee.

Dates: 6/24 - 8/31

[Check schedule](#)

**M/W/F:** 5:35 - 6:30 am

**M-F:** 11:45 am - 1:00 pm

**Sa/Su:** 9:00 - 10:15 am

CLICK TO LEARN  
MORE ABOUT  
MASTERS SWIMMING  
& LAP SWIMMING





## YOUTH THERAPEUTIC RECREATION

### Camp Discovery

**Ages:** 6 - 12

**Harmon Park**

Start your summer discovering exciting opportunities around Central Oregon. Our staff will take you on age-appropriate field trips throughout Bend and beyond. Each day there will be a new field trip along with a possible craft or group activity. This program is designed for kids with disabilities, and their siblings or friends.

\$110.00 ID \$132.00 OD

**Activity:** [204820](#) - Opens March 18

**M-Tu:** 9:00 am - 4:00 pm

**Session:** 6/20 - 21

### Work for play!

View BPRD jobs available at [bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).

### GRO

**Ages:** 6 - 12

**Ponderosa Elementary**

Let our staff take you on an adventure of recreation and exploration as you spend two weeks making new friends, getting creative with crafts, exploring new parks and enjoying the beautiful outdoors in Central Oregon! Each week the group will spend two days on a field trip and two days on site playing games and doing crafts. This program is designed for kids with disabilities, and their siblings or friends.

\$275.00 ID/OD

**Activity:** [204806](#) - Opens March 18

**Tu-F:** 11:30 am - 4:00 pm

**Session:** 7/9 - 19

### Camp Exploration

**Ages:** 7 - 13

**Harmon Park**

Calling all kids who are up for an adventure! Join in and take new and exciting field trips around Central Oregon. This program is for youth with disabilities who can transition from activities in a timely manner and walk one mile with minimal assistance.

\$275.00 ID \$330.00 OD

**Activity:** [204824](#) - Opens March 18

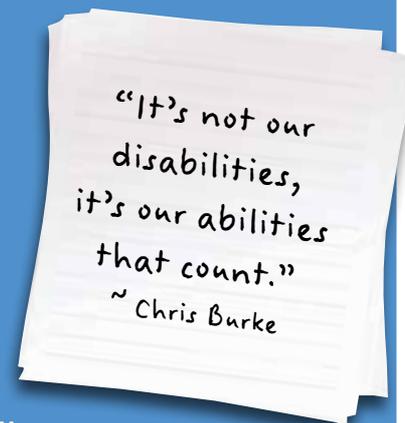
**Tu-F:** 9:00 am - 4:00 pm

**Session:** 8/6 - 9

With inclusion, everybody benefits!

If you or your child has a disability and are interested in participating in a general program, we will help make it happen. When people with disabilities participate in general programs EVERYBODY benefits!

To ensure successful inclusion, we encourage you to check the box on the registration form that says "check here if you want an assessment team to contact you about disability accommodations." Someone from the Therapeutic Recreation Department will contact you to discuss what we can do to make your experience a success!





## TEEN THERAPEUTIC RECREATION

### Nature Quest

**Ages:** 13 - 21

**Harmon Park**

Adventurous teens wanted! Sign up to spend the day playing with friends, swimming, engaging in age-appropriate crafts and group activities and exploring Central Oregon. Each day we will venture out on a new field trip. This program is designed for teens with disabilities, and their siblings or friends.

\$275.00 ID \$330.00 OD

Activity: [204821](#) - Opens March 18

**M-F: 9:00 am - 4:00 pm**

Session: 6/24 - 28

### Excel

**Ages:** 13 - 21

**Ponderosa Elementary**

Pack your sun screen, swimsuit and hiking shoes and prepare for afternoons filled with swimming, hiking, hanging out in local parks and meeting new friends! Each week the group will spend two days on a field trip and two days on site playing games and doing crafts. This program is designed for teens with disabilities, and their siblings or friends.

\$275.00 ID/OD

Activity: [204807](#) - Opens March 18

**Tu-F: 11:30 am - 4:00 pm**

Session: 7/23 - 8/2

## Adventure Quest

**Ages:** 14 - 21

**Harmon Park**

Any teens out there looking for an adventure? Adventure Quest will take new and exciting field trips around Central Oregon. This camp is for teens and young adults with disabilities who can transition from activities in a timely manner and walk two miles with minimal assistance.

\$275.00 ID \$330.00 OD

Activity: [204823](#) - Opens March 18

**Tu-F: 9:00 am - 4:00 pm**

Session: 8/13 - 16

## ADULT THERAPEUTIC RECREATION

### Arts & Crafts

#### Art in Nature

**Ages:** All Adults

**Twin Knolls Trans**

Immerse yourself in this art class, where creativity meets the great outdoors. Join us to explore artistic expressions inspired by nature's beauty. This class is a unique blend of artistic techniques and the tranquility of natural surroundings.

\$70.00 ID \$84.00 OD

Activity: [204411](#) - Opens March 18

**W: 6:30 - 8:00 pm**

Session: 6/26 - 7/10

#### Botanical Bliss NEW

**Ages:** All Adults

**Twin Knolls Trans**

Dive into botanical-inspired art, capturing nature's floral beauty on your canvas. Together, we'll bring flowers to life through your creations!

\$70.00 ID \$84.00 OD

Activity: [204412](#) - Opens March 18

**W: 6:30 - 8:00 pm**

Session: 7/17 - 31



### Fantastical Art NEW

**Ages:** All Adults

**Twin Knolls Trans**

Embark on a journey of imagination with this class focusing on fantasy realms. Explore mythical landscapes and magical creatures as you unleash your creativity. We will provide guidance as you bring your wildest dreams to life and let your imagination soar!

\$70.00 ID \$84.00 OD

Activity: [204414](#) - Opens March 18

**W: 6:30 - 8:00 pm**

Session: 8/7 - 21

### Cooking & Baking

#### Parkside Tasty Meals NEW

**Ages:** All Adults

**Twin Knolls Trans**

Take your summer picnic to the next level with this class to creating delicious outdoor meals. From salads to desserts, we'll show you easy-to-make, portable recipes for meals in the parks with family and friends.

\$90.00 ID \$108.00 OD

Activity: [204311](#) - Opens March 18

**W: 4:30 - 6:30 pm**

Session: 6/26 - 7/10

For more information, call (541) 389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

## Fresh Summer Flare NEW

**Ages:** All Adults

**Twin Knolls Trans**

Unleash summer flavors with the freshest ingredients of the season. Easy recipes, vibrant ingredients and creative techniques will elevate your cookbook!

\$90.00 ID \$108.00 OD

Activity: [204313](#) - Opens March 18

**W:** 4:30 - 6:30 pm

Session: 7/17 - 31

## Grill & Thrills NEW

**Ages:** All Adults

**Twin Knolls Trans**

Master the art of grilling with sizzling recipes and great-to-know techniques. Join us for an unforgettable journey that turns your kitchen into a grilling haven.

\$90.00 ID \$108.00 OD

Activity: [204315](#) - Opens March 18

**W:** 4:30 - 6:30 pm

Session: 8/7 - 12



## Fun & Games

### Putt Putt Pursuit NEW

**Ages:** All Adults

**Norton Avenue Apts**

Elevate your mini golf game! Whether you've played mini golf before or not, join your peers, conquer unique courses, and enjoy the perfect blend of fun and skill-building. It's your journey to putting perfection!

\$40.00 ID \$48.00 OD

Activity: [204130](#) - Opens March 18

**Tu:** 5:00 - 7:00 pm

Session: 6/18 - 7/2

### Night at the Pool

**Ages:** All Adults

**Norton Avenue Apts**

Splash around with your friends! Come join us for an evening of swimming and games at Larkspur Community Center.

\$20.00 ID \$24.00 OD

Activity: [204509](#) - Opens March 18

**F:** 5:00 - 7:00 pm

Session: 6/21

### Bend Elks Game

**Ages:** All Adults

**Norton Avenue Apts**

Batter up! Join us for an evening of Bend Elks baseball. Come cheer for our local baseball team as they take on the Corvallis Knights.

\$30.00 ID \$36.00 OD

Activity: [204514](#) - Opens March 18

**F:** 5:30 - 9:30 pm

Session: 8/2

### Adventure Game Night

**Ages:** All Adults

**Norton Avenue Apts**

In this series, we will be traveling around different parts of Bend as we play various outdoor adventure games. From scavenger hunts, to lawn game tournaments, to a cardboard boat-building challenge, adventure awaits as teams compete for the adventure champion title!

\$40.00 ID \$48.00 OD

Activity: [204104](#) - Opens March 18

**Th:** 5:00 - 7:00 pm

Session: 8/8 - 22

## Outdoors

### Saturday Adventures

**Ages:** All Adults

**Norton Avenue Apts**

Join us for an outing with friends in or around Bend. The outing will be determined based on the weather, but it will certainly be active and scenic. Saturdays have never been more fun!

\$45.00 ID \$54.00 OD

Activity: [204702](#) - Opens March 18

**Sa:** 9:00 am - 4:00 pm

Session: 6/29 7/27  
8/24

### Outdoor Survival Skills NEW

**Ages:** All Adults

**Norton Avenue Apts**

Learn essential outdoor survival skills from navigation to shelter-building. Gain confidence in the great outdoors with hands-on training and be prepared to spend time in nature.

\$50.00 ID \$60.00 OD

Activity: [204131](#) - Opens March 18

**Tu:** 5:00 - 7:00 pm

Session: 7/9 - 30





### Waterfall Hike

**Ages:** All Adults  
**Norton Avenue Apts**

Trek along scenic trails and discover breathtaking waterfalls. Perfect for nature lovers seeking adventure and stunning views. Join us and experience the beauty of cascading water in the great outdoors!

\$45.00 ID \$54.00 OD  
 Activity: [204611](#) - Opens March 18  
**Sa: 8:00 am - 5:00 pm**  
 Session: 7/13

### Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.

### Stargazing

**Ages:** All Adults  
**Norton Avenue Apts**

Just as the sun starts to set, we will embark outdoors for a celestial journey. From constellations to planets, explore the wonders of the night sky with us.

\$30.00 ID \$36.00 OD  
 Activity: [204507](#) - Opens March 18  
**F: 6:30 - 10:30 pm**  
 Session: 7/19

### Sunset Hike NEW

**Ages:** All Adults  
**Norton Avenue Apts**

Join us for this breathtaking Central Oregon outdoor adventure beginning with a scenic hike and culminating in a high desert sunset!

\$30.00 ID \$36.00 OD  
 Activity: [204501](#) - Opens March 18  
**F: 6:30 - 10:30 pm**  
 Session: 8/16

### Sports & Fitness

#### Aqua Dance & Movement

**Ages:** All Adults  
**Norton Avenue Apts**

Who doesn't love music and dancing, and better yet, in the water! This summer we'll be moving our music and movement into the pool at Juniper Swim & Fitness Center to cool off while having fun and getting some exercise.

\$45.00 ID \$54.00 OD  
 Activity: [204100](#) - Opens March 18  
**Th: 4:45 - 6:45 pm**  
 Session: 7/11 - 8/1

### Work for play!

View BPRD jobs available at [bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).

### Outdoor Fitness Games

**Ages:** All Adults  
**Norton Avenue Apts**

Experience fitness like never before with our Outdoor Fitness Games program! Join us as we make workouts more fun with exciting games in the great outdoors. This blend of exercise and joy is suitable for all fitness levels. Break a sweat, have a blast and discover a new way to stay active.

\$35.00 ID \$42.00 OD  
 Activity: [204107](#) - Opens March 18  
**Tu: 5:00 - 7:00 pm**  
 Session: 8/6 - 20

### Trips & Tours

#### Fruit Loop Day Trip

**Ages:** All Adults  
**Norton Avenue Apts**

Back by popular demand, embark on the Fruit Loop as we pick fresh fruit, take in the views and wander through lavender fields. It promises to be a great day!

\$50.00 ID \$60.00 OD  
 Activity: [204510](#) - Opens March 18  
**Sa: 8:00 am - 5:00 pm**  
 Session: 8/10



# Summer Youth Camp Finder

Campy McCampface! Check out the summer camp planner!

Designed to make finding the camps that fit your needs a breeze, the finder lets you search by category, age, hours and week to match up to all your summer activities.

## HALF-DAY & FULL-DAY CAMPS:

- All camps are held consecutive days each week.
- Half-day camps are for a minimum of two and half hours for at least four consecutive days.
- Full-day camps are for a minimum of six hours for at least four consecutive days.

PLAN WEEK BY WEEK

## Search online too!

Go to our website for the same great Summer Camp Finder!

Visit [register.bendparksandrec.org](http://register.bendparksandrec.org) and click on the Summer Camp Finder link under Quick Links.



CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	
						1	2	3	4	5	6	7	8	9	10	11
						6/17 - 23	6/24 - 30	7/1 - 7	7/8 - 14	7/15 - 21	7/22 - 28	7/29 - 8/4	8/5 - 11	8/12 - 18	8/19 - 25	8/26 - 9/2
BENDFILM SUMMER FILMMAKING CAMP	<a href="#">206683</a>	10 - 15	ENRICHMENT	FULL DAY	9:00 AM - 3:00 PM						■	■				
CHESS WIZARDS CAMP - FULL-DAY	<a href="#">206240</a>	6 - 12	ENRICHMENT	FULL DAY	9:00 AM - 3:00 PM		■		■		■		■		■	
FAIRYTALE DANCE CAMP - FULL-DAY	<a href="#">206513</a>	4 - 7	ENRICHMENT	FULL DAY	9:30 AM - 3:00 PM						■					
GAMING AND CODING BY YOUTH TECH	<a href="#">206664</a>	6 - 12	ENRICHMENT	FULL DAY	9:00 AM - 2:00 PM		■									
THE GAMING ACADEMY BY YOUTH TECH	<a href="#">206672</a>	9 - 17	ENRICHMENT	FULL DAY	9:00 AM - 2:00 PM						■					
WESTSIDE VILLAGE ART & ADVENTURE SUMMER CAMP	<a href="#">206510</a>	6 - 14	ENRICHMENT	FULL DAY	7:45 AM - 5:15 PM	■	■	■	■	■	■	■	■	■	■	
ADVANCED WILDERNESS SURVIVAL	<a href="#">207513</a>	10 - 14	OUTDOOR	FULL DAY	9:00 AM - 4:00 PM			■				■				
ADVENTURE CAMP	<a href="#">207500</a>	10 - 14	OUTDOOR	FULL DAY	8:30 AM - 4:30 PM		■	■	■	■	■	■	■	■	■	■
BUSHCRAFTING CAMP	<a href="#">207821</a>	8 - 12.5	OUTDOOR	FULL DAY	9:00 AM - 4:00 PM									■		
COUGAR CAMP 1 & 2: GRADES 3 - 6	<a href="#">207412</a>	7 - 13	OUTDOOR	FULL DAY	9:00 AM - 4:00 PM						■					■
COUGAR CAMP 1: GRADES 3 - 4	<a href="#">207401</a>	7 - 11	OUTDOOR	FULL DAY	9:00 AM - 4:00 PM		■		■			■		■		
COUGAR CAMP 2: GRADES 5 - 6	<a href="#">207402</a>	9 - 13	OUTDOOR	FULL DAY	9:00 AM - 4:00 PM			■		■			■		■	
FISH, FORAGE, FLYING ARROWS	<a href="#">207822</a>	8 - 13	OUTDOOR	FULL DAY	9:00 AM - 4:00 PM			■	■		■	■				
INTERMEDIATE WILDERNESS SURVIVAL	<a href="#">207512</a>	8 - 12	OUTDOOR	FULL DAY	9:00 AM - 4:00 PM		■						■			■
INTRO TO WILDERNESS SURVIVAL	<a href="#">207511</a>	6 - 8	OUTDOOR	FULL DAY	9:00 AM - 2:30 PM		■	■			■	■			■	■
RILEY RANCH NATURE CAMP	<a href="#">207502</a>	7 - 11	OUTDOOR	FULL DAY	8:30 AM - 4:30 PM		■	■	■	■	■	■	■	■	■	■

Register at [register.bendparksandrec.org](http://register.bendparksandrec.org) • Summer registration opens March 18 - 20 at 6:00 a.m. daily. Check Activity # for opening date. • Summer Camp Finder on pages 27 - 30  
 How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 88 - 89 • Park lists on pages 90 - 91.

CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	
						1	2	3	4	5	6	7	8	9	10	11
						6/17 -23	6/24 -30	7/1 -7	7/8 -14	7/15 -21	7/22 -28	7/29 -8/4	8/5 -11	8/12 -18	8/19 -25	8/26 -9/2
SEEK & SURVIVAL	<a href="#">207810</a>	7 - 12	OUTDOOR	FULL DAY	9:00 AM - 4:00 PM				■					■	■	
APEX SOCCER FULL-DAY	<a href="#">203216</a>	6 - 12	SPORTS	FULL DAY	9:00 AM - 3:00 PM					■	■	■				
CHALLENGER SPORTS BRITISH SOCCER CAMP - FULL-DAY	<a href="#">203212</a>	8 - 14	SPORTS	FULL DAY	9:00 AM - 4:00 PM									■	■	
JORDAN KENT'S JUST FOR KID'S SKILLS CAMP - FULL-DAY	<a href="#">203050</a>	6 - 12	SPORTS	FULL DAY	9:00 AM - 3:00 PM		■		■		■		■		■	
SCOOTERING CAMP	<a href="#">206778</a>	6 - 17	SPORTS	FULL DAY	9:00 AM - 1:00 PM		■		■		■		■		■	
OPERATION RECREATION	<a href="#">201401</a>	5.25 - 8	VARIETY	FULL DAY	8:30 AM - 4:30 PM		■	■	■	■	■	■	■	■	■	■
THE PAC	<a href="#">201501</a>	9 - 12	VARIETY	FULL DAY	8:30 AM - 4:30 PM		■	■	■	■	■	■	■	■	■	■
ART-RAGEOUS CAMP	<a href="#">211228</a>	6 - 11	ART	MORNING	9:00 AM - 12:00 PM		■		■	■	■	■	■	■	■	
FUNWORKS INTRO TO ART	<a href="#">206661</a>	5 - 6	ART	MORNING	9:00 AM - 12:00 PM		■			■			■		■	
ALL KINDS OF COOKIES	<a href="#">206775</a>	8 - 13	ENRICHMENT	MORNING	9:00 AM - 12:00 PM										■	
BEGINNERS BAKING 101	<a href="#">206773</a>	8 - 13	ENRICHMENT	MORNING	9:00 AM - 12:00 PM							■		■		■
CAKES, CAKES & MORE KINDS OF CAKES	<a href="#">206774</a>	8 - 13	ENRICHMENT	MORNING	9:00 AM - 12:00 PM						■					
CHESS WIZARDS CAMP - HALF-DAY AM	<a href="#">206240</a>	6 - 13	ENRICHMENT	MORNING	9:00 AM - 12:00 PM		■		■		■		■		■	
COCREATED DRAMA CAMP - JUNGLE BOOK	<a href="#">206108</a>	7 - 12	ENRICHMENT	MORNING	9:00 AM - 12:00 PM		■									
COCREATED DRAMA CAMP - STORYBOOK THEATER	<a href="#">206108</a>	5 - 13	ENRICHMENT	MORNING	9:00 AM - 12:00 PM									■		
FAIRYTALE DANCE CAMP - HALF-DAY AM	<a href="#">206513</a>	4 - 7	ENRICHMENT	MORNING	9:30 AM - 12:00 PM						■					
FUNWORKS INTRO TO ART OF FLIGHT	<a href="#">206143</a>	5 - 6	ENRICHMENT	MORNING	9:00 AM - 12:00 PM				■		■		■		■	
FUNWORKS INTRO TO ENGINEERING/STEAM WITH LEGO®	<a href="#">206660</a>	5 - 6	ENRICHMENT	MORNING	9:00 AM - 12:00 PM		■			■			■		■	
INTRO TO GRAPHIC DESIGN	<a href="#">206770</a>	10 - 17	ENRICHMENT	MORNING	9:00 AM - 12:00 PM		■							■		
KPOV RADIO CAMP	<a href="#">206650</a>	10 - 14	ENRICHMENT	MORNING	9:00 AM - 12:00 PM		■		■			■				
NATURE WRITING CAMP	<a href="#">206112</a>	7 - 11	ENRICHMENT	MORNING	9:00 AM - 12:00 PM							■				
PAGE TO STAGE CAMP	<a href="#">206111</a>	8 - 12	ENRICHMENT	MORNING	9:00 AM - 12:00 PM					■						■
SPANISH LANGUAGE CAMP	<a href="#">206360</a>	5 - 12	ENRICHMENT	MORNING	9:00 AM - 12:00 PM						■				■	
STOP ANIMATION LEGO® BUILDER'S BATTLE CLUB	<a href="#">206772</a>	7 - 13	ENRICHMENT	MORNING	9:00 AM - 12:00 PM					■						
STORY CAMP	<a href="#">206110</a>	8 - 12	ENRICHMENT	MORNING	9:00 AM - 12:00 PM						■					
THE HIP HOPPERS DANCE CAMP	<a href="#">206572</a>	5 - 8	ENRICHMENT	MORNING	9:30 AM - 12:00 PM							■				
UNDER THE SEA DANCE CAMP	<a href="#">206203</a>	4 - 7	ENRICHMENT	MORNING	9:30 AM - 12:00 PM								■			
VIDEO GAME DESIGN BY YOUTH TECH	<a href="#">206667</a>	9 - 17	ENRICHMENT	MORNING	9:00 AM - 11:30 AM						■					
APEX SOCCER HALF-DAY AM	<a href="#">203216</a>	6 - 12	SPORTS	MORNING	9:00 AM - 12:00 PM					■	■	■				
BHS SOCCER CAMP GRADES 2 - 8	<a href="#">203230</a>	7 - 15	SPORTS	MORNING	9:30 AM - 12:00 PM									■		
CALDERA BOYS BASKETBALL CAMP GRADES 6 - 9	<a href="#">203080</a>	10 - 16	SPORTS	MORNING	4:30 PM - 6:30 PM	■										
CALDERA HIGH SCHOOL GIRLS SOCCER CAMP	<a href="#">203226</a>	7 - 14	SPORTS	MORNING	9:00 AM - 11:30 AM								■			

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CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK										
						1	2	3	4	5	6	7	8	9	10	11
						6/17	6/24	7/1	7/8	7/15	7/22	7/29	8/5	8/12	8/19	8/26
						-23	-30	-7	-14	-21	-28	-8/4	-11	-18	-25	-9/2
CHALLENGER SPORTS BRITISH SOCCER CAMP - HALF-DAY AM	<a href="#">203211</a>	6 - 14	SPORTS	MORNING	9:00 AM - 12:00 PM									■	■	
COBO ADVANCED BASKETBALL GRADES 3 - 5	<a href="#">203073</a>	7 - 12	SPORTS	MORNING	9:30 AM - 12:30 PM				■							
COBO ADVANCED BASKETBALL GRADES 3 - 5	<a href="#">203073</a>	7 - 12	SPORTS	MORNING	9:00 AM - 12:00 PM								■			
COBO LIL DRIBBLERS	<a href="#">203070</a>	6 - 11	SPORTS	MORNING	9:00 AM - 11:30 AM		■			■						
GIRLS SOFTBALL CAMP	<a href="#">203250</a>	8 - 14	SPORTS	MORNING	10:00 AM - 12:30 PM					■						
JORDAN KENT'S JUST FOR KIDS BASEBALL CAMP	<a href="#">203049</a>	6 - 12	SPORTS	MORNING	9:00 AM - 12:00 PM									■		
JORDAN KENT'S JUST FOR KIDS PICKLEBALL CAMP	<a href="#">203047</a>	10 - 13	SPORTS	MORNING	9:00 AM - 12:00 PM					■						
JORDAN KENT'S JUST FOR KID'S SKILLS CAMP - HALF-DAY	<a href="#">203050</a>	6 - 12	SPORTS	MORNING	9:00 AM - 1:00 PM		■		■		■		■		■	
JR STORM VOLLEYBALL CAMP GRADES 3 - 8	<a href="#">203273</a>	8 - 15	SPORTS	MORNING	9:00 AM - 11:30 AM			■								
MIGHTY HAWK BASEBALL	<a href="#">203354</a>	5 - 9	SPORTS	MORNING	9:00 AM - 12:00 PM								■			
MIGHTY HAWK FOOTBALL	<a href="#">203352</a>	5 - 9	SPORTS	MORNING	8:30 AM - 11:30 AM							■				
MIGHTY HAWK SOCCER	<a href="#">203351</a>	5 - 9	SPORTS	MORNING	9:00 AM - 12:00 PM				■					■		
MOMENT ATHLETICS - FLAG FOOTBALL CAMP	<a href="#">203056</a>	8 - 13	SPORTS	MORNING	9:00 AM - 12:00 PM		■								■	
MOMENT ATHLETICS - DOUBLE PLAY BASEBALL CAMP	<a href="#">203052</a>	7 - 14	SPORTS	MORNING	9:00 AM - 1:00 PM	■										
MOMENT ATHLETICS - FLAG FOOTBALL CAMP	<a href="#">203056</a>	8 - 14	SPORTS	MORNING	9:00 AM - 12:00 PM		■								■	
MOMENT ATHLETICS - MULTI-SPORT FIELD GAMES CAMP	<a href="#">203053</a>	8 - 13	SPORTS	MORNING	9:00 AM - 1:00 PM	■			■				■		■	■
NPJ INDOOR VOLLEYBALL CAMP GRADES 3 - 5	<a href="#">203279</a>	8 - 15	SPORTS	MORNING	9:30 AM - 11:30 AM						■					
SKYHAWK 4-SPORT SAMPLER	<a href="#">203357</a>	4 - 9	SPORTS	MORNING	9:00 AM - 12:00 PM		■									
SKYHAWK 4-SPORT SAMPLER	<a href="#">203357</a>	4 - 8	SPORTS	MORNING	8:30 AM - 11:30 AM										■	
SKYHAWK MINI-HAWK	<a href="#">203358</a>	4 - 8	SPORTS	MORNING	9:00 AM - 12:00 PM					■						
SKYHAWK MULTISPORT P.E. GAMES	<a href="#">203359</a>	6 - 12	SPORTS	MORNING	9:00 AM - 12:00 PM						■					
YOUTH RUGBY CAMP - AGES 5 - 8	<a href="#">203139</a>	5 - 8	SPORTS	MORNING	9:00 AM - 11:30 AM		■									
YOUTH RUGBY CAMP - AGES 9 - 12	<a href="#">203139</a>	9 - 12	SPORTS	MORNING	9:00 AM - 11:30 AM		■									
ART-RAGEOUS CAMP	<a href="#">211228</a>	6 - 11	ART	AFTERNOON	1:00 PM - 4:00 PM		■		■	■	■	■	■	■	■	■
FUNWORKS ART	<a href="#">206662</a>	7 - 12	ART	AFTERNOON	1:00 PM - 4:00 PM		■			■			■		■	
CHESS WIZARDS CAMP - HALF-DAY PM	<a href="#">206240</a>	6 - 12	ENRICHMENT	AFTERNOON	12:00 PM - 3:00 PM		■		■		■		■		■	
COCREATED DRAMA CAMP - JUNGLE BOOK	<a href="#">206108</a>	7 - 12	ENRICHMENT	AFTERNOON	1:00 PM - 4:00 PM									■		
COCREATED DRAMA CAMP - TREASURE ISLAND	<a href="#">206108</a>	7 - 12	ENRICHMENT	AFTERNOON	1:00 PM - 4:00 PM		■									
CODING CAMP BY SYLVAN LEARNING CENTER	<a href="#">206651</a>	8 - 12	ENRICHMENT	AFTERNOON	1:00 PM - 4:00 PM					■				■		
FUNWORKS ART OF FLIGHT	<a href="#">206142</a>	7 - 12	ENRICHMENT	AFTERNOON	1:00 PM - 4:00 PM				■		■			■		■
FUNWORKS ENGINEERING/STEAM WITH LEGO®	<a href="#">206674</a>	7 - 12	ENRICHMENT	AFTERNOON	1:00 PM - 4:00 PM		■			■			■		■	
GRAPHIC DESIGN BY YOUTH TECH	<a href="#">206668</a>	9 - 17	ENRICHMENT	AFTERNOON	11:30 AM - 2:00 PM					■						

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CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	
						1	2	3	4	5	6	7	8	9	10	11
						6/17 -23	6/24 -30	7/1 -7	7/8 -14	7/15 -21	7/22 -28	7/29 -8/4	8/5 -11	8/12 -18	8/19 -25	8/26 -9/2
KIDS NINJA WARRIOR SUMMER CAMP	<a href="#">206176</a>	6 - 10	ENRICHMENT	AFTERNOON	1:00 PM - 4:00 PM										■	
NINJA ELITE SUMMER CAMP	<a href="#">206177</a>	9 - 13	ENRICHMENT	AFTERNOON	1:00 PM - 4:00 PM											■
ROBLOX STUDIO PROGRAMMING & GAME DEVELOPMENT BY YOUTH TECH	<a href="#">206665</a>	9 - 15	ENRICHMENT	AFTERNOON	11:30 AM - 2:00 PM						■		■			
ROBOTICS CAMP BY SYLVAN LEARNING CENTER	<a href="#">206657</a>	6 - 11	ENRICHMENT	AFTERNOON	1:00 PM - 4:00 PM		■		■		■		■			■
VIDEO GAME DESIGN BY YOUTH TECH	<a href="#">206667</a>	9 - 17	ENRICHMENT	AFTERNOON	11:30 AM - 2:00 PM				■							
WEB AND APP DESIGN BY YOUTH TECH	<a href="#">206697</a>	9 - 17	ENRICHMENT	AFTERNOON	11:30 AM - 2:00 PM							■				■
CHALLENGER SPORTS BRITISH SOCCER CAMP - HALF-DAY PM	<a href="#">203211</a>	6 - 14	SPORTS	AFTERNOON	1:00 PM - 4:00 PM									■	■	
COBO ADVANCED BASKETBALL GRADES 6 - 9	<a href="#">203073</a>	10 - 16	SPORTS	AFTERNOON	12:30 PM - 3:30 PM								■			
COBO ADVANCED BASKETBALL GRADES 6 - 9	<a href="#">203073</a>	10 - 16	SPORTS	AFTERNOON	1:00 PM - 4:00 PM				■							
COBO MIDDLE SCHOOL BASKETBALL CAMP	<a href="#">203074</a>	10 - 15	SPORTS	AFTERNOON	12:00 PM - 3:00 PM		■			■						
MIGHTY HAWK 3-SPORT CAMP	<a href="#">203355</a>	5 - 9	SPORTS	AFTERNOON	12:30 PM - 3:00 PM							■				
MIGHTY HAWK SOCCER	<a href="#">203351</a>	5 - 9	SPORTS	AFTERNOON	1:00 PM - 3:30 PM								■			
NPJ INDOOR VOLLEYBALL CAMP GRADES 6 - 8	<a href="#">203279</a>	8 - 15	SPORTS	AFTERNOON	12:00 PM - 2:00 PM						■					
SKYHAWK 4-SPORT SAMPLER	<a href="#">203357</a>	4 - 9	SPORTS	AFTERNOON	12:30 PM - 3:00 PM										■	
SKYHAWK 4-SPORT SAMPLER	<a href="#">203357</a>	4 - 9	SPORTS	AFTERNOON	1:00 PM - 3:30 PM		■									
SKYHAWK MIGHTY HOOP	<a href="#">203353</a>	5 - 9	SPORTS	AFTERNOON	1:00 PM - 3:30 PM				■							
SKYHAWK SOCCER	<a href="#">203350</a>	6 - 12	SPORTS	AFTERNOON	1:00 PM - 3:30 PM						■			■		
SKYHAWKS OUTDOOR VOLLEYBALL	<a href="#">203356</a>	7 - 12	SPORTS	AFTERNOON	1:00 PM - 3:30 PM					■						
STORM TRACK CAMP GRADES 3 - 8	<a href="#">203260</a>	8 - 15	SPORTS	AFTERNOON	4:30 PM - 7:00 PM	■										



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## Arts & Crafts

### Art Play Group

**Ages:** 2 - 5 with Adult

**Larkspur Community Center**

Parents, grandparents, family, nannies and other adults get to connect with their child at this amazing art experience! Each session will have different activities that are play-based and will develop creative thinking, spark curiosity and inspire independence and experimentation. Come and make a mess with us.

The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$22.00 ID \$26.40 OD

Activity: [211300](#) - Opens March 18

**F:** 10:30 - 11:30 am

- OR - 9:00 - 10:00 am

Session: 6/21 7/26  
8/9 8/23



### With A Child: Fun With Clay

**Ages:** 5 - 15 with Adult

**Harmon Park Clay Studio**

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$69.00 ID \$82.80 OD

Activity: [211515](#) - Opens March 18

**Sa:** 10:00 am - 12:00 pm

- OR - 12:30 - 2:30 pm

Session: 6/22 - Dragons  
6/29 - Mugs  
7/13 - Animals Bowls  
7/20 - Monsters  
7/27 - Garden Gnomes  
8/3 - Coil Bowls  
8/10 - Cool Cacti  
8/17 - Mythical Creatures  
8/24 - Bird Bowls

### FunWorks Intro to Art

**Ages:** 5 - 6

**Miller Elementary**

Students are introduced to a new project each day of class, with an emphasis on creativity and self-expression. Projects include drawing, painting, printmaking, sculpture and mixed media. Fun, learning and experimentation are priorities for the class. Students will bring home five projects during the week. Instructor: Izabel Crosby.

\$240.00 ID \$288.00 OD

Activity: [206661](#) - Opens March 18

**M-F:** 9:00 am - 12:00 pm

Session: 6/24 - 28 7/15 - 19  
8/5 - 9 8/19 - 23

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

Discovery through play.

Play is the language of childhood. We provide exciting, enriched play experiences for young children that tickle their imaginations, encourage curiosity and allow for self expression.

## Dance & Movement

### Dance Party NEW

**Ages:** 5 - 8

**Academie De Ballet**

Let's party! In this high-energy, high-movement, camp-style class, your dancers will learn anything from ballet to hip hop dance. Each session begins with a fun warmup and moves on to full-on dancing. Next, add in a snack and small craft break then end with a mini performance. Your little one will be beaming with the joy of dancing!

\$174.00 ID \$208.80 OD

Activity: [206205](#) - Opens March 18

**M:** 3:30 - 5:30 pm

Session: 7/1 - 22 7/29 - 8/19

### Fantasy Ballet

**Ages:** 5 - 7

**Academie De Ballet**

A delightful start to ballet! Together we'll develop fundamentals of classical dance and creative movement in a lively environment. Leap over imaginary streams, fly over snow-capped mountain and land lightly on a flower petal in this fun ballet series. Dress code is required; contact studio for more information. Learn more at [abc Bend.com/petites-etoiles/petitesetoiles-uniform-guide/](http://abc Bend.com/petites-etoiles/petitesetoiles-uniform-guide/)

\$80.00 ID \$96.00 OD

Activity: [206570](#) - Opens March 18

**Tu:** 3:30 - 4:15 pm

Session: 7/2 - 23 7/30 - 8/20



### Come Dance With Me

**Ages:** 3 - 4

**Academie De Ballet**

Little budding ballet dancers leap with stronger legs and arms each lesson and their confidence rises as they explore freedom of movement. Learn jumps, leaps and feet movement in an imaginary setting. Dress code is required; contact studio for more information. Learn more at [abc Bend.com/petites-etoiles/petitesetoiles-uniform-guide/](http://abc Bend.com/petites-etoiles/petitesetoiles-uniform-guide/)

\$80.00 ID \$96.00 OD

Activity: [206573](#) - Opens March 18

**W:** 3:45 - 4:30 pm

Session: 7/3 - 24 7/31 - 8/21

### Happy Habits Fun & Fitness Class NEW

**Ages:** 2 - 9

**Alpenglow Park**

Our classes keep kids active for a purposeful 60 minutes. We kick things off with a 10-minute warm-up, followed by 25 minutes of activities that boost motor skills, coordination and strength followed up with breath work and positive mindfulness exercise. We wrap up each session with a nutritious snack and social fun.

\$135.00 ID \$162.00 OD

Activity: [206562](#) - Opens March 18

**Ages:** 2 - 5

**Th:** 9:30 - 10:30 am

Session: 7/11 - 8/1 8/8 - 29

**Sa:** 10:00 - 11:00 am

Session: 7/13 - 8/3 8/10 - 31

**Ages:** 5 - 9

**M:** 3:00 - 4:00 pm

Session: 7/8 - 29 8/5 - 26

## Kids Yoga Summer Camp

**Ages:** 5 - 8

**Free Spirit Yoga + Ninja + Play**

In Kids Yoga Summer Camp at Free Spirit, young yogis will immerse themselves in learning fundamental yoga sequences, engaging yoga games, exploring partner poses, practicing mindfulness activities and finding tranquility through calming arts and crafts projects. Led by experienced children's yoga instructors, these specifically designed yoga sessions aim to enhance children's flexibility, build their strength and improve their balance and coordination. Camp also incorporates play time in the ninja gym and introduces lifelong skills in yoga and mindfulness practices providing children with tools to deepen their breath, manage emotions, enhance focus and ensure restful sleep. Perfect for siblings and friends, our camp offers a fun-focused journey of yoga practice fostering new friendships along the way!

\$179.00 ID \$214.80 OD

Activity: [206767](#) - Opens March 18

**M-W:** 10:30 am - 1:30 pm

Session: 7/8 - 10

## Nano-Ninja Classes

**Ages:** 4 - 5

**Free Spirit Yoga + Ninja + Play**

Strategically designed, Nano-Ninja Classes at Free Spirit aim to improve the essential components of your child's healthy development, such as refining balance, coordination and increasing strength. Our dedicated ninja coaches use positive encouragement to elevate children's self-confidence as they tackle diverse Ninja Warrior obstacle circuits. Team games provide valuable opportunities for your child to develop valuable socialization skills, fostering teamwork and strategic thinking while boosting their heart rate!

\$148.00 ID \$177.60 OD

Activity: [206172](#) - Opens March 18

**M:** 4:30 - 5:20 pm

Session: 7/8 - 8/12



## Look for With A Child classes:

Art, page 14 - 17,

Cooking, pages 10 - 11,

## Supercalifragilistic-expialidocious Dance Camp

NEW

Ages: 4 - 7

### Academie De Ballet

Come on everybody, step in time! Dancers will enjoy a supercalifragilistic-expialidocious adventure inspired by PL Travers famous Mary Poppins. Your dancer will explore a variety of dance genres from ballet to hip-hop, make crafts and learn a song and dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$249.00 ID \$298.80 OD

Activity: [206577](#) - Opens March 18

M-F: 9:30 am - 12:00 pm

Session: 7/8 - 12

## Fairytale Dance Camp

NEW

Ages: 4 - 7

### Academie De Ballet

Join us for an enchanting story this summer! Your little one will be captivated by our magical Fairytale Dance Camp. Your dancer will explore a variety of dance genres, make crafts, and learn a dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high. For full-day camp, your dancer will stay after the dancing has finished to play, relax, craft and continue the magical story with supervised themed activities. Bring a healthy lunch.

Activity: [206513](#) - Opens March 18

\$249.00 ID \$298.80 OD

M-F: 9:30 am - 12:00 pm

\$399.00 ID \$478.80 OD

M-F: 9:30 am - 3:00 pm

Session: 7/22 - 26

## The Hip Hoppers Dance Camp

Ages: 5 - 8

### Academie De Ballet

Become a hip hopper by learning the hottest hip-hop dance trends from stage and screen. Our beginner-friendly hip-hop camp takes inspiration from the latest age-appropriate internet and TV dance crazes. Bring a healthy snack and a water bottle to keep your energy high.

\$249.00 ID \$298.80 OD

Activity: [206572](#) - Opens March 18

M-F: 9:30 am - 12:00 pm

Session: 7/29 - 8/2

## Under the Sea Dance Camp

Ages: 4 - 7

### Academie De Ballet

Swim with the fishes and play with the mermaids and mermen this summer! Dancers will take a fantasy journey through the magical underwater kingdom with this dance camp. Your dancer will explore a variety of dance genres, make crafts and learn a dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$249.00 ID \$298.80 OD

Activity: [206203](#) - Opens March 18

M-F: 9:30 am - 12:00 pm

Session: 8/5 - 9

## Looking for summer camp for a 5 year old?

Look at Operation Recreation and other camps on page 36.



## Adventure Island Dance Camp

NEW

Ages: 4 - 7

### Academie De Ballet

Land ahoy dancers! We have a treasure trove of adventures in store for mermaids, pirates and more. Dancers will explore a variety of dance genres, make a bounty of crafts and learn a themed dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$249.00 ID \$298.80 OD

Activity: [206204](#) - Opens March 18

M-F: 9:30 am - 12:00 pm

Session: 8/19 - 23

## Nano-Ninja Summer Camp

Ages: 4 - 6

### Free Spirit Yoga + Ninja + Play

Enroll your little ones for a fun-filled Nano-Ninja Summer Camp experience! They'll have a blast climbing, performing gymnastics movements, parkour tumbling and building new friendships. Our dedicated ninja coaches, well-versed in fostering fun and learning, will guide kids through dynamic team games and daily Ninja Warrior challenges. The camp fosters a positive group experience where children will stay active as they develop coordination, climbing, jumping and agility skills. Kids must be fully restroom independent.

\$249.00 ID \$298.80 OD

Activity: [206175](#) - Opens March 18

M-F: 9:00 am - 12:00 pm

Session: 8/19 - 23

## Learning

## Spanish Language Camp

NEW

Ages: 5 - 12

### Happy Stars

Study the Spanish language with a native speaker from Madrid, Spain. This camp will introduce children to basic Spanish language and culture with an emphasis in conversation and language retention, while exposing them to fun themes such as music, dance, cooking and arts.

\$180.00 ID \$216.00 OD

Activity: [206360](#) - Opens Mar. 18

M-Th: 9:00 am - 12:00 pm

Session: 7/22 - 25 8/19 - 22

## Martial Arts

## Intro to Lil' Dragons

Ages: 4 - 6

### Odyssey Martial Arts

Beginning with the very basics of Tang Soo Do Karate, this class helps children learn discipline, self-control, confidence and teamwork as well as develop motor skills.

\$89.00 ID \$106.80 OD

Activity: [206750](#) - Opens March 18

M/W: 3:20 - 3:50 pm

Session: 7/8 - 31 8/5 - 28



## Register in advance to sync with your workout Kids' Corner Childcare

**Ages:** 6 months - 5 years  
**Juniper Swim & Fitness Center**

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, work out or just relax.

- Registration is strongly recommended and includes a standard of four scheduled 75-minute visits per session at discounted rate.
- Fee is adjusted for three- or five-visit sessions.
- Each visit is limited to 75 minutes. Sorry, no discount for less time. If you would like your child to stay longer than 75 minutes, it will count as two visits and only available as space allows or if registered.



### Registration Childcare

#### TODDLER

**Ages:** 6 - 29 months.  
Limited availability

\$30.00 ID \$36.00 OD / session

Activity: [105600](#) - Opens March 18

#### PRESCHOOLER

**Ages:** 30 months  
- 5 years old

\$25.00 ID \$30.00 OD / session

Activity: [105601](#) - Opens March 18

**Weekdays:** 9:00 - 10:15 am  
- OR - 10:20 - 11:35 am

Sessions:

M:	7/1 - 29	8/5 - 19
T:	7/2 - 30	8/6 - 20
W:	7/3 - 31	8/7 - 21
Th:	7/11 - 25	8/1 - 22
F:	7/5 - 26	8/2 - 23

### Drop-in Childcare

*Available if space allows.  
Call 541-706-6191 for availability.*

#### TODDLER

**Ages:** 6 - 29 months.  
Limited availability

\$9.00 ID \$10.80 OD  
per visit up to 75 minutes.

#### PRESCHOOLER

**Ages:** 30 months  
- 5 years old

\$7.50 ID \$9.00 OD  
per visit up to 75 minutes.

**Weekdays:** 9:00 - 10:15 am  
- OR - 10:20 - 11:35 am

Your child can stay for longer than 75 minutes with payment for two visits.

### Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

Learn more and view drop-in fitness classes at [bendparksandrec.org/fitness-swim/](http://bendparksandrec.org/fitness-swim/)

## Music, Theater & Voice

### CoCreated Drama Camp

NEW

**Ages:** 5 - 6

**Caldera High School**

This drama camp will provide a creative outlet for your child to learn to act out some of the greatest books of all time. The camp will conclude with a short performance in Alpenglow Park for the final 30 minutes of the Friday class.  
Instructor: Jana Mohr.

\$160.00 ID \$192.00 OD

Activity: [206108](#) - Opens Mar. 18

**M-F:** 9:00 am - 12:00 pm

Session: 8/12 - 16  
Storybook Theater

### Preschool

#### Summer Buddies Preschool

**Ages:** 3 - 5

**Juniper Swim & Fitness Center**

Children will enjoy afternoon swimming, making crafts, playing outdoor games, making new friends and much more. Summer Buddies is a great boost before starting preschool or kindergarten! No prior swimming experience required. Children must be potty-trained. Choose day/time session below. You can register for multiple sessions per week if you choose.

\$135.00 ID \$162.00 OD

Activity: [205600](#) - Opens March 18

**M/W:** 1:30 - 3:45 pm

Session: 6/24 - 7/10 7/15 - 31  
8/5 - 21

**Tu/Th:** 1:30 - 3:45 pm

Session: 6/25 - 7/11 (no class 7/4,  
\$112.50 ID \$135.00 OD)  
7/16 - 8/1 8/6 - 22



### Busy Buddies Preschool for 2024-25

**Ages:** 3 - 5

**Juniper Swim & Fitness Center**

Busy Buddies Preschool is a school-year program that aligns similarly to the Bend-La Pine Schools calendar. This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided.

Note: No prior swimming experience necessary. Children must be potty-trained.

You can register for multiple sessions per week if you choose.

School holidays align with the Bend-La Pine School District calendar.

**Registration will open on Monday, May 6, at 6:00 am.** Limited availability - sign up on waitlist if the program is full. The registration holds your spot for the upcoming September-May school year program.

**Registration Fee:** A \$20.00 ID/OD non-refundable registration fee is due at time of enrollment.

**Monthly Fee:** \$260.00 ID / \$312.00 OD is due the 5th of every month, September through June.

Activity: [405601](#) - Opens May 6,  
at 6:00 am.

**M/W:** 1:30 - 4:30 pm

Session: 9/9 - 6/11

**Tu/Th:** 1:30 - 4:30 pm

Session: 9/10 - 6/12

For more information, call 541-389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

## STEM

### Mathematics Advantage Camp NEW

Ages: 5 - 12

#### Happy Stars

This camp aims to strengthen the mathematics skills for the upcoming school year while covering the gaps that may have been missed in previous years which are preventing the enjoyment and success of the subject. All this activity and learning takes place in a fun environment which will help children develop a love for math and increase their overall analytical skills.

\$180.00 ID \$216.00 OD

Activity: [206361](#) - Opens Mar. 18

**M-Th: 9:00 am - 12:00 pm**

Session: 6/24 - 27 7/29 - 8/1  
8/26 - 29

### FunWorks Intro to Engineering/STEAM With LEGO®

Ages: 5 - 6

#### Miller Elementary

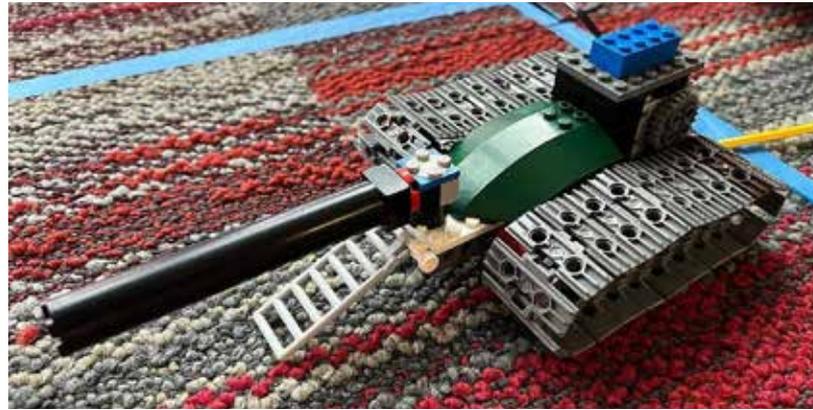
Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized LEGO®. Every project is built step-by-step by students with no one left behind. All projects may be modified and decorated while playing. Add wings, jets and a mini figure and create a flying jet car. Imagination has no barriers. A gear-drive electric vehicle, a belt-drive motorcycle, a monorail and a mosaic art project are just a few of the fun, exciting, educational projects built at camp.

\$200.00 ID \$240.00 OD

Activity: [206660](#) - Opens March 18

**M-F: 9:00 am - 12:00 pm**

Session: 6/24 - 28 7/15 - 19  
8/5 - 9 8/19 - 23



### FunWorks Intro to Art of Flight

Ages: 5 - 6

#### Miller Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each camper builds, modifies, decorates and takes home all projects. Paper airplanes, glider airplanes and a water rocket are just a few of the exciting projects built during camp. All aircraft are customized with stickers by campers.

\$240.00 ID \$288.00 OD

Activity: [206143](#) - Opens March 18

**M-F: 9:00 am - 12:00 pm**

Session: 7/8 - 12 7/22 - 26  
8/12 - 16 8/26 - 30

### Space Exploration Camp NEW

Ages: 5 - 12

#### Happy Stars

5-4-3-2-1, blast off! This fun-focused space science camp is taught by an aerospace engineer whose sons were raised here in Bend and are currently moving toward PhD degrees in Aerospace Engineering by working for the National Aeronautics and Space Administration, better known as NASA. By following NASA directives and utilizing NASA resources, children will have plenty of fun while learning about and developing a love for space exploration.

\$180.00 ID \$216.00 OD

Activity: [206362](#) - Opens March 18

**M-Th: 9:00 am - 12:00 pm**

Session: 7/8 - 11 8/5 - 8

### STEM Exploration Camp NEW

Ages: 5 - 12

#### Happy Stars

This camp will help develop children's skills and interest of science and engineering with practical age-related learning projects and fun games that will keep all engaged and motivated while strengthening their leadership and team-building skills.

\$180.00 ID \$216.00 OD

Activity: [206363](#) - Opens March 18

**M-Th: 9:00 am - 12:00 pm**

Session: 7/15 - 18 8/12 - 15

## Triathlon

### Kids Triathlon Clinic

Ages: 4 - 12

#### Juniper Swim & Fitness Center

Have fun and learn the skills of competing in a triathlon. Each clinic will include activities in each of the disciplines, so be prepared to jump in the pool, and bike and run around Juniper Park. Bring your bike, helmet, swimsuit, towel, running shoes and a water bottle.

\$15.00 ID \$18.00 OD

Activity: [205607](#) - Opens March 18

**Tu: 5:30 - 6:30 pm**

Session: 8/13 8/20

### Kids Triathlon

Ages: 4 - 12

#### Juniper Swim & Fitness Center

Swim! Bike! Run! Do a triathlon. The swimming portion of this non-timed event will be held in the supervised Olympic 50-meter pool. The mountain biking and running portions will be held in Juniper Park. The event focuses on sportsmanship, participation and fun. Adults - come support your kids as you cheer them on from poolside and on the bike course, and maybe even run with them to the finish line. All abilities welcome. Build your skills and get ready by signing up for the weekly clinic. Select your t-shirt size: Youth XS, S, M, L or XL. T-shirt not guaranteed for pick-up at the event for registration after August 2.

\$35.00 ID \$42.00 OD

Activity: [205608](#) - Opens March 18

**Su: 8:30 - 10:30 am**

Session: 8/25



### More programs for little guys & gals at:

Camps, pages 36 - 49

Art, pages 50 - 53

Sports, pages 57 - 70

Swimming, pages 71 - 76

FIND YOUR MATCH  
.....  
**SUMMER CAMP FINDER**  
.....  
PAGES 27 - 30



# ready to play



## Learn + play.

“Play is often talked about as it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood.”

- Fred Rogers, aka Mister Rogers

Play is the focus of youth activities whether it's crafts, dance or science. Because if you're having fun, then discovery and development come easy!

## Summer Day Camp

### Operation Recreation

Ages: 5.25 - 8

Lava Ridge Elementary & Pine Ridge Elementary

Join Operation Recreation for a full day of fun in an elementary school setting that includes both indoor and outdoor play. Take part in a variety of sports and games, get creative with crafts and STEAM projects, water play and some old fashioned summer camp fun lead by our professional staff. Field trips will be offered to pools, splash pads, rivers, lakes and local parks several days a week.

#### Standard Week:

M - F: 8:30 am - 4:30 pm  
\$275.00 ID \$330.00 OD / week

#### Add Extended Care:

M - F: 7:30 am - 5:30 pm  
\$32.00 ID \$38.40 OD  
additional fee per week  
Not available weeks 10 - 11

Lava Ridge Elementary

Activity: [201401](#) - Opens Mar. 18

Pine Ridge Elementary

Activity: [201402](#) - Opens Mar. 18

#### WEEK 1:

Op Rec not offered

#### WEEK 2:

M-F: 8:30 am - 4:30 pm  
6/24 - 28

#### WEEK 3:

M-W: 8:30 am - 4:30 pm  
7/1 - 3 (no program 7/4 - 5;  
\$165.00 ID \$198.00 OD)



#### WEEKS 4 - 9:

M-F: 8:30 am - 4:30 pm  
7/8 - 12      7/15 - 19  
7/22 - 26      7/29 - 8/2  
8/5 - 9      8/12 - 16

#### WEEKS 10 - 11: (no Extended Care)

M-Th: 8:30 am - 4:30 pm  
8/19 - 22 (no program 8/23;  
\$220.00 ID \$264.00 OD)  
8/26 - 29 (no program 8/30;  
\$220.00 ID \$264.00 OD)

For more information, call (541) 389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



## Summer Day Camp

### The PAC

Ages: 9 - 12

#### The Pavilion

Each day is different and you get to choose what you want to do! There are always awesome choices whether you want to “play hard or chill out.” We’re talking skateboarding and scootering, playing water games, standup paddle boarding, outdoor adventuring, trying crazy, unique activities, creating art and playing your favorite games. It’s any way you want to spend your day, even just hanging with friends.

#### Standard Week:

M - F: 8:30 am - 4:30 pm  
\$275.00 ID \$330.00 OD / week

#### Add Extended Care:

M - F: 7:30 am - 5:30 pm  
\$32.00 ID \$38.40 OD  
additional fee per week

Activity: [201501](#) - Opens Mar. 18

#### WEEK 1:

PAC not offered.

#### WEEK 2:

M-F: 8:30 am - 4:30 pm  
6/24 - 28

#### WEEK 3:

M-W: 8:30 am - 4:30 pm  
7/1 - 3 (no program 7/4-5;  
\$165.00 ID \$198.00 OD)

#### WEEKS 4 - 9:

M-F: 8:30 am - 4:30 pm  
7/8 - 12 7/15 - 19  
7/22 - 26 7/29 - 8/2  
8/5 - 9 8/12 - 16

#### WEEKS 10 - 11:

M-Th: 8:30 am - 4:30 pm  
8/19 - 22 (no program 8/23;  
\$220.00 ID \$264.00 OD)  
8/26 - 29 (no program 8/30;  
\$220.00 ID \$264.00 OD)

### AGES: 9 - 10

At The PAC, you decide how to spend your day! Choose between your favorite activities like group games and cool art projects plus opportunities to try new things and go on off-site adventures.

### AGES: 10 - 12

Banish boring - Don't just hang out at home, join the PAC! Come spend your day with friends doing your favorite activities! You'll also get a chance to plan your own off-site special adventures. Bonus! Participants 12 and older are able to check themselves in and out of The PAC (with parent pre-approval) and go off-site as needed.



### DAILY FIELD TRIPS OF AWESOMENESS

The PAC offers daily morning and afternoon local field trips and weekly all-day getaways to awesome places around Central Oregon. Off-site trips are designated by ages, 9 - 10 and 10 - 12. (Yep! Ten year-olds choose between the two trips. Lucky!)

Morning field trips will include such fun as Capture the Flag or nature adventures at Shevlin Park, visiting the library and games at local parks.

Afternoons will include cooling off with paddle boarding or visiting Juniper Swim & Fitness Center for recreation swim.

On Tuesdays and Thursdays, the PAC features all-day getaways for Central Oregon adventures such as swimming and picnicking at a variety of Cascade lakes.

**\$5.00 registration fee per trip.**

### IT'S YOUR SUMMER TO PLAY YOUR WAY!

#### SKATE FEATURES

Open skate with skatepark ramps and more. Skateboards and scooters welcome.

#### SPORTS

Basketball  
Volleyball  
Badminton  
Pickleball  
Quidditch  
Skate competitions  
Dodgeball  
Sprout ball  
Tag games  
Floor hockey  
Futsal & Disc golf

#### TOURNAMENTS

Basketball  
Ping pong  
Foosball

#### CONTESTS & GAMES

Lego® & building  
Water play  
Cornhole  
Ladder ball  
Bocce ball

#### OUTDOOR ACTIVITIES

Swimming  
Paddleboarding  
Biking

#### DAILY FIELD TRIPS

Columbia Park  
Riverbend Park  
Farewell Bend Park  
Harmon Park  
Drake Park  
Cascade Lakes  
Shevlin Park  
Tumalo State Park  
and more!

#### ART & MORE

Nature-inspired art  
Phone photography  
Beading  
Drawing  
Paper crafts  
Recycled art, upcycling  
Chalk art  
Science



## Summer Day Camps: General Enrichment

### Westside Village Art & Adventure Summer Camp

**Ages:** 6 - 14

#### Westside Village

Adventures, team building, visual arts, performance arts - let your child dive into a week-long journey packed with drama, singing, dancing, playing ukuleles, guitars, hand drums, microphones, drum kits and more. Create inspiring art projects, try gardening, cook and play engaging games. Enjoy exciting daily walking adventures and play in our beautiful parks. Imagination has no limits! Each week includes all WVMS amenities under the guidance of our professional educators.

\$275.00 ID \$330.00 OD / week

Activity: [206510](#) - Opens Mar. 18

**Th-F:** 7:45 am - 5:15 pm

Session: 6/20 - 21 (\$69.00 ID \$82.80 OD daily)

**M-F:** 7:45 am - 5:15 pm

Session: 6/24 - 28

**M-W:** 7:45 am - 5:15 pm

Session: 7/1 - 3 (\$175.00 ID \$210.00 OD)

**M-F:** 7:45 am - 5:15 pm

Session: 7/8 - 12      7/15 - 19  
7/22 - 26      7/29 - 8/2  
8/5 - 9      8/12 - 16  
8/19 - 23

### Art-Rageous Camp

**Ages:** 6 - 11

#### Cascade Middle School

Explore! Inspire! Create! Discover your creative side with painting, pastels, drawing and mixed media. Come play in the studio - the possibilities are endless. For full-day enrollment, sign up for both am and pm sessions and care will be provided during 12:00 - 1:00 pm. Instructor: Art Station Staff.

\$140.00 ID \$168.00 OD

Activity: [211228](#) - Opens Mar. 18

**M-Th:** 9:00 am - 12:00 pm  
**- OR -** 1:00 - 4:00 pm

Sessions: 6/24 - 27  
7/8 - 11  
7/15 - 18  
7/22 - 25  
7/29 - 8/1  
8/5 - 8  
8/12 - 15  
8/19 - 22

## Cooking & Baking

### Cakes, Cakes & More Kinds of Cakes NEW

**Ages:** 8 - 13

#### Samara Learning Center

Welcome to a delightful and scrumptious summer camp experience designed for beginning bakers! Cakes, Cakes & More Kinds of Cakes is a sweet adventure where kids can learn the basics of baking while having a ton of fun. In a large, dual-oven kitchen, campers will create and enjoy chocolate chip pancakes, cupcakes and birthday cakes. Get ready for a hands-on, messy and delicious journey into the world of baking. Students will be given an apron to keep on the first day of camp.

\$215.00 ID \$258.00 OD

Activity: [206774](#) - Opens Mar. 18

**M-Th:** 9:00 am - 12:00 pm

Session: 7/22 - 25

### Beginners Baking 101

**Ages:** 8 - 13

#### Samara Learning Center

This baking series will help your child become more creative, independent and helpful in the kitchen. Participating in a focused, small group setting, your baker will receive encouraging instruction and enjoy a fun and messy hands-on baking experience - from mixing batter and rolling pie dough to decorating cupcakes and much more. Plus, your child will bring home tasty treats! All materials included.

\$215.00 ID \$258.00 OD

Activity: [206773](#) - Opens Mar. 18

**M-Th:** 9:00 am - 12:00 pm

Session: 7/29 - 8/1    8/12 - 15  
8/26 - 29



### All Kinds of Cookies NEW

**Ages:** 8 - 13

#### Samara Learning Center

Embark on a sweet and delicious journey into the world of cookies! This camp is for beginning bakers who are eager to learn the basics of baking and explore the art of creating various cookies. Master key techniques for measuring, mixing and baking to create the perfect cookie dough. Get ready for a fun, messy and scrumptious adventure where you'll not only bake but also decorate a wide array of cookies in various shapes and sizes. All supplies and ingredients provided. Students will be given an apron to keep on the first day of camp.

\$215.00 ID \$258.00 OD

Activity: [206775](#) - Opens Mar. 18

**M-Th:** 9:00 am - 12:00 pm

Session: 8/19 - 22

## With A Child: Cooking & Baking

### With A Child: Snack-cuterie

**Ages:** 7 - 15 with Adult

**Larkspur Community Center**

How about a kids' snack board based on a charcuterie design and filled with healthy snacks kids love? It's a total win for an afterschool bite, a weekend lunch or more! Kids will learn to create their unique snack board with a variety of items like cheeses, crackers, fruits, veggies, caprese kebobs, protein nut balls and other healthy treats. Bring your best vegetable knife, apron, a small cutting board and to-go containers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$74.00 ID \$88.80 OD

Activity: [202253](#) - Opens March 18

**Th:** 5:00 - 7:30 pm

Session: 6/20

### With A Child: Monkey Bread NEW

**Ages:** 7 - 12 with Adult

**Larkspur Community Center**

Grab your apron and join us in the kitchen to make fun and tasty Monkey Bread. Together you will bake a sweet version of this popular, fun-to-eat bread while learning several variations to try at home with your family. Bring an apron and to-go containers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [202262](#) - Opens March 18

**Th:** 5:00 - 7:00 pm

Session: 6/27

### With A Child: Fun Summer Salads

**Ages:** 6 - 12 with Adult

**Larkspur Community Center**

Summer is a fantastic time to use all the produce available to Central Oregon. Pile on a variety of veggies and other ingredients and watch kids create their own mouth-watering salads and easy dressings from scratch. We will be using a variety of proteins, whole grains, legumes, nuts, seeds and tofu to enrich these delicious salads that satisfy. Please bring an apron and to-go containers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$69.00 ID \$82.80 OD

Activity: [202237](#) - Opens March 18

**Th:** 5:00 - 7:00 pm

Session: 7/11



### With A Child: Hand Pie Perfection

**Ages:** 8 - 12 with Adult

**Larkspur Community Center**

Spend some quality time with your child and learn to make the perfect hand pie. We will learn the fundamentals of making pie crust dough as well as delicious fillings. You and your child will be on your way to hand pie perfection. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [202261](#) - Opens March 18

**Th:** 5:00 - 7:00 pm

Session: 7/18

### With A Child: Sushi Rolling Made Easy

**Ages:** 7 - 12 with Adult

**Larkspur Community Center**

Learn how to make a platter of norimaki sushi rolls - it is easy! We will roll a variety of rice, noodles, vegetables, vegetarian proteins and/or cooked and smoked seafood with condiments in nori, a Japanese seaweed wrap. You will also learn to make cones, California rolls, miso soup from scratch and wakame cucumber sesame salad. Once you get the knack of it, you can throw your own sushi rolling party! Bring a cutting board, large sharp knife, small container for your sushi and an apron. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$69.00 ID \$82.80 OD

Activity: [202241](#) - Opens March 18

**Th:** 5:00 - 7:00 pm

Session: 8/8

**Sa:** 1:00 - 3:30 pm

Session: 8/10

### With A Child: Breakfast Head Start

**Ages:** 7 - 12 with Adult

**Larkspur Community Center**

These healthy breakfasts will give you a head start in the morning and kids will love getting up and making them for everyone! We will make stuffed French toast with strawberry syrup, egg muffins with sausage and hash browns, eggs in a nest, and bacon and broccoli quiche. Bring an apron and to-go containers. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$74.00 ID \$88.80 OD

Activity: [202256](#) - Opens March 18

**Th:** 5:00 - 7:30 pm

Session: 8/15



### With A Child: Let's Make Pizza

**Ages:** 7 - 12 with Adult

**Larkspur Community Center**

Grab your buddy and let's make pizza together! We'll start from the bottom up to create your very own personal pizza. Your artisan bread-baking instructor will walk you through each step, from perfect pizza dough to the finishing touches. Learn the dough basics from thick to thin crusts and achieving that authentic flavor. Bring an apron, rolling pin, pizza pan or cookie sheet, to-go containers and your appetite! Note: This is not a gluten- or dairy-free class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [202258](#) - Opens March 18

**Sa:** 1:00 - 3:00 pm

Session: 8/17

## Dance & Movement

### Wild Wellness Camp NEW

**Ages:** 5 - 9

#### Alpenglow Park

Campers will enjoy four hours of structured outdoor activity during long summer days. Aimed to ignite creativity, encourage discovery and inspire healthy movement, each day will include physical education games, mindfulness, yoga and nature-based exploration and learning. Children must bring a snack, lunch and a water bottle.

\$216.00 ID \$259.20 OD

Activity: [206777](#) - Opens Mar. 18

**M-W:** 10:00 am - 2:00 pm

Session: 6/24 - 26 7/29 - 31

### Dance Party NEW

**Ages:** 5 - 8

#### Academie De Ballet

Let's party! In this high-energy, high-movement, camp-style class, your dancers will learn anything from ballet to hip hop dance. Each session begins with a fun warmup and moves on to full-on dancing. Next, add in a snack and small craft break then end with a mini performance. Your little one will be beaming with the joy of dancing!

\$174.00 ID \$208.80 OD

Activity: [206205](#) - Opens March 18

**M:** 3:30 - 5:30 pm

Session: 7/1 - 22 7/29 - 8/19



### Fantasy Ballet

**Ages:** 5 - 7

#### Academie De Ballet

A delightful start to ballet! Together we'll develop fundamentals of classical dance and creative movement in a lively environment. Leap over imaginary streams, fly over snow-capped mountain and land lightly on a flower petal in this fun ballet series. Dress code is required; contact studio for more information. Learn more at [abc Bend.com/dress-code-etoiles-brilliantes/](http://abc Bend.com/dress-code-etoiles-brilliantes/)

\$80.00 ID \$96.00 OD

Activity: [206570](#) - Opens Mar. 18

**Tu:** 3:30 - 4:15 pm

Session: 7/2 - 23 7/30 - 8/20

### Come Dance With Me

**Ages:** 3 - 4

#### Academie De Ballet

Little budding ballet dancers leap with stronger legs and arms each lesson and their confidence rises as they explore freedom of movement. Learn jumps, leaps and feet movement in an imaginary setting. Dress code is required; contact studio for more information. Learn more at [abc Bend.com/dress-code-etoiles-brilliantes/](http://abc Bend.com/dress-code-etoiles-brilliantes/)

\$80.00 ID \$96.00 OD

Activity: [206573](#) - Opens Mar. 18

**W:** 3:45 - 4:30 pm

Session: 7/3 - 24 7/31 - 8/21

### Supercalifragilistic-expialidocious Dance Camp NEW

**Ages:** 4 - 7

#### Academie De Ballet

Come on everybody, step in time! Dancers will enjoy a supercalifragilistic-expialidocious adventure inspired by PL Travers famous Mary Poppins. Your dancer will explore a variety of dance genres from ballet to hip-hop, make crafts and learn a song and dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$249.00 ID \$298.80 OD

Activity: [206577](#) - Opens Mar. 18

**M-F:** 9:30 am - 12:00 pm

Session: 7/8 - 12

### Happy Habits Fun & Fitness Class NEW

**Ages:** 2 - 9

#### Alpenglow Park

Our classes keep kids active for a purposeful 60 minutes. We kick things off with a 10-minute warm-up, followed by 25 minutes of activities that boost motor skills, coordination and strength followed up with breath work and positive mindfulness exercise. We wrap up each session with a nutritious snack and social fun.

\$135.00 ID \$162.00 OD

Activity: [206562](#) - Opens Mar. 18

**Ages:** 2 - 5

**Th:** 9:30 - 10:30 am

Session: 7/11 - 8/1 8/8 - 29

**Sa:** 10:00 - 11:00 am

Session: 7/13 - 8/3 8/10 - 31

**Ages:** 5 - 9

**M:** 3:00 - 4:00 pm

Session: 7/8 - 29 8/5 - 26

### Martial Arts

in Youth Sports,  
on page 60.

### Nano-Ninja Classes

**Ages:** 4 - 5

#### Free Spirit Yoga + Ninja + Play

Strategically designed, Nano-Ninja Classes at Free Spirit aim to improve the essential components of your child's healthy development, such as refining balance, coordination and increasing strength. Our dedicated ninja coaches use positive encouragement to elevate children's self-confidence as they tackle diverse Ninja Warrior obstacle circuits. Team games provide valuable opportunities for your child to develop valuable socialization skills, fostering teamwork and strategic thinking while boosting their heart rate!

\$148.00 ID \$177.60 OD

Activity: [206172](#) - Opens Mar. 18

**M:** 4:30 - 5:20 pm

Session: 7/8 - 8/12

### Kids Yoga Summer Camp

**Ages:** 5 - 8

#### Free Spirit Yoga + Ninja + Play

In Kids Yoga Summer Camp at Free Spirit, young yogis will immerse themselves in learning fundamental yoga sequences, engaging yoga games, exploring partner poses, practicing mindfulness activities and finding tranquility through calming arts and crafts projects. Led by experienced children's yoga instructors, these specifically designed yoga sessions aim to enhance children's flexibility, build their strength and improve their balance and coordination. Camp also incorporates play time in the ninja gym and introduces lifelong skills in yoga and mindfulness practices providing children with tools to deepen their breath, manage emotions, enhance focus and ensure restful sleep. Perfect for siblings and friends, our camp offers a fun-focused journey of yoga practice fostering new friendships along the way!

\$179.00 ID \$214.80 OD

Activity: [206767](#) - Opens Mar. 18

**M-W:** 10:30 am - 1:30 pm

Session: 7/8 - 10

## Kids Ninja Warrior Classes

**Ages:** 6 - 9

### Free Spirit Yoga + Ninja + Play

Your child can unleash incredible ninja skills while mastering Ninja Warrior obstacle circuits infused with gymnastics, parkour, rock climbing, and fitness conditioning. Our expert ninja coaches focus on specific techniques for conquering the climbing wall, high rings, warped wall, fire pole, cargo net, tilted frame, devil's bridge, cheese wall, balance beam and more. Your child will boost their speed, strength, coordination and agility while enhancing their overall athleticism. At the end of each class, coaches crank up the cardio intensity through super-fun team games.

\$148.00 ID \$177.60 OD

Activity: [206173](#) - Opens Mar. 18

**Tu:** 4:30 - 5:30 pm

Session: 7/9 - 8/13

## Ninja Elite Classes

**Ages:** 9 - 13

### Free Spirit Yoga + Ninja + Play

In these high-energy classes, kids will not only master new conditioning techniques but also conquer larger parkour moves and take on dynamic climbing and gymnastics challenges. No matter your child's current skill level, all are welcome, as our expert ninja coaches provide modifications or progressions tailored to individual development. Kids will enhance their balance, refine coordination and boost their self-confidence all while having an absolute blast forming bonds with fellow ninjas.

\$148.00 ID \$177.60 OD

Activity: [206174](#) - Opens Mar. 18

**Th:** 4:30 - 5:30 pm

Session: 7/11 - 8/15

## Work for play!

View BPRD jobs available at [bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).

## Fairytale Dance Camp

NEW

**Ages:** 4 - 7

### Academie De Ballet

Join us for an enchanting story this summer! Your little one will be captivated by our magical Fairytale Dance Camp. Your dancer will explore a variety of dance genres, make crafts, and learn a dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high. For full-day camp, your dancer will stay after the dancing has finished to play, relax, craft and continue the magical story with supervised themed activities. Bring a healthy lunch.

Activity: [206513](#) - Opens Mar. 18

\$249.00 ID \$298.80 OD

**M-F:** 9:30 am - 12:00 pm

\$399.00 ID \$478.80 OD

**M-F:** 9:30 am - 3:00 pm

Session: 7/22 - 26

## Tween Yoga Summer Camp

**Ages:** 9 - 13

### Free Spirit Yoga + Ninja + Play

Tweens will practice yoga in a beautiful yoga studio and outdoors in the natural beauty of the Old Mill District and also play in the ninja gym. Yoga sequences and partner poses are thoughtfully planned to enhance their flexibility, strength, coordination and body awareness. Beyond the physical practice, camp includes journaling, breath-work and mindfulness activities and also arts and crafts projects to foster a sense of calm and mindful concentration. Tweens will be introduced to yoga which will help empower them to breathe deeply, navigate emotions, improve concentration and enhance positive thinking. Additionally, yoga aids young athletes by building strength and preventing injuries during sports activities.

\$249.00 ID \$298.80 OD

Activity: [206178](#) - Opens Mar. 18

**M-F:** 1:00 - 4:00 pm

Session: 7/29 - 8/2



## The Hip Hoppers Dance Camp

**Ages:** 5 - 8

### Academie De Ballet

Become a hip hopper by learning the hottest hip-hop dance trends from stage and screen. Our beginner-friendly hip-hop camp takes inspiration from the latest age-appropriate internet and TV dance crazes. Bring a healthy snack and a water bottle to keep your energy high.

\$249.00 ID \$298.80 OD

Activity: [206572](#) - Opens Mar. 18

**M-F:** 9:30 am - 12:00 pm

Session: 7/29 - 8/2

## Under the Sea Dance Camp

**Ages:** 4 - 7

### Academie De Ballet

Swim with the fishes and play with the mermaids and mermen this summer! Dancers will take a fantasy journey through the magical underwater kingdom with this dance camp. Your dancer will explore a variety of dance genres, make crafts and learn a dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$249.00 ID \$298.80 OD

Activity: [206203](#) - Opens Mar. 18

**M-F:** 9:30 am - 12:00 pm

Session: 8/5 - 9

## Adventure Island Dance Camp

NEW

**Ages:** 4 - 7

### Academie De Ballet

Land ahoy dancers! We have a treasure trove of adventures in store for mermaids, pirates and more. Dancers will explore a variety of dance genres, make a bounty of crafts and learn a themed dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$249.00 ID \$298.80 OD

Activity: [206204](#) - Opens Mar. 18

**M-F:** 9:30 am - 12:00 pm

Session: 8/19 - 23

## Nano-Ninja Summer Camp

**Ages:** 4 - 6

### Free Spirit Yoga + Ninja + Play

Enroll your little ones for a fun-filled Nano-Ninja Summer Camp experience! They'll have a blast climbing, performing gymnastics movements, parkour tumbling and building new friendships. Our dedicated ninja coaches, well-versed in fostering fun and learning, will guide kids through dynamic team games and daily Ninja Warrior challenges. The camp fosters a positive group experience where children will stay active as they develop coordination, climbing, jumping and agility skills. Kids must be fully restroom independent.

\$249.00 ID \$298.80 OD

Activity: [206175](#) - Opens Mar. 18

**M-F:** 9:00 am - 12:00 pm

Session: 8/19 - 23

## Look for With A Child classes:

Art, page 14 - 17.

Cooking, page 10 - 11.



### Kids Ninja Warrior Summer Camp

**Ages:** 6 - 10

#### Free Spirit Yoga + Ninja + Play

Connect with fellow ninja enthusiasts, hone essential movement skills, and have an unforgettable summer camp experience! Led by seasoned ninja coaches, kids will enhance their coordination, build strength, get faster and more agile and improve climbing skills. Daily sessions feature engaging Ninja Warrior circuits, purposeful fitness routines and skill-building activities that foster a positive, team approach to the sport of ninja. But it's not all about the challenges; from spirited team games to the exhilaration of cheering each other on during timed races, every moment is filled with excitement.

\$249.00 ID \$298.80 OD

Activity: [206176](#) - Opens Mar. 18

**M-F:** 1:00 - 4:00 pm

Session: 8/19 - 23

### Ninja Elite Summer Camp

**Ages:** 9 - 13

#### Free Spirit Yoga + Ninja + Play

This is a high-energy sports camp specifically crafted with thrilling Ninja Warrior obstacle-based circuits and upbeat team-games. The program utilizes every obstacle and equipment in the ninja gym to provide a fast-paced and challenging experience. Kids will not only learn innovative fitness conditioning techniques but also master impressive parkour moves, dynamic climbing challenges and gymnastics movements that will push their boundaries and ignite their inner ninja spirit. Expert coaches will tailor the experience for each child, offering modifications or progressions based on individual skill development. Kids will emerge from camp with a stronger body, improved balance, enhanced coordination, and boosted self-confidence. Beyond the physical benefits, they'll forge new friendships in this fun and supportive summer camp environment.

\$249.00 ID \$298.80 OD

Activity: [206177](#) - Opens Mar. 18

**M-F:** 1:00 - 4:00 pm

Session: 8/26 - 30

## Games

### Chess Wizards

**Ages:** 6 - 12

#### Cascade Middle School

Join us this summer for fun and challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends and work out your most powerful muscle - your brain! Our camps include fun team chess games like bughouse, recess time, snacks, tournaments and puzzles. Each camper receives a Chess Wizards t-shirt, trophy and puzzle folder. Unleash your brain power and spend some of your summer break with Chess Wizards!

Activity: [206240](#) - Opens Mar. 18

\$509.00 ID \$610.80 OD

**M-F:** 9:00 am - 3:00 pm

Session: 6/24 - 28 7/8 - 12  
7/22 - 26 8/5 - 9  
8/19 - 23

\$355.00 ID \$426.00 OD

**M-F:** 9:00 am - 12:00 pm  
- OR -

**M-F:** 12:00 - 3:00 pm

Session: 6/24 - 28 7/8 - 12  
7/22 - 26 8/5 - 9  
8/19 - 23



## Learning

### Page to Stage Camp

**Ages:** 8 - 12

#### Cascade Middle School

In this dynamic, high-energy class, we will explore short stories, book excerpts and poetry through the context of theater and performance. While most reading happens in silence, solitude and stillness, this class will bring reading into the realm of voices, collaboration and movement. Studies show that when we study language through body movement and performance, we internalize ideas in a more concrete way. For those who love words and storytelling and the joy of bringing them to life, this is the course for you! You don't need any theater experience, just a willingness to put yourself out there in a safe, supportive environment with no judgment. Instructor: Claire Brislin.

\$150.00 ID \$180.00 OD

Activity: [206111](#) - Opens Mar. 18

**M-F:** 9:00 am - 12:00 pm

Session: 7/15 - 19

### Spanish Language Camp NEW

**Ages:** 5 - 12

#### Happy Stars

Study the Spanish language with a native speaker from Madrid, Spain. This camp will introduce children to basic Spanish language and culture with an emphasis in conversation and language retention, while exposing them to fun themes such as music, dance, cooking and arts.

\$180.00 ID \$216.00 OD

Activity: [206360](#) - Opens Mar. 18

**M-Th:** 9:00 am - 12:00 pm

Session: 7/22 - 25 8/19 - 22

## Story Camp

**Ages:** 8 - 12

**Cascade Middle School**

Do you love reading or writing stories? Let your imagination take flight in this dynamic story camp. Through games, art, puppets, theater, reading and writing, we will explore the incredible world of storytelling while also having a whole lot of fun! Learn to create fantastic, interesting characters, design the perfect story setting and figure out how to craft an exciting plot that creates conflict and offers satisfying resolution. Beyond just writing, expect to be creating and collaborating with your peers in a supportive environment. Instructor: Claire Brislin.

\$150.00 ID \$180.00 OD

Activity: [206110](#) - Opens Mar. 18

**M-F:** 9:00 am - 12:00 pm

Session: 7/22 - 26

## Nature Writing Camp NEW

**Ages:** 7 - 11

**Cascade Middle School**

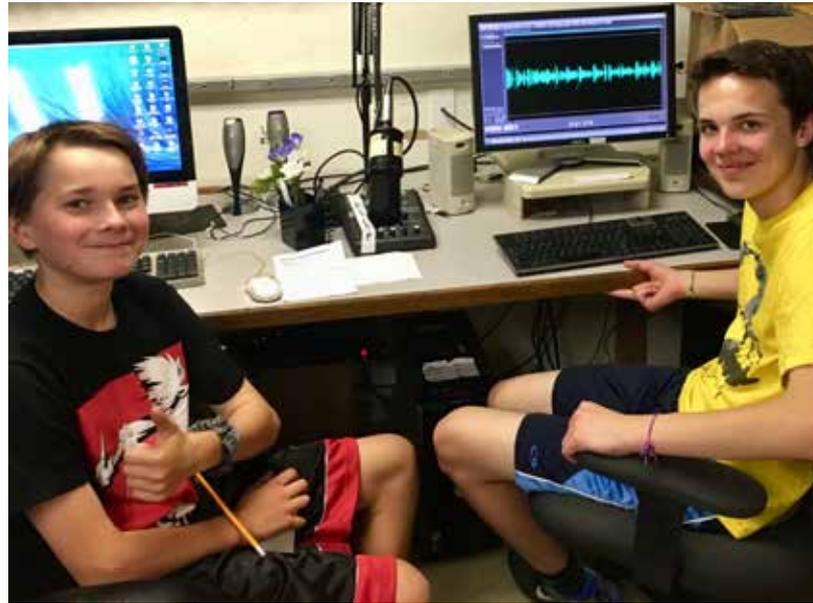
The great outdoors has inspired poets, writers and storytellers since time began! In this fun, interactive writing camp, we will use nature as our inspiration for writing poems, stories and short plays. We will read excerpts from great nature writers, play storytelling games and explore the natural world around us to find seeds of ideas for our own creative projects. Instructor: Claire Brislin.

\$150.00 ID \$180.00 OD

Activity: [206112](#) - Opens Mar. 18

**M-F:** 9:00 am - 12:00 pm

Session: 7/29 - 8/2



## The Power of Poetry

**Ages:** 7 - 11

**Cascade Middle School**

Calling all poets and lovers of words! In this writing class, we will learn about the wonderful world of poetry, exploring a wide range of different types of poems from haikus and limericks, to rhyming poems, acrostic poems, nature poems, call and response poems, and more. Through word games and interactive exercises, we will read, write and move our bodies through exploration of sound and rhythm. At the end of the week, each poet will go home with a handmade and decorated book of original poems. Instructor: Claire Brislin.

\$150.00 ID \$180.00 OD

Activity: [206113](#) - Opens Mar. 18

**M-F:** 9:00 am - 3:00 pm

Session: 8/12 - 16

## Music, Theater & Voice

### CoCreated Drama Camp NEW

**Ages:** 5 - 12

**Caldera High School**

This drama camp will provide a creative outlet for your child to learn to act out some of the greatest books of all time. Each session is stand-alone and will conclude with a short performance in Alpenglow Park for the final 30 minutes of the Friday class. Instructor: Jana Mohr.

\$160.00 ID \$192.00 OD

Activity: [206108](#) - Opens Mar. 18

**Ages:** 7 - 12

**M-F:** 9:00 am - 12:00 pm

Session: 6/24 - 28 - Jungle Book

**M-F:** 1:00 - 4:00 pm

Session: 6/24 - 28 - Treasure Island  
8/12 - 16 - Jungle Book

**Ages:** 5 - 6

**M-F:** 9:00 am - 12:00 pm

Session: 8/12 - 16 -

Storybook Theater



## STEM: Animation, Design, Audio & Video

### KPOV Radio Camp

**Ages:** 10-14

**KPOV Radio**

Learn how to be a DJ, interview a friend, tell a story with sound effects, music and humor and talk live on the air. The show produced will be broadcast on KPOV 88.9 and you'll get a copy to take home!

\$105.00 ID \$126.00 OD

Activity: [206650](#)

**M-F:** 9:00 am - 12:00 pm

Session: 6/24 - 28 7/8 - 12  
7/29 - 8/2

### Stop Motion Animation Filmmaking

**Ages:** 7 - 14

**Samara Learning Center**

Combining computer technology with a variety of materials such as LEGOs®, clay, paint, hot glue and green screens, filmmakers will construct miniature sets, characters, stories and vignettes reflective of their imaginations. From brainstorming to the final edit, students will be taught stop-motion animation techniques and story-telling strategies necessary to produce original, short, animated movies. Emphasis will be put on the step-by-step creative process as practiced in professional creative fields.

\$285.00 ID \$342.00 OD

Activity: [206771](#) - Opens Mar. 18

**M-Th:** 9:00 am - 12:00 pm

Session: 7/8 - 11 8/5 - 8

## Intro to Graphic Design

**Ages:** 10 - 17

**Samara Learning Center**

Welcome to the ultimate summer camp for aspiring graphic designers! Dive into the world of graphic design with hands-on sessions using cutting-edge design applications on individual iPads. Learn digital design fundamentals, including layout, typography and image manipulation. Dream big and conceptualize your own fictional or real company. Develop a brand identity, mission and vision for your company as a foundation for your design projects. All technology is included.

\$240.00 ID \$288.00 OD

Activity: [206770](#) - Opens Mar. 18

**M-F:** 9:00 am - 12:00 pm

Session: 6/24 - 27 8/12 - 15

## Intro to 3D Printing

**Ages:** 9 - 17

**DIYcave**

Are you curious about exactly how something gets from an idea to a real-world object? This class will cover everything from how a 3D printer works to creating and printing out custom designs. You will be directed to the proper software to add to your own computer for future self-learning too. Beginners and intermediate beginners including repeat participants are welcome and will progress in skill level. All materials and tools included.

\$119.00 ID \$142.80 OD

Activity: [206153](#) - Opens Mar. 18

**W:** 3:30 - 6:30 pm

Session: 7/3 7/17  
8/7 8/21  
9/4

## Digital Animation by Youth Tech

**Ages:** 9 - 17

**Jewell Elementary**

In this class, students will learn the basics of animation and digital design. Students who enjoy going to various websites to see fun, interactive animations will love this course. This class will utilize award-winning animation software and students will create fun, interactive animations that they can share with the world. Instructor: Youth Tech Staff.

\$160.00 ID \$192.00 OD

Activity: [206666](#) - Opens Mar. 18

**M-Th:** 9:00 - 11:00 am

Session: 7/8 - 11

## Intermediate 3D Printing

**Ages:** 10 - 17

**DIYcave**

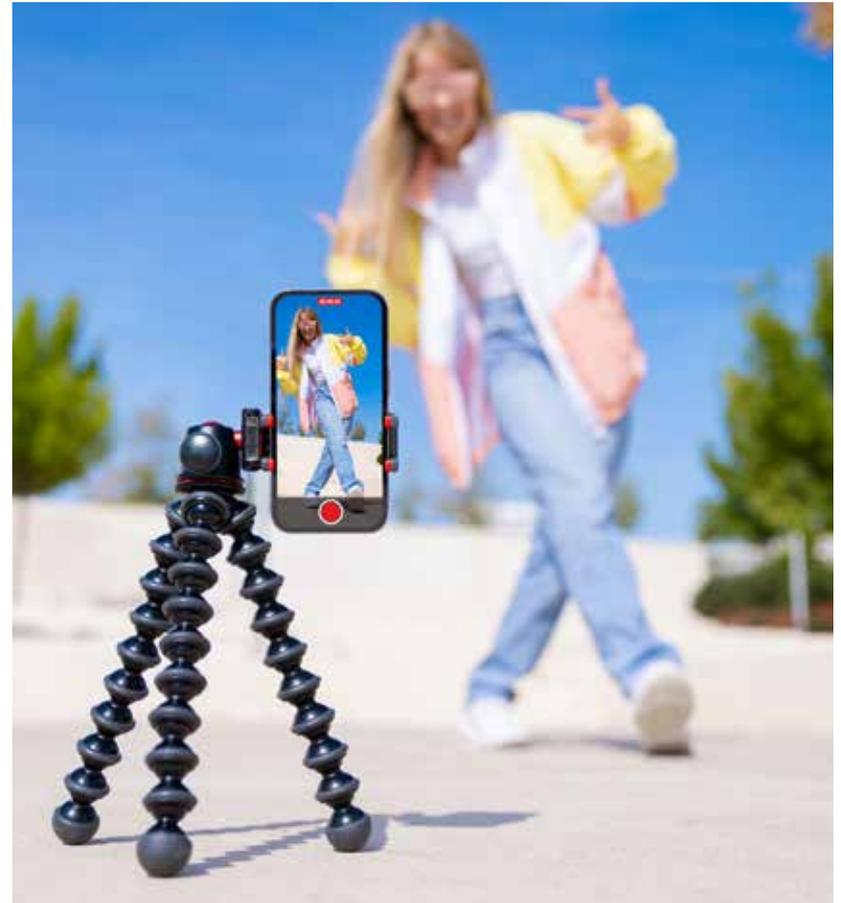
Are you ready to advance yourself and become a more independent 3D printer? Join this class to learn how to measure and interact with real-world objects, design precisely and express creatively with your own piece of tiled art. You'll delve deeper into the slicer and 3D design and become more capable of hands-on 3D printer usage. After taking this class successfully, you will be certified to use the 3D printer at DIYcave on your own. Repeat participants are welcome and will progress in skill level. All materials and tools are included. Prerequisite: Attendance to two or more sessions of Intro to 3D Printing class.

\$119.00 ID \$142.80 OD

Activity: [206156](#) - Opens Mar. 18

**Su:** 1:00 - 4:00 pm

Session: 7/14 8/11



## Moviemakers by Youth Tech

**Ages:** 9 - 15

**Jewell Elementary**

This hands-on, interactive course will instruct students on the world of digital video design and production. Students will film, direct and edit their own digital video creations. Students enrolled in this course will amaze their peers with green screen and special effects work. Instructor: Youth Tech Staff

\$155.00 ID \$186.00 OD

Activity: [206671](#) - Opens Mar. 18

**M-Th:** 9:00 - 11:00 am

Session: 7/15 - 18

## Graphic Design by Youth Tech

**Ages:** 9 - 17

**Jewell Elementary**

This session will cover the basics of digital imaging and key concepts in the world of graphic design. Students enrolled in this course will take photos and learn how to manipulate images using powerful image-editing software to create an image that they envision. This is a great course for students with a big imagination. Instructor: Youth Tech Staff.

\$160.00 ID \$192.00 OD

Activity: [206668](#) - Opens Mar. 18

**M-F:** 11:30 am - 2:00 pm

Session: 7/15 - 18

## Stop Animation LEGO® Builder's Battle Club

NEW

Ages: 7 - 13

### Samara Learning Center

Welcome to the Stop Animation LEGO® Builder's Battle Club, where imagination knows no bounds! Dive into a world of endless possibilities where you construct elaborate environments with a vast array of LEGO®s provided. Learn the art of stop-motion animation using provided iPads. Bring your creations to life by animating epic battles and stories. Collaborate with fellow builders and animators. Form alliances, strategize and create masterpieces together. The grand finale awaits as you showcase your animated battles and compete for awards in various categories. We provide all the LEGO®, iPads, and technology needed. Just bring your passion for creativity and we'll handle the rest.

\$260.00 ID \$312.00 OD

Activity: [206772](#) - Opens Mar. 18

**M-F: 9:00 am - 12:00 pm**

Session: 7/15 - 18

## BendFilm Summer Filmmaking Camp

Ages: 10 - 15

### Pilot Butte Middle School

Discover the filmmaker inside of you! Work with creative and fun-focused staff and other enthusiastic young filmmakers to create a short film. Your movie will even be shown on the big screen at downtown Bend's Tin Pan Theater on the last day of camp. Throughout camp, we'll use today's easy-to-use yet powerful filmmaking tools including iPads, drones, GoPros and microphones while we learn how to develop a strong story, write a script, complete a storyboard and edit to make a short film you'll be proud to show.

\$420.00 ID \$504.00 OD

Activity: [206683](#) - Opens Mar. 18

**M-F: 9:00 am - 3:00 pm**

Session: 7/22 - 26 7/29 - 8/2

## Web & App Design by Youth Tech

Ages: 9 - 17

### Jewell Elementary

This class offers students a hands-on look at the world of app and web design. This interactive course will instruct students about the world of design and development of websites and applications. Students will design their own website and app that they can share with their friends and family. Instructor: Youth Tech Staff

\$160.00 ID \$192.00 OD

Activity: [206697](#) - Opens Mar. 18

**M-Th: 11:30 am - 2:00 pm**

Session: 7/29 - 8/1

## STEM: Aviation & Space

### Space Exploration Camp

NEW

Ages: 5 - 12

### Happy Stars

5-4-3-2-1, blast off! This fun-focused space science camp is taught by an aerospace engineer whose sons were raised here in Bend and are currently moving toward PhD degrees in Aerospace Engineering by working for the National Aeronautics and Space Administration, better known as NASA. By following NASA directives and utilizing NASA resources, children will have plenty of fun while learning about and developing a love for space exploration.

\$180.00 ID \$216.00 OD

Activity: [206362](#) - Opens Mar. 18

**M-Th: 9:00 am - 12:00 pm**

Session: 7/8 - 11 8/5 - 8



## FunWorks Intro to Art of Flight

Ages: 5 - 6

### Miller Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each camper builds, modifies, decorates and takes home all projects. Paper airplanes, glider airplanes and a water rocket are just a few of the exciting projects built during camp. All aircraft are customized with stickers by campers.

\$240.00 ID \$288.00 OD

Activity: [206143](#) - Opens Mar. 18

**M-F: 9:00 am - 12:00 pm**

Session: 7/8 - 12 7/22 - 26  
8/12 - 16 8/26 - 30

## FunWorks Art of Flight

Ages: 7 - 12

### Miller Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each camper builds, modifies, decorates and takes home all projects. Motorized paper airplanes, glider airplanes and a solid fuel rocket are just a few of the exciting projects built during camp. All aircraft are customized with stickers by campers.

\$240.00 ID \$288.00 OD

Activity: [206142](#) - Opens Mar. 18

**M-F: 1:00 - 4:00 pm**

Session: 7/8 - 12 7/22 - 26  
8/26 - 30 8/12 - 8/16



## Wanted! Teen Volunteers

Ages: 12 & up

Volunteer with BPRD's youth recreation programs to make a difference for great kids, learn some things for yourself and maybe even make it your best summer ever!

Here's some of the fun that you can help with:

- Junior Lifeguard & Swim Instructor Aide programs (see page 74)
- Summer Buddies Preschool
- Cougar Camp
- Day camp programs for children with disabilities
- Art and cooking camps
- Kids Triathlon

To find out more and sign up, visit [register.bendparksandrec.org](http://register.bendparksandrec.org) and scroll down for the list of "Volunteer Opportunities."

For information, contact Kim at [kim@bendparksandrec.org](mailto:kim@bendparksandrec.org).

## STEM: Coding, Gaming & Programming

### Code Studio by Youth Tech

**Ages:** 6 - 12

**Jewell Elementary**

This course offers young students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This course makes learning to code fun and explores problem-solving and programming logic. Students will have access to their accounts outside of class so the learning does not end at the door. Note: Students need to be able to read prior to taking this course. Instructor: Youth Tech Staff.

\$140.00 ID \$168.00 OD

Activity: [206686](#) - Opens Mar. 18

**M-Th:** 9:00 - 11:00 am

Session: 6/24 - 27

### iGame Creators by Youth Tech

**Ages:** 6 - 9

**Jewell Elementary**

Want to create video games? This is an introductory course for younger students who want to learn how to build simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games. Instructor: Youth Tech Staff.

\$140.00 ID \$168.00 OD

Activity: [206663](#) - Opens Mar. 18

**M-Th:** 12:00 - 2:00 pm

Session: 6/24 - 27



### Gaming & Coding by Youth Tech

**Ages:** 6 - 12

**Jewell Elementary**

This course combines two valuable experiences for students: gaming and coding. Students spend the morning taking an interactive look at coding and building virtual apps to share with friends. In the afternoon, students build simple video games combining the art of video game design and animation to create interactive characters that fly around the screen. Students are encouraged to bring a sack lunch. Students should be able to read prior to taking this course. Instructor: Youth Tech Staff.

\$280.00 ID \$336.00 OD

Activity: [206664](#) - Opens Mar. 18

**M-Th:** 9:00 am - 2:00 pm

Session: 6/24 - 27

### Coding Camp by Sylvan Learning Center

**Ages:** 8 - 12

**Sylvan Learning Center Northwest Crossing**

Investigate software engineering skills in this new coding camp. Students learn to create their own programs including games and interactive stories and also how to apply basic coding to solve problems. This course introduces students to life-long skills including logic, problem-solving, collaboration, advanced coding skills and, of course, fun!

\$245.00 ID \$294.00 OD

Activity: [206651](#) - Opens Mar. 18

**M-Th:** 1:00 - 4:00 pm

Session: 7/15 - 18 8/12 - 15

### Video Game Design by Youth Tech

**Ages:** 9 - 17

**Jewell Elementary**

This course provides students with a fun, interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family. Instructor: Youth Tech Staff.

\$175.00 ID \$210.00 OD

Activity: [206667](#) - Opens Mar. 18

**M-Th:** 11:30 am - 2:00 pm

Session: 7/8 - 11

**M-Th:** 9:00 - 11:30 am

Session: 7/22 - 25

### The Gaming Academy by Youth Tech

**Ages:** 9 - 17

**Jewell Elementary**

The Gaming Academy is day camp for students who love games. During this camp, students will be immersed into the world of 2D and 3D game design. A combination of our Video Game Design, Advanced Game Design and Roblox 3D Game Design courses, the Gaming Academy offers students a variety of hands-on experiences designing and building their very own games. Students should bring a sack lunch and water bottle. Instructor: Youth Tech Staff.

\$305.00 ID \$366.00 OD

Activity: [206672](#) - Opens Mar. 18

**M-Th:** 9:00 am - 2:00 pm

Session: 7/22 - 25



## Roblox Studio- Programming & Game Development by Youth Tech

**Ages:** 9 - 15

### Jewell Elementary

Calling all Roblox users! Join in with millions of gamers and immerse yourself in your own 3D world! Roblox Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar - unlike any other software. This course will guide students through concepts such as beginner physics, LUA programming, and game development. Student in this course will build and publish their game to share with friends and family!

\$165.00 ID \$198.00 OD

Activity: [206665](#) - Opens Mar. 18

**M-Th:** 12:00 - 2:00 pm

Session: 7/22 - 25

\$175.00 ID \$210.00 OD

Activity: [206665](#) - Opens Mar. 18

**M-Th:** 11:30 am - 2:00 pm

Session: 8/5 - 8

## Gamers Paradise by Youth Tech

**Ages:** 6 - 13

### Jewell Elementary

This class offers students a look at multiple areas of game design. From mobile game development to stand-alone games, this class covers all the gaming topics you want to know. Students will create multiple games that they can share with friends and family. Instructor: Youth Tech Staff.

\$140.00 ID \$168.00 OD

Activity: [206678](#) - Opens Mar. 18

**M-Th:** 9:00 - 11:00 am

Session: 7/29 - 8/1



## Arcade Games - eSports by Youth Tech

**Ages:** 6 - 12

### Jewell Elementary

This class gives students a look at online game development and puts them in the driver's seat of simple game creation. Students in this course will develop online games including arcade style, platform and other interactive games that they can publish and share online. Students will also use their games in an eSport setting and compete like real gamers.

\$140.00 ID \$168.00 OD

Activity: [206670](#) - Opens Mar. 18

**M-Th:** 9:00 - 11:00 am

Session: 8/5 - 8

## STEM: Engineering

### LEGO® Robotics With SPIKE App

**Ages:** 10 - 17

#### DIYcave

In this intro workshop you will build and program robots using LEGO's® educational SPIKE app kits. By workshop's end, students will have a solid foundation in LEGO robotics and be able to create, modify and control their own robotic creations. These workshops are a great first dive before DIYcave's series of robotics and 3D printing classes. Computers and robots will be provided for workshop's duration. No prior robotics or programming experience required. Basic familiarity with computers and technology is beneficial. Be prepared to engage in hands-on activities and work closely with fellow participants to explore the exciting world of LEGO® robotics! Repeat participants are welcome and will progress in skill level. All materials included.

\$79.00 ID \$94.80 OD

Activity: [206159](#) - Opens Mar. 18

**W:** 4:00 - 5:30 pm

Session:	6/19	7/10
	7/24	8/14
	8/28	





### Robotics Camp by Sylvan Learning Center

**Ages:** 6 - 11

**Sylvan Learning Center  
Northwest Crossing**

Explore the amazing world of robotics by building and programming robots using Lego's® latest technology. Students use creativity and problem-solving skills while building innovative robots that come to life during these summer camps.

\$245.00 ID \$294.00 OD

Activity: [206657](#) - Opens Mar. 18

**M-Th: 1:00 - 4:00 pm**

Session: 6/24 - 27 7/8 - 11  
7/22 - 25 8/5 - 8

### FunWorks Engineering/STEM With LEGO®

**Ages:** 7 - 12

**Miller Elementary**

Children are introduced to engineering concepts and develop their understanding of STEM relating to every project built. Students typically build two projects per day and modify the mechanics as well as have competitions. Projects use motorized LEGO® and could include a belt-drive motorcycle or a gear drive-car and the week ends with an epic monorail/battle. Fun Works is locally-owned and operated.

\$200.00 ID \$240.00 OD

Activity: [206674](#) - Opens Mar. 18

**M-F: 1:00 - 4:00 pm**

Session: 6/24 - 28 7/15 - 19  
8/5 - 9 8/19 - 23

### FunWorks Intro to Engineering/STEAM With LEGO®

**Ages:** 5 - 6

**Miller Elementary**

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized LEGO®. Every project is built step-by-step by students with no one left behind. All projects may be modified and decorated while playing. Add wings, jets and a mini figure and create a flying jet car. Imagination has no barriers. A gear-drive electric vehicle, a belt-drive motorcycle, a monorail and a tank are just a few of the fun, exciting, educational projects built at camp.

\$200.00 ID \$240.00 OD

Activity: [206660](#) - Opens Mar. 18

**M-F: 9:00 am - 12:00 pm**

Session: 6/24 - 28 7/15 - 19  
8/5 - 9 8/19 - 23

### STEM Exploration Camp

**NEW**

**Ages:** 5 - 12

**Happy Stars**

This camp will help develop children's skills and interest of science and engineering with practical age-related learning projects and fun games that will keep all engaged and motivated while strengthening their leadership and team-building skills.

\$180.00 ID \$216.00 OD

Activity: [206363](#) - Opens Mar. 18

**M-Th: 9:00 am - 12:00 pm**

Session: 7/15 - 18 8/12 - 15



### STEM: Mathematics

#### Mathematics **NEW** Advantage Camp

**Ages:** 5 - 12

**Happy Stars**

This camp aims to strengthen the mathematics skills for the upcoming school year while covering the gaps that may have been missed in previous years which are preventing the enjoyment and success of the subject. All this activity and learning takes place in a fun environment which will help children develop a love for math and increase their overall analytical skills.

\$180.00 ID \$216.00 OD

Activity: [206361](#) - Opens Mar. 18

**M-Th: 9:00 am - 12:00 pm**

Session: 6/24 - 27 7/29 - 8/1  
8/26 - 29

## Plan for Fall: 2024-25 Afterschool Childcare

# KIDS INC

bend park & recreation district

Grades: K - 5

Located at your school!

For more information:  
Call (541) 389-7275.

Kids INC is an afterschool recreation and enrichment program designed to offer opportunities to build children's social, academic and physical skills through art, STEM and active play.

Participants are grouped by grade and will have the opportunity to grow and learn with their peers in age appropriate activities such as group games, outdoor play, art and STEM.

### Why KIDS INC?

**CONVENIENT:** Great program for working parents to meet your family's child care needs.

**NO TRANSPORTATION NEEDED:** Co-located program at school demonstrates close partnership between school district and park district to help children thrive.

**ACTIVE LIFESTYLE:** Games and play promote movement and fitness.

**SKILL BUILDING:** Creative, theme-based enrichment activities that challenge children and encourage problem solving.

**PROFESSIONAL STAFF:** Dedicated to the care and safety of your child. Staff engage and interact with participants while being positive role models and mentors. All staff are trained in youth development, CPR/first aid and receive background checks.



APPLY  
MAY 6 - 17  
FOR 2024-25  
SCHOOL  
YEAR



2024 - 25

**HOW TO APPLY:** The Kids INC application period for the 2024-2025 school year is May 6- May 17, 2024. A lottery is used to determine selection and waitlist status.

**SCHOOL SITES:** All Bend elementary schools except Amity Creek and Westside Village.

**HOURS:** Afterschool - 5:30 pm

**DAYS:** Full-time, Monday - Friday, and options are available for part-time, M/W or T/Th/F. Kids Inc is offered every day that school is in session.

**FEES:** \$265.00/month per child for full-time | \$135.00/month per child for part-time.

**BPRD SCHOLARSHIPS:** Available for qualifying families. Scholarship applications are available at [bendparksandrec.org/activities/scholarships/](https://bendparksandrec.org/activities/scholarships/)

**WAITLISTS & OPENINGS:** Available openings offered to people on waitlists. If you are interested in Kids INC after the application period, please sign up on the waitlist for your child's school.

**HOW TO APPLY & ENROLL:** Learn how to apply and enroll at [bendparksandrec.org/activities/childcare/#kidsinc](https://bendparksandrec.org/activities/childcare/#kidsinc)

**QUESTIONS? CONTACT OUR STAFF:** Shalee Hanks-Mink, Youth Recreation Supervisor, ph. 541-706-6195, email: [shalee@bendparksandrec.org](mailto:shalee@bendparksandrec.org).



LET'S  
GET ARTSY!  
.....  
**ART-RAGEOUS  
CAMP**  
.....  
PAGE 52

# display your play

creativity  
equals  
expression

Art allows each  
of us to play and  
express our unique  
thoughts and  
individuality.

"I don't say  
everything, but I  
paint everything."  
~ Pablo Picasso

## Clay & Pottery

### Fun With Clay

Ages: 6 - 12

#### Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand building skills and techniques, and glaze your pieces with bright colors. Instructor: Amanda Krammes.

\$99.00 ID \$118.80 OD

Activity: [211109](#) - Opens March 18

**M:** 6:00 - 8:00 pm

Session: 7/8 - 29 8/5 - 26

**W:** 3:30 - 5:30 pm

Session: 7/10 - 31 8/7 - 28



## Youth Wheel Throwing

Ages: 7 - 13

#### Harmon Park Clay Studio

All levels are welcome to learn how to throw pots on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one-on-one time with students to improve their skills. Instructor: Harmon Clay Studio Staff.

\$149.00 ID \$178.80 OD

Activity: [211202](#) - Opens March 18

**M:** 1:00 - 3:00 pm

- OR - 3:30 - 5:30 pm

Session: 6/17 - 7/15 (no class 7/1)  
7/22 - 8/12

**Tu:** 3:30 - 5:30 pm

Session: 6/18 - 7/16 (no class 7/2)  
7/23 - 8/13

**Th:** 3:30 - 5:30 pm

Session: 6/20 - 7/18 (no class 7/4)  
7/25 - 8/22

- OR - 6:00 - 8:00 pm

Session: 6/20 - 7/18 (no class 7/4)

## Do-It-Yourself

### Kids Welding

Ages: 10 - 17

#### DIYcave

In this hands-on class, kids will cut steel with a torch and weld those pieces back together. They'll learn some amazing skills and take their creations home. This can be a powerful experience and it won't soon be forgotten! Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$89.00 ID \$106.80 OD

Activity: [206145](#) - Opens March 18

**W:** 4:00 - 6:00 pm

Session: 7/3 8/7  
9/4

### Work for play!

View BPRD jobs available at  
[bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).



### Kids Woodworking

**Ages:** 11 - 17

**DIYcave**

In this two-day workshop, kids will have an outlet for their creativity and tackle design challenges using technical problem-solving skills and mathematics to design and craft something special. Kids will focus on design, measurement, and layout techniques while gaining experience with power tools such as the miter saw, drill press, palm and drum sanders, router and various hand tools. This is a wonderful program for young makers, introducing them to the joy of woodworking and the pride of creating something with their own hands. Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$229.00 ID \$274.80 OD

Activity: [206157](#) - Opens March 18

**Tu-W:** 4:00 - 6:00 pm

Session: 6/25 - 26 7/30 - 31  
8/27 - 28

### Teen Metal Shop Workshop

**Ages:** 13 - 18

**DIYcave**

This introductory course will guide students through the process of metal fabrication through creative exploration of the most commonly used tools in the metal shop. Students will learn to metal inert gas/ MIG weld, band saw and plasma cut, heat, form and shape with an oxy/ acetylene torch, and then apply that knowledge to create their own work of art. All materials included.

\$469.00 ID \$562.80 OD

Activity: [206150](#) - Opens March 18

**M-Th:** 9:00 am - 12:00 pm

Session: 7/8 - 11 8/19 - 22



### Sheet Metal Art

**Ages:** 10 - 17

**DIYcave**

Learn how to use a torch to cut creative forms from sheet metal. Hammer the artwork into shape and braze on a hook to display it. This class provides a great introduction to the world of metal art and sculpture. Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$99.00 ID \$118.80 OD

Activity: [206151](#) - Opens March 18

**W:** 4:00 - 6:00 pm

Session: 7/10 8/14

### Teen Wood Shop Workshop

**Ages:** 13 - 17

**DIYcave**

Cut, carve, sand, create and more in the wood shop! This fun, introductory course will give you a solid foundation in woodworking techniques. You'll learn best practices for many tools in the woodshop including both power tools and hand tools, construction techniques and finishing applications. Participants will use the table saw, jointer, planer, drill press, bandsaw, track saw, disk sander and much more. All materials and tools are included.

\$469.00 ID \$562.80 OD

Activity: [206161](#) - Opens March 18

**M-Th:** 12:00 - 3:00 pm

Session: 7/15 - 18 8/12 - 15



### Art Station moves into the future

After calling the historic train depot home for many years, the Art Station had to move and has been operating out of temporary spaces listed below for the past year.

Good news though! The BPRD Board of Directors has approved a new facility for the Art Station at Larkspur Park. Plans are underway for a 2026 opening. Keep your eyes open for updates.

### CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

### MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

### ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit [bendparksandrec.org/artstation](http://bendparksandrec.org/artstation) to learn more.



## Glass Arts

### Kids Intro to Mosaic

**Ages:** 9 - 17

#### DIYcave

Learn the basics of mosaic and create a one-of-a-kind piece of art to adorn your own home or to give as a gift. After learning how to use nippers to shape pieces of glass to fit a design of their choosing, students will adhere the pieces to a pre-cut base then grout and fix with a hook. Art will dry overnight and can be picked up the next day, ready to hang and show off. The primary material will be stained glass which will all be provided, but students are encouraged to bring other trinkets and treasures to incorporate into their projects like jewelry, stones, beads, etc. Including special items is what makes mosaic art unique. Repeat participants are welcome and will progress in skill level.

\$89.00 ID \$106.80 OD

Activity: [206158](#) - Opens March 18

**W:** 4:00 - 6:00 pm

Session: 7/17

**W:** 2:00 - 4:00 pm

Session: 8/14

### Work for play!

View BPRD jobs available at [bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).

## Multimedia

### FunWorks Intro to Art

**Ages:** 5 - 6

#### Miller Elementary

Students are introduced to a new project each day of class, with an emphasis on creativity and self-expression. Projects include drawing, painting, printmaking, sculpture and mixed media. Fun, learning and experimentation are priorities for the class. Students will bring home five projects during the week. Instructor: Izabel Crosby.

\$240.00 ID \$288.00 OD

Activity: [206661](#) - Opens March 18

**M-F:** 9:00 am - 12:00 pm

Session: 6/24 - 28 7/15 - 19  
8/5 - 9 8/19 - 23

## FunWorks Art

**Ages:** 7 - 12

#### Miller Elementary

Similar to the Intro class with more advanced projects and challenges, students are introduced to a new project each day of class with an emphasis on creativity and self-expression. Projects include drawing, painting, printmaking, sculpture and mixed media. Students will bring home five projects during the week. No experience required. Instructor: Izabel Crosby.

\$240.00 ID \$288.00 OD

Activity: [206662](#) - Opens March 18

**M-F:** 1:00 - 4:00 pm

Session: 6/24 - 28 7/15 - 19  
8/5 - 9 8/19 - 23



## Art-Rageous Camp

**Ages:** 6 - 11

#### Cascade Middle School

Explore! Inspire! Create! Discover your creative side with painting, pastels, drawing and mixed media. Come play in the studio - the possibilities are endless. For full-day enrollment, sign up for both am and pm sessions and care will be provided during 12:00 - 1:00 pm. Instructor: Art Station Staff.

\$140.00 ID \$168.00 OD

Activity: [211228](#) - Opens March 18

**M-Th:** 9:00 am - 12:00 pm

Session: 6/24 - 27 7/8 - 11  
7/15 - 18 7/22 - 25  
7/29 - 8/1 8/5 - 8  
8/12 - 15 8/19 - 22

**M-Th:** 1:00 - 4:00 pm

Session: 6/24 - 27 7/8 - 11  
7/15 - 18 7/22 - 25  
7/29 - 8/1 8/5 - 8  
8/12 - 15 8/19 - 22

### Kids Beaded Earrings

**Ages:** 9 - 17

#### DIYcave

In this two-hour workshop, students will learn to make two to three pairs of earrings using wire and glass/metal/stones. This is a wonderful project for young makers because it introduces them to the joy of jewelry-making and helps them create something tangible that they can be proud of. Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$89.00 ID \$106.80 OD

Activity: [206154](#) - Opens March 18

**W:** 4:00 - 6:00 pm

Session: 7/3 8/7  
9/4



## With A Child: Fun With Fused Glass

**Ages:** 6 - 12 with Adult  
**Larkspur Community Center**

Come enjoy an evening with your young artist and make a fused glass piece of art. Try your creativity in designing with different shapes and color pieces to make the most of your decor. All supplies included. The projects will be kiln-fired and available for pickup a week after class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD  
Activity: [202414](#) - Opens March 18  
**Sa:** 10:00 - 11:30 am  
Session: 6/22 - Dogs & Cats  
7/20 - At The Beach  
8/17 - Flowers

## With A Child: Paint Night

**Ages:** 6 - 11 with Adult  
**Larkspur Community Center**

Enjoy quality time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image that when placed together will turn into one masterpiece. The design is prepped prior and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$69.00 ID \$82.80 OD  
Activity: [202416](#) - Opens March 18  
**Th:** 5:30 - 7:30 pm  
Session: 6/27 - Summer Flowers  
7/18 - Frogs  
8/15 - Koala Bears

## With A Child: Arts & Crafts

### Art Play Group

**Ages:** 2 - 5 with Adult  
**Larkspur Community Center**  
Parents, grandparents, family, nannies and other adults get to connect with their child at this amazing art experience! Each session will have different activities that are play-based and will develop creative thinking, spark curiosity and inspire independence and experimentation. Come and make a mess with us. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$22.00 ID \$26.40 OD  
Activity: [211300](#) - Opens March 18  
**F:** 9:00 - 10:00 am  
**- OR -** 10:30 - 11:30 am  
Session: 6/21 7/26  
8/9 8/23

## With A Child: Fun With Clay

**Ages:** 5 - 15 with Adult  
**Harmon Park Clay Studio**  
Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$69.00 ID \$82.80 OD  
Activity: [211515](#) - Opens March 18  
**Sa:** 10:00 am - 12:00 pm  
**- OR -** 12:30 pm - 2:30 pm  
Session: 6/22 - Dragons  
6/29 - Mugs  
7/13 - Animals Bowls  
7/20 - Monsters  
7/27 - Garden Gnomes  
8/3 - Coil Bowls  
8/10 - Cool Cacti  
8/17 - Mythical Creatures  
8/24 - Bird Bowls

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.



## With A Child: The Art of Shared Journaling

**Ages:** 8 - 12 with Adult  
**Larkspur Community Center**  
Start a special journal for you and your child to trade thoughts and feelings in a fun and easy format. Come learn about the practice of conversation-style journal writing, get started on your first written exchange, and decorate a physical notebook together to make it your own special shared diary. Notebooks will be provided. Please bring any photos or mementos you may wish to decorate your notebook cover with. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Claire-Anne Wood.

\$59.00 ID \$70.80 OD  
Activity: [202285](#) - Opens March 18  
**Th:** 1:30 - 3:00 pm  
Session: 7/25



## Make adventure habit.

Follow a trail. Go boating. Camp under the stars. Observe animals in their habitat. Catch a fish. Play in a park. Explore Oregon's culture and history. Make this a summer of discovery and exploration. Be greater outdoors.

### Outdoor Camps

#### Adventure Camp

Ages: 10.5 - 14

##### The Pavilion

Let's go on an adventure! Enjoy a wide variety of adrenaline sports including whitewater rafting (class II rapids), rock climbing at Smith Rock State Park, mountain biking, canoeing and paddle boarding. Three of the days meet 8:30 a.m. - 4:30 p.m.; the rafting day meets 8:00 a.m. - 6:00 p.m. All transportation and equipment provided.

\$368.00 ID \$441.60 OD

Activity: [207500](#) - Opens March 18

**M-Th: 8:30 am - 4:30 pm**

Session: 6/24 - 27  
7/8 - 11  
7/15 - 18  
7/22 - 25  
7/29 - 8/1  
8/5 - 8  
8/12 - 15  
8/19 - 22  
8/26 - 29

#### Riley Ranch Nature Camp

Ages: 7.5 - 11

##### Riley Ranch Nature Reserve

Explore the great outdoors and nature at Riley Ranch Nature Reserve through art and adventure including crafts, hiking, nature based education, games and water play. Just five minutes from downtown, Riley Ranch is a natural wonderland filled with flora, fauna, geology and rich history. Discover your love of nature studies and all things outdoors! Campers will enjoy half-day morning or afternoon field trips most days. Drop off 8:30 - 8:45 a.m. and pick up 4:15 - 4:30 p.m. from Riley Ranch parking lot.

Activity: [207502](#) - Opens March 18

\$275.00 ID \$330.00 OD

**M-F: 8:30 am - 4:30 pm**

Session: 6/24 - 28

\$165.00 ID \$198.00 OD

**M-W: 8:30 am - 4:30 pm**

Session: 7/1 - 3

\$275.00 ID \$330.00 OD

**M-F: 8:30 am - 4:30 pm**

Session: 7/8 - 12 7/15 - 19  
7/22 - 26 7/29 - 8/2  
8/5 - 9 8/12 - 16

\$220.00 ID \$264.00 OD

**M-Th: 8:30 am - 4:30 pm**

Session: 8/19 - 22 8/26 - 29

#### Intro to Wilderness Survival

Ages: 6 - 8

##### Shevlin Park

Learn the basics of thriving in the wild! Campers learn confidence, take initiative, practice communication skills and good judgement through fun survival scenarios. Skills include shelter-building, cordage, navigation, knots, traps, primitive techniques and more. The week ends with an exciting final scenario and a certificate of achievement. No wilderness experience prerequisites needed. Bring appropriate clothing, snacks and lunch.

\$350.00 ID \$420.00 OD

Activity: [207511](#) - Opens March 18

**M-F: 9:00 am - 2:30 pm**

Session: 6/24 - 28 7/1 - 5  
7/22 - 26 7/29 - 8/2  
8/5 - 9 8/19 - 23  
8/26 - 30

### Work for play!

View BPRD jobs available at [bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).

## Intermediate Wilderness Survival

**Ages:** 8 - 12

**Sawyer Park**

Hone your survival skills and test yourself against survival scenarios. Skills include shelter-building, knife safety, tracking, foraging, teamwork, traps, orienteering, cordage and knot-tying and primitive techniques. You'll develop initiative, self-control and judgement skills while connecting with the natural world - and most of all, having fun! The week ends with an exciting final scenario and a certificate of achievement. No wilderness experience prerequisites needed. Bring appropriate clothing, snacks and lunch.

\$431.00 ID \$517.20 OD

**Activity:** [207512](#) - Opens March 18

**M-F:** 9:00 am - 4:00 pm

**Session:** 6/24 - 28 7/15 - 19  
8/26 - 30 8/5 - 9



## Advanced Wilderness Survival

**Ages:** 10 - 14

**Sawyer Park**

This camp goes in depth into critical survival skills using cool scenarios. Participants solve various skills challenges such as shelter-building, tool use, knife safety, traps, rope and knot-tying, plant uses, animal tracking, primitive skills, navigation and more. Campers take initiative and build self-control, confidence and communication skills while making new friends. The week ends with an exciting final scenario and a certificate of achievement. No wilderness experience prerequisites needed. Bring appropriate clothing, snacks and lunch.

\$400.00 ID \$480.00 OD

**Activity:** [207513](#) - Opens March 18

**M-F:** 9:00 am - 4:00 pm

**Session:** 7/1 - 5 8/5 - 9

## Cougar Camp

**Shevlin Park**

Discover your camp name and make new friends at Cougar Camp - Bend's renowned, traditional summer camp located in Shevlin Park! Our lively staff and the iconic camp setting encourages children to fall in love with the outdoors as they enjoy hiking, biking, swimming, rock climbing, archery, games, exploring nature and creating camp skits.

Days 1 and 2 run from 9:00 a.m. - 4:00 p.m.; Day 3 runs 9:00 a.m. - through the next day to 12:00 noon. On the third day of camp, the whole family can share in a barbecue potluck and camp activities at 6:00 p.m. Campers stay overnight in tipis following the barbecue.



### Cougar Camp 1

**Ages:** 7.5 - 10, entering Grades 3 - 4

\$306.00 ID \$367.20 OD

**Activity:** [207401](#) - Opens March 18

**M-T:** 9:00 am - 4:00 pm

**W:** 9:00 am - overnight

**Th:** Pick up at 12:00 pm

**Sessions:** 6/24 - 27 7/8 - 11  
7/29 - 8/1 8/12 - 15

### Cougar Camp 2

**Ages:** 9.5 - 12, entering Grades 5 - 6

\$306.00 ID \$367.20 OD

**Activity:** [207402](#) - Opens March 18

**M-T:** 9:00 am - 4:00 pm

**W:** 9:00 am - overnight

**Th:** Pick up at 12:00 pm

**Session:** 7/1 - 4

**M-T:** 9:00 am - 4:00 pm

**W:** 9:00 am - overnight

**Th:** Pick up at 12:00 pm

**Sessions:** 7/15 - 18 8/5 - 8  
8/19 - 22

### Cougar Camp 1 & 2

**Ages:** 7.5 - 12, entering Grades 3 - 6

\$306.00 ID \$367.20 OD

**Activity:** [207412](#) - Opens March 18

**M-T:** 9:00 am - 4:00 pm

**W:** 9:00 am - overnight

**Th:** Pick up at 12:00 pm

**Sessions:** 7/22 - 25 8/26 - 29



## Fish, Forage, Flying Arrows

**Ages:** 8 - 13

**Shevlin Park**

Immerse yourself in the art of being a true outdoorsperson! Learning and practicing a variety of skills to acquire food, we'll delve into the world of fishing, foraging and archery. Fishing lessons include use of gear, baiting, casting and landing a catch following by cleaning and cooking a fish. Foraging includes plant identification and harvesting in various seasons. Archery practice will emphasize safety, practical use and proper form. Bring appropriate clothing, snacks and lunch.

\$451.00 ID \$541.20 OD

**Activity:** [207822](#) - Opens March 18

**M-F:** 9:00 am - 4:00 pm

**Session:** 7/1 - 5      7/8 - 12  
7/22 - 26      7/29 - 8/2



The Bend Park & Recreation District is an equal opportunity recreation provider under Special Use Permit with the Deschutes National Forest and the Prineville District of the BLM.

## Seek & Survival

**Ages:** 7 - 12

**Larkspur Park**

With road tripping combined with survival skills, this small-sized camp includes a variety of daily field trips to iconic local outdoor settings and highly-customized instruction. While making new friends, campers will learn about and experiment with navigation, tracking, knots, cordage, foraging, fire safety lessons, traps, fishing, archery and more. Travel time will be used to get to know one another and talk about survival skills concepts and philosophy. Daily destinations may include La Pine State Park, Newbury Crater National Monument, Lava Lands Ice Caves and the Deschutes National Forest along Cascade Lakes Highway and other potential locations. Field trips may range as far as 45 minutes away and will be communicated to parents daily. Pick up and drop off are at Larkspur Park picnic shelter and participants should bring a lunch, snack, backpack, water bottle, sunscreen and water shoes. If a camper brings a mobile phone, the expectation is to use it only to contact a parent as necessary.

\$485.00 ID \$582.00 OD

**Activity:** [207810](#) - Opens March 18

**M-F:** 9:00 am - 4:00 pm

**Session:** 7/8 - 12      8/12 - 16  
8/19 - 23

## Survival Two-Week Immersion Camp NEW

**Ages:** 9 - 12

**Shevlin Park**

This new offering is for the most dedicated survival and skills campers! This camp over two consecutive weeks will go deeply into shelter, knife work, knots, cordage, foraging, tracking, traps, navigation and more. Being within a group for two-week duration helps build leadership, cohesion, and friendship while also benefitting from the experience of taking more time to create connections with skills and nature. This class concludes with a certification process and final demonstration.

\$849.00 ID \$1018.80 OD

**Activity:** [207814](#) - Opens March 18

**M-F:** 9:00 am - 4:00 pm

**Session:** 7/15 - 26

## Bushcrafting Camp

**Ages:** 8 - 12.5

**Shevlin Park**

Build. Cool. Stuff. This camp is all about tool use, creativity and engineering. Each day will include a new building project that participants will work on throughout the week to bring home. Projects are generally themed for camping and outdoors. We even try to build the tools we will use to build the other things! Projects may include creating a wood baton, natural fiber cordage, handcarved wood spoon and/or bowl, paracord survival bracelets or belts, dream catchers, feather sticks, natural dye projects, walking sticks, fishing spears/traps and more. Projects vary depending on instructor and group/individual interest.

\$455.00 ID \$546.00 OD

**Activity:** [207821](#) - Opens March 18

**M-F:** 9:00 am - 4:00 pm

**Session:** 8/12 - 16



## Rock Climbing

### Rock Climbing Clinic

**Ages:** 12 - 14

**Alpenglow Park & The Pavilion**

Welcome to the two-day Climbing Clinic, designed to spark inspiration and help develop confidence and skills in aspiring rock climbers. On Friday, we'll start with a fun 3-hour introduction of the fundamentals of climbing and rope systems at the bouldering walls at Alpenglow Park. On Saturday, we'll enjoy a full day of climbing at Smith Rock State Park, where interested participants can also practice belaying under instructor supervision. Meet at The Pavilion, Saturday at 8:00 a.m., and return at 3:00 p.m. Transportation to/from Smith Rock and equipment provided. No experience necessary.

\$126.00 ID \$151.20 OD

**Activity:** [207201](#) - Opens March 18

**F:** 4:00 - 7:00 pm

**Sa:** 8:00 am - 3:00 pm

**Session:** 6/28 - 29      7/12 - 13  
7/26 - 27

FALL  
SOCCER  
LEAGUES  
.....  
PAGES 65 - 66



# play the game

## Baseball

### Moment Athletics Baseball Camp

Ages: 7 - 13

Skyline Sports Park

Want to continue playing the sport you love, post Little League season? This camp will focus on skills, drills and games that encourage the love of the game, all while having fun with friends. Designed for baseball players of all ability levels. Bring all your own baseball equipment (glove, bat, etc.) and wear baseball pants, cleats and a hat. Moment Athletics is locally-owned and operated by veteran teacher and coach, CJ Colt.

\$139.00 ID \$166.80 OD

Activity: [203052](#) - Opens March 18

W-F: 9:00 am - 1:00 pm

Session: 6/19 - 21



### Bend Elks Baseball Camp

Ages: 7 - 14

Vince Genna Stadium

A great chance to improve your game! Hosted by the Elks coaching staff and players, this camp is held at Genna Stadium, home of the Elks. Bring your baseball glove, water bottle and a snack each day.

\$85.00 ID \$102.00 OD

Activity: [203090](#) - Opens March 18

F-Su: 9:00 - 11:45 am

Session: 6/28 - 30

M-W: 9:00 - 11:45 am

7/15 - 17 8/5 - 7

Tu-Th: 9:00 - 11:45 am

Session: 7/23 - 25

### Jordan Kent's Just for Kids Skills Camps - Baseball

Ages: 6 - 12

Pacific Crest Middle School

This half-day baseball camp offers beginning to intermediate baseball skill training. Learn the fundamentals and develop your love for the game in a positive, exciting camp atmosphere filled with instruction, games, contests and prizes. A great fit for players looking to expand their baseball skills. All campers receive a camp t-shirt and post-camp goodie.

\$119.00 ID \$143.94 OD

Activity: [203049](#) - Opens March 18

M-Th: 9:00 am - 12:00 pm

Session: 8/12 - 15

### Work for play at BPRD.

Learn more at

[bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).

Everybody  
wins.

Sports, whether team-based or individual, are a great activity for kids that provide a variety of benefits other than just physical activity. Sports help build self-esteem and confidence, motivate kids to excel and develop social skills. With those benefits, everyone is a winner.

## Basketball

### Caldera Boys Basketball Camp

Grades: 4 - 9

High Desert Middle School & Caldera High School

Presented by Caldera High School coaching staff and players, this boys basketball camp covers the fundamentals of shooting, passing, dribbling, rebounding and man-to-man defense. Includes camp t-shirt. Grades are for the 2024-25 school year.

\$100.00 ID \$120.00 OD

Activity: [203080](#) - Opens March 18

Grades: 4 - 9

M-Tu: 4:30 - 6:30 pm

Session: 6/17 - 18 (High Desert MS)

Grades: 4 - 5

W-Th: 8:00 - 10:00 am

Session: 6/19 - 20 (Caldera HS)

Grades: 6 - 9

W-Th: 9:30 am - 12:00 pm

Session: 6/19 - 20 (Caldera HS)

### Caldera Girls Basketball Camp

Grades: 4 - 8

Caldera High School

In this girls basketball camp, campers will improve their game and get ready for the upcoming basketball seasons! Our camp will focus on basketball skill development and court awareness and will prepare campers for a strong season ahead. All Caldera girls basketball camps are under the direction of Caldera High School girls basketball coach Pam Bradbury and her staff. Bring a water bottle each day. Grades are for the 2024-25 school year.

\$100.00 ID \$120.00 OD

Activity: [203081](#) - Opens March 18

M-Th: 4:30 - 6:30 pm

Session: 6/17 - 20



### COBO Little Dribblers Camp

Grades: 3 - 5

Pilot Butte Middle School & Cascade Middle School

Directed by former Mtn. View High School basketball coach Craig Reid and his staff, these camps offer a friendly environment to gain basketball knowledge and experience, develop individual skills and learn team concepts. Includes camp t-shirt.

\$99.00 ID \$118.80 OD

Activity: [203070](#) - Opens March 18

M-Th: 9:00 - 11:30 am

Session: 6/24 - 27 (Pilot Butte MS)  
7/15 - 18 (Cascade MS)

### Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.

### COBO Advanced Basketball Camp

Grades: 3 - 9

Mountain View High School & Cascade Middle School

Directed by former Mtn. View High School basketball coach Craig Reid and his staff, these camps offer a friendly environment to gain basketball knowledge and experience, develop individual skills and learn team concepts. Includes camp t-shirt.

\$115.00 ID \$138.00 OD

Activity: [203073](#) - Opens March 18

Grades: 3 - 5

M-Th: 9:30 am - 12:30 pm

Session: 7/8 - 11 (Mountain View HS)

M-Th: 9:00 am - 12:00 pm

Session: 8/5 - 8 (Cascade MS)

Grades: 6 - 9

M-Th: 1:00 - 4:00 pm

Session: 7/8 - 11 (Mountain View HS)

M-Th: 12:30 - 3:30 pm

Session: 8/5 - 8 (Cascade MS)

### COBO Middle School Basketball Camp

Grades: 6 - 9

Pilot Butte Middle School & Cascade Middle School

Directed by former Mtn. View High School basketball coach Craig Reid and his staff, these camps offer a friendly environment to gain basketball knowledge and experience, develop individual skills and learn team concepts. Includes camp t-shirt.

\$124.00 ID \$148.80 OD

Activity: [203074](#) - Opens March 18

M-Th: 12:00 - 3:00 pm

Session: 6/24 - 27 (Pilot Butte MS)  
7/15 - 18 (Cascade MS)

### Lava Kids Basketball Camp

NEW

Grades: 4 - 8

Pilot Butte Middle School

Lava Kids youth sports-STEM camp is focused on high-level basketball-specific skill development along with scientific explanations and lessons behind the sport and why those skills work. Court drills also incorporate life-skills like self-confidence, leadership and teamwork and coaches incorporate movement and learning to engage participants. Lava Kids is owned and operated by former NCAA Division 1 coach, Josh Motenko. Grades are for the 2024-25 school year.

\$120.00 ID \$144.00 OD

Activity: [203083](#) - Opens March 18

M-Th: 12:30 - 2:30 pm

Session: 7/29 - 8/1





## Flag Football

### Moment Athletics Flag Football Camps

**Ages:** 8 - 13

**Skyline Sports Park**

Prepare for the upcoming flag football season with skills, drills and games. These non-contact training sessions allow players to advance their skills and have fun with friends. Designed for players of all ability levels.

\$139.00 ID \$166.80 OD

**Activity:** [203056](#) - Opens March 18

**M-Th:** 9:00 am - 12:00 pm

**Session:** 6/24 - 27 8/19 - 22

## Football

### Full-Contact Football Camp

**Grades:** 7 - 8

**Mountain View High School**

Come join us for a fast-paced, full-contact, pre-season camp and get ready for the coming 7th and 8th grade football season. Contact your middle school football coach for gear check out.

**Registration deadline: 7/24,  
12:00 am or until full.**

\$65.00 ID \$78.00 OD

**Activity:** [203156](#) - Opens March 18

**Tu-Th:** 5:30 - 7:30 pm

**Session:** 7/30 - 8/1

### Storm Middle School Football Camp

**Grades:** 6 - 8

**Summit High School**

Join Summit High School football coach Corbin Hyatt and his outstanding staff for this fast-paced camp as a great kickoff to your upcoming season! Wear t-shirt, shorts and cleats each day. No helmets or pads will be used during this camp. Includes camp t-shirt

\$84.00 ID \$100.80 OD

**Activity:** [203159](#) - Opens March 18

**M-Th:** 6:00 - 8:00 pm

**Session:** 8/5 - 8

### Cougar Youth Football Camp

**Grades:** 4 - 6

**Mountain View High School**

The Mtn. View High School football staff and players lead this great camp, stressing fundamentals in a fun atmosphere. Wear t-shirt, shorts and cleats each day. No helmets or pads will be used during this camp.

\$54.00 ID \$64.80 OD

**Activity:** [203154](#) - Opens March 18

**Tu-Th:** 3:30 - 5:00 pm

**Session:** 8/6 - 8



## Fall Youth Flag Football Leagues

**Boys & Girls, Grades 1 - 8** (2024 - 25 school year)

**Locations vary in Bend**

Flag football promotes physical fitness and teaches youngsters valuable life skills including teamwork, good work ethic and sportsmanship. Kids will learn basic football fundamentals, game play, and most importantly, have tons of fun.

Teams will practice twice a week and games will be played on Sundays.

Practice day, time and location chosen by volunteer coaches.

This program is dependent on volunteer coaches. Anyone interested in coaching a team, please go to [bendparksandrec.org](http://bendparksandrec.org) to complete a Volunteer Application.

**Registration opens: 3/20**

**Registration deadline: 7/29, 11:59 pm or until full**

\$90.00 ID \$108.00 OD

**Season:** 9/3 - 10/27

**Activity:** Grade:

[203451](#) Grades 1 - 2

[203453](#) Grades 3 - 4

[203455](#) Grades 5 - 6

[203457](#) Grades 7 - 8



## Storm Youth Football Clinics

Grades: 2 - 6

### Summit High School

Join Summit High School coach Corbin Hyatt and his outstanding staff for this camp as a great kickoff to your upcoming season! Skills include passing, running, catching, agility drills and game concepts. Wear t-shirt, shorts and athletic shoes each day. No helmets or pads will be used during this camp. Includes camp t-shirt.

\$49.00 ID \$58.80 OD

Activity: [203161](#) - Opens March 18

W-Th: 10:00 am - 12:00 pm

Session: 8/7 - 8

## Air Bear Football Camp

Grades: 4 - 8

### Bend High School

This camp is a great way to prep for your season! Campers will receive quality instruction in the fundamentals of the game of football. Wear t-shirt, shorts and cleats each day. No helmets or pads will be used during this camp. Includes camp t-shirt.

\$69.00 ID \$82.80 OD

Activity: [203158](#) - Opens March 18

M-Th: 9:00 - 11:00 am

Session: 8/12 - 15

## Middle School Pre-Season Football Camp

Grades: 6 - 8

### Sky View Middle School

Middle school football coaches will help you get a jump on the season and improve your game. Coaching emphasizes individual and team skills for both offense and defense with conditioning through scrimmage and game situations. Wear t-shirt, shorts and cleats each day. No helmets or pads will be used.

\$52.00 ID \$62.40 OD

Activity: [203162](#) - Opens March 18

Tu-Th: 4:00 - 6:00 pm

Session: 8/20 - 22

## Golf

### Junior Golf Lessons at River's Edge

Ages: 6 - 15

#### Rivers Edge Golf

Introduce your child to golf - a great lifelong sport! Taught by director of instruction Stuart Allison, these small-group lessons focus on the fundamentals of golf, golf etiquette and having fun. Each session consists of 6 hours of instruction and is designed to build knowledge and technique through experience. Bring your own clubs, a snack and a water bottle each day. Choose from multiple sessions offered throughout the summer.

\$209.00 ID \$250.80 OD

Activity: [203170](#) - Opens March 18

Ages: 6 - 8

M-W: 10:00 am - 12:00 pm

Session: 6/24 - 26 7/8 - 10  
7/22 - 24 7/29 - 31  
8/12 - 14 8/26 - 28

Ages: 9 - 15

M-W: 1:00 - 3:00 pm

Session: 6/24 - 26 7/8 - 10  
7/15 - 17 7/22 - 24  
7/29 - 31 8/5 - 7  
8/12 - 14 8/19 - 21  
8/26 - 28

M-W: 10:00 am - 12:00 pm

Session: 7/15 - 17 8/5 - 7  
8/19 - 21



## Martial Arts

### Intro to Lil' Dragons

Ages: 4 - 6

#### Odyssey Martial Arts

Beginning with the very basics of Tang Soo Do Karate, this class helps children learn discipline, self-control, confidence and teamwork as well as develop motor skills.

\$89.00 ID \$106.80 OD

Activity: [206750](#) - Opens March 18

M/W: 3:20 - 3:50 pm

Session: 7/8 - 31 8/5 - 28

### Beginning White Belt Karate

Ages: 6.5 - 12

#### Odyssey Martial Arts

Discover what martial arts is all about in this class designed for white belt beginners. Students will acquire control, focus, discipline, self-defense skills, confidence and respect, while learning karate techniques and having fun. Bring a water bottle and wear shoes. Please wear comfortable clothing (no jeans) to class.

\$109.00 ID \$130.80 OD

Activity: [206751](#) - Opens March 18

M/W: 3:55 - 4:40 pm

Session: 7/8 - 31 8/5 - 28

### Volunteer with youth sports and adaptive programs.

Contact Kim at (541) 706-6127 for more information.



## Youth & Teen Shorinji Kempo

**Ages:** 7 & up

**Larkspur Community Center**

Experience training in Shorinji Kempo, a world class Japanese martial art, whose main purpose is to promote strength, balance, cooperation and compassion. Founded by Doshin So in 1947, Shorinji Kempo is a discipline for the training the body and mind and is recognized as a life skill educational system. Together, we will learn the three foundational pillars and related skills: Goho (blocking, striking and kicking), Juho (body movement, dodging, footwork, releasing, escaping and capturing), and Seiho (healing techniques to help the body relax and recover). We will also pursue some purposeful philosophical elements so that we can be respectful, responsible and positive members of the community. Instructor: Bruce Weinberg

\$99.00 ID \$118.80 OD

**Ages:** 7 - 12

Activity: [206755](#) - Opens March 18

**M/W:** 6:00 - 6:50 pm

Session: 6/17 - 7/17 7/22 - 8/14

**Ages:** 13 & up

Activity: [206754](#) - Opens March 18

**M/W:** 7:00 - 7:50 pm

Session: 6/17 - 7/17 7/22 - 8/14

## Children's Ki Aikido

**Ages:** 6 - 13

**Oregon Ki Society**

By helping to cultivate good habits at an early age, the practices of Japanese martial arts, Ki-Aikido and Ki Development, offer children a foundation that can help prepare them for a lifetime of positive growth. While children's bodies are growing so are their minds, so we aim to develop them together in Kia's physically active and cooperative learning environment. The goal is that as children grow, they learn to apply these lessons to many of life's activities - school, play, sports and relationships.

\$99.00 ID \$118.80 OD

Activity: [206756](#) - Opens March 18

**Tu/Th:** 5:30 - 6:30 pm

Session: 6/25 - 7/25 (no class 7/2 & 7/4)  
7/30 - 8/22  
8/27 - 9/19

**Work for play  
at BPRD.**

Learn more at

[bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).

## Multi-Sport

### Jordan Kent's Just for Kids Skills Camps

**Ages:** 6 - 12

**Pacific Crest Middle School & Sky View Middle School**

Founded by Jordan Kent, University of Oregon Hall of Fame three-sport athlete, this multi-sport skills camp is a week-long day camp offering beginning to intermediate fundamental training in football, soccer or basketball tailored to all abilities. Your camper will participate in skill training, agility training, games, life skills and nutrition education, all while basking in an exciting and engaging camp atmosphere. All campers will receive a camp t-shirt and post-camp goodie. Full-day campers need to bring a lunch.

**Also look for Jordan Kent's baseball, basketball and pickleball camps.**

Activity: [203050](#) - Opens March 18

#### HALF-DAY CAMPS

\$179.00 ID \$214.80 OD

**M-Th:** 9:00 am - 1:00 pm

Session: 6/24 - 27  
7/8 - 11  
7/22 - 25  
8/5 - 8 (Sky View MS)  
8/19 - 22

#### FULL-DAY CAMPS

\$199.00 ID \$238.80 OD

**M-Th:** 9:00 am - 3:00 pm

Session: 6/24 - 27  
7/8 - 11  
7/22 - 25  
8/5 - 8 (Sky View MS)  
8/19 - 22



### Moment Athletics Multi-Sport Field Games Camp

**Ages:** 8 - 13

**Cascade Middle School**

In this popular four-day camp offering multi-sport field games, campers will practice skills and play games such as soccer, flag football, basketball, kickball, rugby and Ultimate. Suited for the athletic-minded camper looking to play and improve more of the sports they love while also learning new sports and games. Moment Athletics is locally-owned and operated by veteran teacher and coach, CJ Colt.

Activity: [203053](#) - Opens March 18

\$139.00 ID \$166.80 OD

**W-F:** 9:00 am - 1:00 pm

Session: 6/19 - 21

\$169.00 ID \$202.80 OD

**M-Th:** 9:00 am - 1:00 pm

Session: 7/8 - 11 8/12 - 15  
8/26 - 29

## Skyhawks Summer 2024 Schedule

**WEEK 1: 6/17 - 21**

No sports camps

**WEEK 2: 6/24 - 27**

4-Sport Sampler &  
Multi-Sport PE Games

**WEEK 3: 7/3 - 7**

No sports camps

**WEEK 4: 7/8 - 11**

Mighty Hoop &  
Mighty Hawk Soccer

**WEEK 5: 7/15 - 18**

Mini-Hawk &  
Outdoor Volleyball

**WEEK 6: 7/22 - 25**

Skyhawks Soccer

**WEEK 7: 7/29 - 8/1**

Mighty Hawk Football &  
3-Sport Sampler

**WEEK 8: 8/5 - 8**

Mighty Hawk Soccer &  
Mighty Hawk Baseball

**WEEK 9: 8/12 - 15**

Mighty Hawk Soccer &  
Skyhawks Soccer

**WEEK 10: 8/19 - 22**

4-Sport Sampler

## Multi-Sport: Skyhawks

### Skyhawks 4-Sport Sampler

A great way to start your summer fun, this camp allows you to try a variety of sports and activities all in one Skyhawk camp setting!

\$165.00 ID \$198.00 OD

Activity: [203357](#) - Opens March 18

Ages: 4 - 9

Sky View Middle School

M-F: 9:00 am - 12:00 pm

- OR - 1:00 - 3:30 pm

Session: 6/24 - 27

Ages: 4 - 8

Cascade Middle School

M-Th: 8:30 - 11:30 am

- OR - 12:30 - 3:00 pm

Session: 8/19 - 22

### Skyhawks Mini- Hawk Camp

Ages: 4 - 8

Skyline Sports Park

This camp is ideal for introducing athletics by allowing your child to sample different sports at a young age.

\$165.00 ID \$198.00 OD

Activity: [203358](#) - Opens March 18

M-Th: 9:00 am - 12:00 pm

Session: 7/15 - 18

### Skyhawks Multisport P.E. Games

Ages: 6 - 12

Skyline Park

All your favorite PE games wrapped into one awesome week. This camp allows children to sample different PE sports - Ultimate, Capture the Flag, and dodgeball - in one camp!

\$135.00 ID \$162.00 OD

Activity: [203359](#) - Opens March 18

M-Th: 9:00 am - 12:00 pm

Session: 7/22 - 25



### Skyhawks Mighty Hawk Soccer

Ages: 5 - 9

The Skyhawks tradition continues in Bend! Not only do kids learn how to dribble, pass, shoot and head the ball, but they also learn lifelong skills in a great environment. Includes camp t-shirt.

Activity: [203351](#) - Opens March 18

\$165.00 ID \$198.00 OD

Pilot Butte Middle School

M-Th: 9:00 am - 12:00 pm

Session: 7/8 - 11

\$135.00 ID \$162.00 OD

Skyline Sports Park

M-Th: 1:00 - 3:30 pm

Session: 8/5 - 8

\$165.00 ID \$198.00 OD

Sky View Middle School

M-Th: 9:00 am - 12:00 pm

Session: 8/12 - 15

### Skyhawks Mighty Hawk Hoop

Ages: 5 - 9

Pilot Butte Middle School

The focus of this camp is on basketball handling, passing, shooting, defense and rebounding. Great camp for kids!

\$135.00 ID \$162.00 OD

Activity: [203353](#) - Opens March 18

M-Th: 1:00 - 3:30 pm

Session: 7/8 - 11

### Skyhawks Outdoor Volleyball

Ages: 7 - 12

Skyline Sports Park

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving.

\$109.00 ID \$130.80 OD

Activity: [203356](#) - Opens March 18

M-Th: 1:00 - 3:30 pm

Session: 7/15 - 18



### Skyhawks Soccer

Ages: 6 - 12

Sky View Middle School

The Skyhawks tradition continues in Bend! Not only do kids learn how to dribble, pass, and shoot the ball, but they also learn lifelong skills in a great environment. Includes camp t-shirt.

\$135.00 ID \$162.00 OD

Activity: [203350](#) - Opens March 18

M-Th: 1:00 - 3:30 pm

Session: 7/22 - 25 8/12 - 15

## Skyhawks Mighty Hawk Football

Ages: 5 - 9

Cascade Middle School

Kids learn lifelong skills via football in a great environment including how to pass, catch and run routes. Includes camp t-shirt.

\$165.00 ID \$198.00 OD

Activity: [203352](#) - Opens March 18

M-Th: 8:30 - 11:30 am

Session: 7/29 - 8/1

## Skyhawks Mighty Hawk 3-Sport

Ages: 5 - 9

Cascade Middle School

This camp is designed to introduce young athletes to a variety of different sports in one setting. We combine three sports into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of new sports along with vital life lessons such as respect, teamwork, and self-discipline.

\$135.00 ID \$162.00 OD

Activity: [203355](#) - Opens March 18

M-Th: 12:30 - 3:00 pm

Session: 7/29 - 8/1

## Skyhawks Mighty Hawk Baseball

Ages: 5 - 9

Skyline Sports Park

Participants learn lifelong skills by way of baseball in a great environment while practicing throwing, catching, hitting, running and defense.

\$165.00 ID \$198.00 OD

Activity: [203354](#) - Opens March 18

M-Th: 9:00 am - 12:00 pm

Session: 8/5 - 8

## Pickleball

### Let's Play Pickleball

Ages: 10 - 14

Pine Nursery Park

Are you looking for a fun game to play? Not only is it fun, pickleball is also the fastest growing sport in America. So, come learn how to play pickleball with Moment Athletics! Our program aims to provide an inviting and comfortable place to play, improve skills and make some new friends. Players will learn rules and techniques and also practice and play games in an organized, inclusive way that creates maximum engagement for all participants. Equipment provided; bring a water bottle. Moment Athletics is locally-owned and operated by veteran teacher and coach, CJ Colt.

\$75.00 ID \$90.00 OD

Activity: [203054](#) - Opens March 18

M-Th: 7:15 - 8:30 pm

Session: 6/24 - 27



### Jordan Kent's Just for Kids Skills Camps - Pickleball

Ages: 10 - 13

Pacific Crest Middle School

This half-day camp is sure to provide loads of fun. Take a swing with one of the fastest-growing sports in the country in our fun and exciting pickleball camp! Campers will build fundamental skills while participating in games, contests and nutrition education in our fun and positive atmosphere. All campers receive a camp t-shirt and post-camp goodie.

\$169.00 ID \$202.80 OD

Activity: [203047](#) - Opens March 18

M-Th: 9:00 am - 12:00 pm

Session: 7/15 - 18

## Roller Hockey

### Fall Youth Roller Hockey League

The Pavilion

Want to keep your hockey game fresh while the ice is gone? Sign up for BPRD's Youth Roller Hockey League - your next step in developing your hockey skills and prepping for the ice season ahead. Confident roller skating experience recommended. Practices are on Tuesdays and games on Thursdays.

Registration deadline: 8/1, 11:59 p.m. or until full

\$50.00 ID \$60.00 OD

Activity: [210204](#) - Opens March 18

Ages: 6 - 10

Tu/Th: 4:30 - 5:30 pm

Ages: 11 - 15

Tu/Th: 5:30 - 6:30 pm

Season: 9/3 - 26

### Youth Stick Time

Ages: 6 - 17

The Pavilion

Bring your sticks, skates and gear and work on your skating, stick-handling and shooting in these no pressure, hockey-only sessions. Nets and pucks are provided. Helmets, stick and gloves required. Skaters under 12 must wear full gear including helmet with full face protections. Pick-up games and scrimmages are not allowed during stick time.

Online registration is available 72 hours in advance of scheduled sessions. Online registration closes one hour prior to the session start time. Drop-ins are welcome if space permits. 30 person maximum.

\$10.00 ID \$12.00 OD

Activity: [210401](#) - Opens March 18

Su: 12:45 - 1:45 pm

Session: 6/16 6/23  
6/30 7/7  
7/14 7/21  
7/28



## Rugby

### Youth Rugby Camp

**Ages:** 5 - 12

**Big Sky Sports Complex**

If you like sports, you will like rugby! Come immerse yourself and learn a new sport while having fun and making new friends. This session is non-contact and grouped by ages 5 - 8 and 9 - 12.

\$100.00 ID \$120.00 OD

Activity: [203139](#) - Opens March 18

**M-Th: 9:00 - 11:30 am**

Session: 6/24 - 27



## Scotering

### Scotering Camp

**Ages:** 6 - 17

**Ponderosa Skate Park**

Learn new skills and tricks while we have a blast with games and activities. Riders will be grouped by age and skill set. Pro riders, Coby and Tate Bailey, will instruct with guest appearances from other pros! On the last day, we will show off our skills in a mini-competition with prizes for the riders. Scooter, helmet and pads required. Bring a water bottle and sack lunch. Program is weather dependent.

\$275.00 ID \$330.00 OD

Activity: [206778](#) - Opens March 18

**M-Th: 9:00 am - 1:00 pm**

Session: 6/24 - 27 7/8 - 11  
7/22 - 25 8/5 - 8  
8/19 - 22

## SoccerJrs

Using props and games to enhance their soccer skills, this series is designed to develop motor skills, promote physical fitness, and create self-confidence.

### SoccerJrs - Teddies

**Ages:** 18 - 35 months

Parents participate with the child as they learn soccer basics and fun activities. No class the week of July 1.

\$85.00 ID \$102.00 OD

Activity: [203320](#) - Opens March 18

#### HARMON PARK

**M: 9:00 - 9:55 am**

Session: 6/17 - 7/22  
7/29 - 8/26

**Tu: 5:00 - 5:55 pm**

Session: 6/18 - 7/23  
7/30 - 8/27

**W: 10:00 - 10:55 am**

Session: 6/19 - 7/24  
7/31 - 8/28

**Th: 5:00 - 5:55 pm**

Session: 6/20 - 7/25  
8/1 - 29

#### PINE NURSERY PARK

**Tu: 6:00 - 6:55 pm**

Session: 6/18 - 7/23  
7/30 - 8/27

## SoccerJrs - Cubs

**Ages:** 3 - 4

Parents participate with the child as they learn soccer basics and fun activities. No class the week of July 1.

\$85.00 ID \$102.00 OD

Activity: [203322](#) - Opens March 18

#### HARMON PARK

**M: 10:00 - 10:55 am**  
**- OR - 5:00 - 5:55 pm**

Session: 6/17 - 7/22  
7/29 - 8/26

**Tu: 9:00 - 9:55 am**  
**- OR - 4:00 - 4:55 pm**

Session: 6/18 - 7/23  
7/30 - 8/27

**W: 9:00 - 9:55 am**  
**- OR - 6:00 - 6:55 pm**

Session: 6/19 - 7/24  
7/31 - 8/28

**Th: 10:00 - 10:55 am**  
**- OR - 6:00 - 6:55 pm**

Session: 6/18 - 7/23  
7/30 - 8/27

#### PINE NURSERY PARK

**M: 5:00 - 5:55 pm**

Session: 6/17 - 7/22  
7/29 - 8/26

**Tu: 5:00 - 5:55 pm**

Session: 6/18 - 7/23  
7/30 - 8/27

**W: 5:00 - 5:55 pm**

Session: 6/19 - 7/24  
7/31 - 8/28

**Th: 5:00 - 5:55 pm**

Session: 6/20 - 7/25  
8/1 - 29



For more information, call 541-389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



## SoccerJrs - Bears

**Ages:** 5 - 6

This class is designed for kids with little or no soccer experience. Using props and games to enhance your child's soccer skills, this series is designed to develop motor skills, promote physical fitness and create self-confidence. No class the week of July 1.

\$85.00 ID \$102.00 OD

Activity: [203324](#) - Opens March 18

### HARMON PARK

**M:** 6:00 - 6:55 pm

Session: 6/17 - 7/22  
7/29 - 8/26

**Tu:** 10:00 - 10:55 am

Session: 6/18 - 7/23  
7/30 - 8/27

**W:** 5:00 - 5:55 pm

Session: 6/19 - 7/24  
7/31 - 8/28

**Th:** 9:00 - 9:55 am

Session: 6/20 - 7/25  
8/1 - 29

### PINE NURSERY PARK

**M:** 6:00 - 6:55 pm

Session: 6/17 - 7/22  
7/29 - 8/26

**W:** 4:00 - 4:55 pm

Session: 6/19 - 7/24  
7/31 - 8/28

**Th:** 6:00 - 6:55 pm

Session: 6/20 - 7/25  
8/1 - 29

## Soccer

### Apex Futbol Soccer Camps

**Ages:** 6 - 12

#### Big Sky Sports Complex

A fun and interactive curriculum brought to you by long-time Central Oregon camp directors Tara Bilanski and Jen Davin along with Apex Futbol Club coaching directors Greg Ryan and John O'Sullivan. This group of highly experienced soccer professionals will ensure each camper receives a multitude of touches on the ball in a fun environment. Each session of this four-day camp will have a soccer theme where players will focus on dribbling, shooting, receiving and small-sided games. We look forward to seeing your player on the field with us this summer!

Activity: [203216](#) - Opens March 18

#### HALF-DAY CAMPS

\$195.00 ID \$234.00 OD

**M-Th:** 9:00 am - 12:00 pm

Session: 7/15 - 18 7/22 - 25  
7/29 - 8/1

#### FULL-DAY CAMPS

\$249.00 ID \$298.80 OD

**M-Th:** 9:00 am - 3:00 pm

Session: 7/15 - 18 7/22 - 25  
7/29 - 8/1

## Caldera High School Girls Soccer Camp

**Grades:** 3 - 8

#### Caldera High School

The Caldera High girls soccer team and its coaches will be hosting this soccer camp that will support the development of fundamental soccer skills associated with field awareness and ball control. The coaching staff's goal is to encourage and mentor players to know the importance of teamwork, self-discipline and leadership through the challenges that they will face on the field as well as in life. Bring appropriate clothing, water bottle and snack each day. Includes a camp t-shirt.

\$99.00 ID \$118.80 OD

Activity: [203226](#) - Opens March 18

**M-Th:** 9:00 - 11:30 am

Session: 8/5 - 8

## Storm Girls Soccer Camp

**Grades:** 3 - 8

#### Summit High School

Summit High School Soccer coach Jamie Brock and her staff lead this camp for girls of all ability levels, teaching the skills and techniques required in soccer programs of all levels. Bring soccer ball, appropriate clothing, water bottle and snack each day.

\$99.00 ID \$118.80 OD

Activity: [203225](#) - Opens March 18

**M-Th:** 9:00 - 11:15 am

Session: 8/5 - 8

REGISTER  
NOW  
FOR FALL!



## Kindergarten Soccer League

**Boys & Girls, Kindergarten**  
(2024 - 25 school year)

#### Skyline Sports Complex

Designed for the player too young to participate in our Youth Fall Soccer League, this league highlights soccer skill development, learning teamwork and sportsmanship, being active and having fun! Teams meet on Saturdays for 50 minutes, including practices and scrimmages. Teams play 3-v-3 on a short field without a goalie. Includes team t-shirt

This program is dependent on volunteer coaches. If you are interested in coaching this season, visit [bendparksandrec.org](http://bendparksandrec.org) to complete a BPRD Volunteer Application.

\$85.00 ID \$102.00 OD / season

Activity: [203400](#)

**Registration opens: 3/20**

**Registration deadline: 7/8,  
11:59 pm or until full**

**Sa:** 9:00 am - 7:00 pm

Season: 9/7 - 10/12



REGISTER NOW FOR FALL!

## Youth Fall Soccer League

Boys & Girls, Grades 1 - 8 (2024 - 25 school year)

Let's play soccer! Both new and returning players are welcome in this development league. School-based and divided by grade, teams practice twice a week and play games on Saturdays. Instruction, number of players on teams and game field sizes are age-appropriate and grow incrementally. Each child receives their own jersey, shorts and socks.

**Grades 1 & 2 Division:** Fun in nature, this division emphasizes development of basic ball-handling and passing skills and understanding of the game. Games are officiated by coaches and parents.

\$80.00 ID \$96.00 OD / season

**Grades 3 - 5 Division:** With a focus on ball handling and passing skills, this refereed division establishes understanding of the game, strategy, sportsmanship, teamwork and individual player roles.

\$85.00 ID \$102.00 OD / season

**Grades 6 - 8 Division:** With games on the big fields, this refereed division emphasizes conditioning, advanced development of ball handling and passing skills, the importance of teamwork and game strategy.

\$90.00 ID \$108.00 / season

This program is dependent on volunteer coaches. If you are interested in coaching, visit [bendparksandrec.org](http://bendparksandrec.org) to complete a Volunteer Application.

Practice days, time and location chosen by volunteer coaches. Coaches will contact players regarding specific days and times after teams have been determined.

Registration opens: 3/20

Registration deadline: 7/8, 11:59 pm

Season: 9/3 - 10/26

COED		BOYS		GIRLS	
Activity:	Grade:	Activity	Grade:	Activity:	Grade:
<a href="#">203401</a>	Grade 1	<a href="#">203403</a>	Grade 2	<a href="#">203404</a>	Grade 2
		<a href="#">203405</a>	Grade 3	<a href="#">203406</a>	Grade 3
		<a href="#">203407</a>	Grade 4	<a href="#">203408</a>	Grade 4
		<a href="#">203409</a>	Grade 5	<a href="#">203410</a>	Grade 5
		<a href="#">203411</a>	Grade 6	<a href="#">203412</a>	Grade 6
		<a href="#">203413</a>	Grade 7	<a href="#">203414</a>	Grade 7
		<a href="#">203415</a>	Grade 8	<a href="#">203416</a>	Grade 8

## Challenger Sports British Soccer Camps

Big Sky Sports Complex

Challenger Sports is the largest soccer camp provider in North America! Focused on learning and encouraging players to improve with maximum participation, maximum touches on the ball and maximum fun. No line drills or long speeches!

### HALF-DAY CAMPS

Ages: 6 - 14

\$219.00 ID \$262.80 OD

Activity: [203211](#) - Opens March 18

M-F: 9:00 am - 12:00 pm  
- OR - 1:00 - 4:00 pm

Session: 8/12 - 16 8/19 - 23

### FULL-DAY CAMPS

Ages: 8 - 14

\$289.00 ID \$346.80 OD

Activity: [203212](#) - Opens March 18

M-F: 9:00 am - 4:00 pm

Session: 8/12 - 16 8/19 - 23

## Bend High School Soccer Camp

Grades: 2 - 8

Ponderosa Park

Bend High Soccer coach Nils Eriksson and his players lead this camp that is committed to teaching the skills and techniques required to participate in soccer programs of all levels. Coach Eriksson is considered one of the best youth soccer coaches in the state, so come join him for a fantastic camp! Campers will be split into two groups based on age: grades 2 - 5 and grades 6 - 8. Bring a soccer ball, water bottle and snack each day.

\$79.00 ID \$94.80 OD

Activity: [203230](#) - Opens March 18

Tu-Th: 9:30 am - 12:00 pm

Session: 8/13 - 15



## Softball

### Girls Softball Camp

NEW

Ages: 8 - 14

Summit High School

Join high school softball coach Stacy Cox and her team of outstanding coaches to develop softball fundamentals in a fun and active atmosphere. Campers of all ability levels will participate in a variety of fun activities designed to build their skills in all areas of softball. Bring a glove, cleats or running shoes, weather-appropriate clothing and water bottle each day.

\$89.00 ID \$106.80 OD

Activity: [203250](#) - Opens March 18

M-Th: 10:00 am - 12:30 pm

Session: 7/15 - 18



## Tennis

### QuickStart Tennis

**Ages:** 5 - 11

#### Juniper Park

An instructional format for learning tennis, designed to bring kids into the game of tennis by utilizing shorter court dimensions, lower bouncing balls and graduated racquet sizes. Youngsters feel like they are playing real tennis from their first lesson.

\$69.00 ID \$82.80 OD

**Ages:** 5 - 6

Activity: [203500](#) - Opens March 18

**M-Th:** 8:30 - 9:30 am

**Ages:** 7 - 8

Activity: [203501](#) - Opens March 18

**M-Th:** 9:45 - 10:45 am

**Ages:** 9 - 11

Activity: [203502](#) - Opens March 18

**M-Th:** 11:00 am - 12:00 pm

Session: 6/19 - 27 (\$52.00 ID \$64.40 OD)  
7/8 - 18  
7/22 - 8/1 8/5 - 15

### Tennis I

**Ages:** 12 - 14

#### Juniper Park

Instruction is geared towards the novice player and their desire to learn the rules, develop basic playing skills and understand court positioning. The goal is to see steady progress in their tennis game during these fun, action-oriented sessions!

\$69.00 ID \$82.80 OD

Activity: [203504](#) - Opens March 18

**M-Th:** 12:15 - 1:15 pm

Session: 6/19 - 27 (\$52.00 ID \$64.40 OD)  
7/8 - 18  
7/22 - 8/1 8/5 - 15

### Tennis Tournament Training

**Ages:** 12 - 17

#### Juniper Park

Get tournament tough! Improve your game through match play, advanced skills, strategies and conditioning. These sessions will build on previous tournament experience or get players tournament ready. Tournament and game experience not necessary, but players should be able to rally and serve.

\$99.00 ID \$118.80 OD

Activity: [203510](#) - Opens March 18

**M/W:** 2:00 - 4:00 pm

Session: 6/19 - 7/17 (\$87.00 ID \$104.40 OD,  
no class 7/1, 7/3)  
7/22 - 8/14

### Middle School Tennis League

**Grades:** 6 - 8 (2024-25 school year)

#### Juniper Park

This program emphasizes skill development, maximum participation, good sportsmanship and fun. Players register by school and will receive a team uniform. Each team meets two days per week at Juniper Park. Teams are instructed by volunteer coaches. This program is dependent on volunteer coaches. If you are interested in coaching this season, visit [bendparksandrec.org](http://bendparksandrec.org) to complete a BPRD Volunteer Application.

**Registration deadline: 8/13,  
5:00 pm or until full.**

\$75.00 ID \$90.00 OD

Activity: [203800](#) - Opens March 20

**M-Th:** 5:00 - 6:30 pm

Season: 9/10 - 10/22



PRINT IT OUT!  
.....  
**(RE) PLACE  
IT ON  
YOUR FRIDGE!**  
.....  
DON'T MISS OUT  
ON THE  
ACTION!

## Yo! Sports Fans!

### Plan ahead for play!

### 2024 Youth Sports

### League Registration Deadlines

All registrations are dependent on availability; some leagues fill faster than others.

#### Summer 2024 Registration: March 20

Program/League	Dates	Deadline or until full
Kindergarten Soccer League	Sept. - Oct.	7/8, 11:59 pm
Youth Fall Soccer League	Sept. - Oct.	7/8, 11:59 pm
Youth Flag Football League	Sept. - Oct.	7/29, 11:59 pm
Middle School Tennis League	Sept. - Oct.	8/13, 5:00 pm

#### Fall 2024 Registration: Early August

Program/League	Dates	Deadline or until full
Youth Volleyball League	Nov. - Dec.	TBD
Bitty Basketball	Nov. - Dec.	TBD
Youth Basketball League	Jan. - Mar.	TBD
Middle School Basketball - Girls	Jan. - Mar.	TBD
Middle School Basketball - Boys	Nov. - Dec.	TBD
High School Basketball League	Dec. - Feb.	TBD

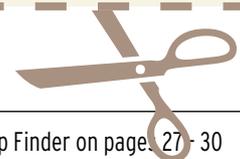
#### Winter 2025 Registration: Early December

Program/League	Dates	Deadline or until full
Youth Indoor Soccer League 1 & 2	Jan. - April	Until full
Youth Hockey League	Jan. - Mar.	TBD
Youth Lacrosse League	April - June	TBD
Youth Softball League	April - June	TBD

#### Spring 2025 Registration: February

Program/League	Dates	Deadline or until full
Youth Indoor Soccer League 3	May - June	Until full
Youth Roller Hockey League	May - June	TBD

**Be sure to check future Playlists or the registration website for updates.**





## Track & Field

### Storm Track Camp

Grades: 3 - 8

#### Summit High School

Summit High School track coach Dave Turnbull, his staff and athletes lead this camp for all ability levels. Coaches will focus on the best techniques to improve skills. Bring running shoes, appropriate clothing, water bottle and snack each day.

\$89.00 ID \$106.80 OD

Activity: [203260](#) - Opens March 18

**M-Th: 4:30 - 7:30 pm**

Session: 6/17 - 20

### XC Running Camp

Grades: 5 - 8

#### Pilot Butte Middle School

Open to all middle school-aged runners, this camp is a pre-season base and injury prevention program to help runners become better, faster and smarter athletes. It's an educational and inspirational experience for all abilities and a great way to prep for the upcoming cross-country season. Bring running shoes, appropriate clothing and water bottle each day.

\$48.00 ID \$57.60 OD

Activity: [203261](#) - Opens March 18

**M-Th: 3:00 - 4:30 pm**

Session: 8/19 - 22

## Triathlon

### Kids Triathlon Clinic

Ages: 4 - 12

#### Juniper Swim & Fitness Center

Have fun and learn the skills of competing in a triathlon. Each clinic will include activities in each of the disciplines, so be prepared to jump in the pool, and bike and run around Juniper Park. Bring your bike, helmet, swimsuit, towel, running shoes and a water bottle.

\$15.00 ID \$18.00 OD

Activity: [205607](#) - Opens March 18

**Tu: 5:30 - 6:30 pm**

Session: 8/13 8/20

### Kids Triathlon

Ages: 4 - 12

#### Juniper Swim & Fitness Center

Swim! Bike! Run! Do a triathlon. The swimming portion of this non-timed event will be held in the supervised Olympic 50-meter pool. The mountain biking and running portions will be held in Juniper Park. The event focuses on sportsmanship, participation and fun. Adults - come support your kids as you cheer them on from poolside and on the bike course, and maybe even run with them to the finish line. All abilities welcome. Build your skills and get ready by signing up for the clinics. Select your T-shirt size: Youth XS, S, M, L or XL. T-shirt not guaranteed for pick-up at the event for registration after August 2.

\$35.00 ID \$42.00 OD

Activity: [205608](#) - Opens March 18

**Su: 8:30 - 10:30 am**

Session: 8/25





## Jr Storm Volleyball Camp

Grades: 3 - 8

Summit High School

Elevate your game this summer and have fun! Join the Summit High School Storm volleyball staff and players to learn the fundamentals, improve your skills and get ready for the upcoming season! Athletes will learn proper techniques and how to properly implement those skills. Our camp is perfect for aspiring athletes, regardless of their current skill level. Bring knee pads and water bottle. Includes camp t-shirt.

\$89.00 ID \$106.80 OD

Activity: [203273](#) - Opens March 18

M-W: 9:00 - 11:30 am

Session: 7/1 - 3

## NPJ Sand Volleyball Camp

Grades: 5 - 8

Pine Nursery Park

Take your game outdoors! Join the North Pacific Juniors club volleyball coaching staff for a camp that includes passing, serving, setting, hitting and agility drills. Bring a water bottle each day.

\$89.00 ID \$106.80 OD

Activity: [203277](#) - Opens March 18

M-Th: 8:45 - 10:45 am

Session: 7/8 - 11 8/12 - 15

## NPJ Indoor Volleyball Camp

NEW

Grades: 3 - 8

Cascade Middle School

Take your game from the sand to the gym this summer! Join the North Pacific Juniors club volleyball coaching staff for a camp that includes passing, serving, setting, hitting and agility drills. Bring a water bottle each day.

\$99.00 ID \$118.80 OD

Activity: [203279](#) - Opens March 18

Grades: 3 - 5

M-Th: 9:30 - 11:30 am

Grades: 6 - 8

M-Th: 12:00 - 2:00 pm

Session: 7/22 - 25

## Weight Training

### Weight Training & Strength Camp

Grades: 6 - 9

Mountain View High School

Learn safe, effective weight and strength training techniques to increase your strength, stamina, speed and agility. Use the Mountain View High School weight room free of charge under the direct supervision of our high school coaches in July and August. Activity is held in the Mountain View High weight room.

\$49.00 ID \$58.80 OD

Activity: [203290](#) - Opens March 18

M-W: 9:00 - 10:30 am

Session: 6/24 - 26

## Volleyball

### Junior Lava Bear Volleyball Camp

Grades: 2 - 9

Bend High School

Bend High Volleyball coach Kristin Cooper, her staff and players lead this camp for athletes of all ability levels. Learn passing, setting, hitting, digging and serving from a positive, enthusiastic staff. Bring knee pads and water bottle each day. Includes camp t-shirt.

Activity: [203270](#) - Opens March 18

Grades: 2 - 6

\$69.00 ID \$82.80 OD

M-W: 4:00 - 5:30 pm

Session: 6/17 - 19

Grades: 7 - 9

\$99.00 ID \$118.80 OD

M-Th: 6:00 - 8:00 pm

Session: 6/17 - 20

### Caldera Jr Wolfpack Volleyball Camp

Grades: 3 - 9

Caldera High School

Take your volleyball skills to the next level! Join Caldera High School volleyball staff and returning players in a fun, fast-paced and fundamentally strong camp! Athletes will learn new skills and apply them immediately in game play with proper technique and focused coaching. Perfect for the aspiring player and those looking to grow their game. Bring knee pads and water bottle each day.

Activity: [203271](#) - Opens March 18

Grades: 3 - 6

\$60.00 ID \$72.00 OD

M-W: 9:00 - 11:00 am

Session: 6/24 - 26

Grades: 7 - 9

\$100.00 ID \$120.00 OD

M-Th: 12:00 - 2:00 pm

Session: 6/24 - 27



COACHING  
MATTERS  
IN OUR  
COMMUNITY



# give a little, get a lot

## Volunteer Coaches & Sponsors: Making a Difference for Hundreds of Kids & Families



### Thanks, Coach!

Thanks, Coach! Cheers to the volunteers that gave their time and heart as coaches for these winter sport programs. You made it a great season for the young players and their families and we can't thank you enough!

- Youth basketball
- Girls middle school basketball
- Youth ice hockey league & programs

### Thanks, Sponsors!

Sport program sponsors provide resources for recreation scholarships so everyone has a chance to play. Thank you to these spring sport sponsors:

- RIDGELINE ORAL SURGERY**
- Youth lacrosse
  - Youth softball



### Ready to Coach Youth Team Sports?

We need you!

Youth sport programs rely on fabulous volunteers to coach teams and support players. If you enjoy sports and spending time with great kids, consider being a coach. Registration in sport programs is at an all-time high and we want all kids to have the opportunity to play. We make it easy to be a coach and we know it will be rewarding and fun! We are currently seeking volunteer coaches for:

- Youth soccer
- Kindergarten soccer
- Flag football
- Middle school tennis

Sport experience preferred, but mostly need to enjoy working with kids. Application and background check required. Training and support provided. For more information, contact Rich at (541) 706-6126 or rich@ bendparksandrec.org.



**KIDS' SWIM LESSONS**  
.....  
PAGES 72 - 73

# fit for play

## Dive into fitness and swimming.

Get your kids started with fitness and swimming! These important programs teach life-long skills to help your child be comfortable and safe around water. Lessons enable kids to understand how good swimming can feel and can unlock many outdoor water activities available in Central Oregon.

## Youth & Teen Fitness

### Teen Fitness

Ages: 11 - 17

Juniper Swim & Fitness Center  
& Larkspur Community Center

**FITNESS CENTER USE:** Improve strength and conditioning in our state-of-the-art fitness center. Youth ages 16 - 17 may use the fitness center without restriction although we recommend completing a Fitness Center Orientation. Youth ages 11 - 15 may only workout in the fitness center under direct parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. After orientation, 11 - 15 year-olds need to check in at front desk for a wristband for each fitness center visit. Children 10 years and younger are not allowed in the fitness center.

More at: [bendparksandrec.org/fitness-centers](http://bendparksandrec.org/fitness-centers)

See details [online](#).

**GROUP FITNESS CLASSES:** Get fit and have fun with our many group exercise class options. 16 - 17 year-olds are welcome in all of our regular group exercise classes. 11 - 15 year-olds may attend some classes under parent/guardian supervision.

[View classes and schedules available online.](#)

**Enjoy the water?  
Be a lifeguard or swim instructor.**

Learn more at [bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).



## Drop in and jump in at Rec Swim!

BPRD has three great recreation swim sessions available at two facilities:

**Family Swim**

**Parent-Child Swim**

**Open Recreation Swim**

Learn more on page 81 and view schedules at [bendparksandrec.org/recswim](http://bendparksandrec.org/recswim)



## Youth Swim Lessons

### Our year-round youth swim lessons are...

- **Age-Appropriate:** Offered for infants, preschoolers, youth and teens.
- **Skill-Appropriate:** Based on progressively learned swim skills.
- **Safe:** Lifeguards are always on duty to provide extra protection.
- **Small:** Maximum class size of five for preschoolers and six for other levels.
- **Professional:** All instructors are trained in our own best practices program.
- **Fun:** We believe learning to swim should be a positive, fun experience!

For more information, call (541) 389-7665

### Swim lessons fill quickly! How to register:

1. **Based on your child's age, select a lesson group:**
  - 0 - 36 months: Parent Tot
  - 30 - 35 months: Sea Stars
  - 3 - 5 years: Journey
  - 6 - 12 years: Level
  - 12 - 16 years: Teen Level
2. **Review lesson descriptions and select level for your child's skills and required class prerequisites. Still not sure? Schedule a swim assessment (below right).**
3. **Determine preferred location.**
4. **Click on blue "View" hyperlinks to see offerings. Fees vary with session lengths.**
5. **Register for the class that matches your child's level.**
6. **If the appropriate lessons are full, be sure to sign up on the waitlist.**



### Parent Tot Swim Lessons

**Ages:** 6 - 36 months

Developmentally appropriate classes provide a safe, encouraging and fun introduction to the wonderful world of water. Parents/guardians work directly with their child under instructor's guidance. Swim diaper required for all children.

**Parent Tot 1:** (6 - 18 months) Hands-on work, skill-oriented games and songs emphasize water adjustment and enjoyment.

**Parent Tot 2:** (19 - 36 months) More skill-building fun and games with an increased emphasis placed on basic swim skills and independence.

**Fees:** \$67.00 - \$96.00 ID  
\$80.40 - \$115.20 OD

**Frequency:** 1, 2 and 4 days a week

Opens March 19

**Juniper Swim & Fitness Center**  
[View Parent-Tot 1-2 at Juniper](#)

**Larkspur Community Center**  
[View Parent-Tot 1-2 at Larkspur](#)

### Sea Stars Swim Lessons

**Age:** 30 - 35 months

Has your child attended Parent Tot lessons multiple times? Is your child two and a half years old and ready for more? Specially designed for the independent, not quite three year old, this fun and encouraging class will teach your child the basic skills of floating, gliding and water safety. Prerequisite: Parent Tot lessons. Parent participation in the water is required. Swim diaper required for all children.

**Fees:** \$67.00 - \$96.00 ID  
\$80.40 - \$115.20 OD

**Frequency:** 1, 2 and 4 days a week

Opens March 19

**Juniper Swim & Fitness Center**  
[View Sea Stars at Juniper](#)

**Larkspur Community Center**  
[View Sea Stars at Larkspur](#)

### Journey Swim Lessons

**Ages:** 3 - 5

A progressive journey for preschoolers/kindergartners that develops swimming skills in a creative environment for your child's comfort, confidence and enjoyment. Children work on kicking, gliding and basic strokes. Journey 1 through 5 levels are available.

**Journey 1:** Water adjustment, underwater exploration, floating on front and flutter kicking. Prerequisite: Ability to participate in a class environment.

**Journey 2:** Front and back floats, glides and kicks. Prerequisite: Float on front with face in water for 3-5 seconds.

**Journey 3:** Front crawl stroke and backstroke with big pool exposure. Prerequisite: Float and kick on front and back for 5 seconds.

**Journey 4:** Crawl stroke with side breathing, back crawl stroke and increased endurance with extensive work in the big pool. Prerequisite: Completion of Journey 3.



**Journey 5:** More advanced stroke work including technique and endurance with both crawl stroke and backstroke. Prerequisite: Completion of Journey 4 or front crawl with side breathing 20 feet and backstroke for 20 feet.

**Fees:** \$67.00 - \$96.00 ID  
\$80.40 - \$115.20 OD

**Frequency:** 1, 2 and 4 days a week

Opens March 19

**Juniper Swim & Fitness Center**  
[View Journey 1 - 5 at Juniper](#)

**Larkspur Community Center**  
[View Journey 1 - 5 at Larkspur](#)

For more information, call 541-389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

## Level Swim Lessons

**Ages:** 6 - 12

This progressive program designed for school-age children will be fun and challenging as swimmers progress to refine strokes and breathing, build confidence and further develop skills. There are Levels 1 through 6 for your child's progression.

**Level 1:** Water adjustment, front and back floats and glides and flutter kick. Prerequisite: Ages 6 years and older.

**Level 2:** Streamline kicking on front, back and side, basic crawl stroke, into back crawl stroke and deep water exposure. Prerequisite: Float, glide and kick comfortably on front and back for 5 seconds.

**Level 3:** Crawl stroke with side breathing and back crawl stroke for 45 feet. Prerequisite: Strong kick on front and back in proper body position for 10 seconds.

**Level 4:** Crawl stroke with rhythmic side breathing and back crawl stroke for 25 meters with increased emphasis on proper technique. Elementary backstroke, breast stroke and dolphin kick introduced. Prerequisite: Comfortably swim crawl stroke with side breathing and backstroke for 45 feet.

**Level 5:** Refinement of crawl stroke, back stroke and elementary backstroke; introduction of breast stroke, butterfly and open turns. Prerequisite: Comfortably swim crawl stroke with rhythmic side breathing, back stroke and elementary backstroke for 25 meters.

**Level 6:** Increased endurance and technique in all previously learned strokes including butterfly and breast stroke; flips turns and diving from starting blocks. Prerequisite: Completion of Level 5.

**Fees:** \$67.00 - \$96.00 ID  
\$80.40 - \$115.20 OD

**Frequency:** 1, 2 and 4 days a week

Opens March 19

**Juniper Swim & Fitness Center**

[View Level 1 - 6 at Juniper](#)

**Larkspur Community Center**

[View Level 1 - 6 at Larkspur](#)

## Teen Level Swim Lessons

**Ages:** 13 - 16

Designed to teach teens basic swim skills: kicking in an arrow, front crawl stroke, backstroke and exposure to deep water. There are Levels 1 through 6 for effective progression.

**Descriptions available above.**

**Fees:** \$87.00 - \$96.00 ID  
\$104.40 - \$115.20 OD

**Frequency:** 2 days a week

Opens March 19

**Juniper Swim & Fitness Center**

[View Teen Level 1 - 6 at Juniper](#)



## Swim Lesson Assessment **FREE**

Take the guesswork out with a free swim assessment to ensure your child is in the right class. Come by the pools at:

**Larkspur Community Ctr.:**

Dates: 4/1 - 5/31  
M-Th: 4:00 & 6:30 pm  
  
Dates: 6/24 - 8/30  
M-Th: 1:45 & 6:15 pm  
Sa: 3:00 pm

**Juniper Swim & Fitness Ctr.:**

Dates: 4/10 - 5/31  
M-Th: 10:45 am  
4:15 & 6:30 pm  
F: 10:15 am  
Sa: 12:30 pm

Dates: 6/24 - 8/30  
M-Th: 10:30 am  
4:00 & 6:30 pm  
F: 10:30 am

Email [ann@bendparksandrec.org](mailto:ann@bendparksandrec.org) or [keri@bendparksandrec.org](mailto:keri@bendparksandrec.org) to arrange an appointment to work with your schedule.

## Frequently Asked Questions

**When does registration begin?**

Registration opens Tuesday, March 19 at 6:00 a.m. and is ongoing.

**How do I know what lesson to register my child for?**

Come to a swim lesson assessment or read the prerequisite listed under the class description.

**Why are swim lessons so popular?**

Youth swim lessons are some of the most in-demand recreation programs in our community. There are several reasons why. The facility shutdown of the pandemic coupled with area population growth created a backlog of children needing lessons. Even with a full schedule of lessons, we're not able to meet all of the demand, but it is improving. If you are unable to get a spot, please sign up on a waitlist so that we know of your interest and can try to accommodate your child.

**I am on a waitlist, what should I do?**

If there is room for additional swimmers, we will email the waitlist participants in the order received. Keep your eye on your email. Once an email notice is sent, you have 48 hours to register or your held spot will be forfeited.

**What lesson level is my child signed up for?**

At your lesson, the deck supervisor has the information and can help you find the appropriate class.

**What if I don't remember what facility my lesson is at?**

When you registered, you should have received an e-mail receipt with your class location listed with the activity.

**What do I do if I signed my child up for the wrong level?**

Contact customer service and ask about updating the customer question on your swim lesson registration.

**I have multiple children and would like them in lessons at the same time.**

Most of our lessons have the opportunity to occur at the same time. If you weren't able to sign up for the same time due to the class being full, we encourage you to place your child on the waitlist for the time you like and sign up for the class closest to that time. If the class has an opening, you will have the opportunity to transfer.

**My child is signed up for a level they already passed.**

Contact customer service and ask about updating the customer question on your swim lesson registration.

**Are private or semi-private swim lessons available?**

We are unable to offer private or semi-private lessons at this time as group lessons are our priority. As we bring on more staff, we hope to offer additional swim lesson opportunities.





## Junior Lifeguard & Swim Instructor Aide Training & Volunteer Programs

**Ages:** 12 - 15

**Juniper Swim & Fitness Center & Larkspur Community Center**

Be part of the BPRD aquatics team, provide a valuable service to our community and have a great summer at the pool! Learn the skills, standards and expectations for being a lifeguard or swim instructor and put your training into practice through supervised volunteering during summer programs.

Participants will complete a swim skills test and must attend training. Volunteering is a required part of these programs. Session dates listed are for program orientation/training. Participants should register for one of these dates and will be able to select volunteer shifts after training. Students may participate in only one of these programs per summer.

No fee.

### SWIM INSTRUCTOR AIDE

**Juniper Swim & Fitness Center & Larkspur Community Center**

Activity: [209501](#)

**Required Training: Must attend all days/times of the session that you register for.**

**T/Th: 5:00- 7:00 pm**

Session 1: 5/28, 5/30, 6/4, 6/6

- OR -

**M/W/F: 9:45 - 11:45 am**

Session 2: 7/9, 7/11, 7/16, 7/18

### JUNIOR LIFEGUARD

**Juniper Swim & Fitness Center**

Activity: [209502](#)

**Parent and Participant meeting:**

**W: 5:30 - 7:00 pm**

Session: 6/5

- OR -

**W: 11:30 am - 1:00 pm**

Session: 6/19

**Weekly Ongoing Training:**

**W: 11:30 am - 2:00 pm**

Session: 6/26 - 8/14



## Clases de Natacion para Familias en espanol / Family Swim Lesson in Spanish

**Ages:** 3 & up with Adult

**Juniper Swim & Fitness Center**

Actualmente, ésta es la única clase de natación que BPRD ofrece en español, por tal motivo, las familias de habla hispana tienen la prioridad al momento de la inscripción. Esta clase es para niños, jóvenes y adultos, enseñaremos natación de manera progresiva para toda la familia. Incluye el ingreso al horario de recreación para público en general en las piscinas, inmediatamente después de la clase.

Designed for Latino families, this combined youth and adult class features a progressive swim lesson for the whole family! Since this is BPRD's only swim class in Spanish, registration is prioritized for Spanish-speaking families. Includes admission to Open Recreation Swim immediately after class.

\$157.00 ID \$188.40 OD

Activity: [205260](#) - Opens March 19

**F: 12:30 - 1:00 pm**

Session: 6/28 - 8/23



## Diving

### Springboard Diving Level 1

**Ages:** 9 - 12

**Juniper Swim & Fitness Center**

Learn the basics of how to dive from the 1-meter springboard. The instructor will lead you through the specifics of how to do a diving approach, front jumps, front dives, as well as a basic introduction to the back dive. Additional instruction includes introductions to front flips and twist jumps, along with basic step-by-step progressions. Focused on developing your confidence in a safe environment. These skills and others will help you become a successful diver. Prerequisite: Ability to comfortably swim two widths of the pool in the deep end and tread water.

\$54.00 ID \$64.80 OD

Activity: [205570](#) - Opens March 19

**Tu:** 4:15 - 5:00 pm

- OR - 5:05 - 5:50 pm

Session: 6/25 - 7/23 7/30 - 8/27

**Th:** 4:15 - 5:00 pm

- OR - 5:05 - 5:50 pm

Session: 6/27 - 7/25 (no class 7/4  
\$43.00 ID \$51.60 OD)  
8/1 - 29

**F:** 11:30 am - 12:15 pm

- OR - 12:15 - 1:00 pm

Session: 6/28 - 7/26 (No class 7/5  
\$43.00 ID \$51.60 OD)  
8/2 - 30

## Swim Team

### Juniper Summer Swim League

**Ages:** 6.5 - 14

**Juniper Swim & Fitness Center**

An introduction to competitive swimming and training designed to challenge and refine swimming skills. Participants must be able to swim 25 meters front crawl stroke using side breathing and 25 meters backstroke with level body position. Groups divided by age and ability levels. We'll teach the rest! Participants swim three days a week of their choice (except for afternoon participants.)

Activity: [205411](#) - Opens March 19

\$222.00 ID - \$266.40 OD

**Ages:** 6.5 - 14

**M-F:** 10:00 - 10:50 am

- OR - 10:55 - 11:45 am

Session: 6/24 - 8/9 (no class 7/4)

\$194.00 ID \$232.00 OD

**Ages:** 8.5 - 14

**Tu/Th:** 4:15 - 5:25 pm

Session: 6/25 - 8/8 (no class 7/4)

**Enjoy the water?  
Like helping people?  
Be a lifeguard or  
swim instructor.**

Learn more at

[bendparksandrec.org/jobs](http://bendparksandrec.org/jobs).

## Triathlon

### Kids Triathlon Clinic

**Ages:** 4 - 12

**Juniper Swim & Fitness Center**

Have fun and learn the skills of competing in a triathlon. Each clinic will include activities in each of the disciplines, so be prepared to jump in the pool, and bike/scoot and run around Juniper Park. Bring your bike/scooter, helmet, swimsuit, towel, running shoes and a water bottle.

\$15.00 ID \$18.00 OD

Activity: [205607](#) - Opens March 18

**Tu:** 5:30 - 6:30 pm

Session: 8/13 8/20

## Kids Triathlon

**Ages:** 4 - 12

**Juniper Swim & Fitness Center**

Swim! Bike! Scoot! Run! Do a triathlon. The swimming portion of this non-timed event will be held in the supervised Olympic 50-meter pool. The mountain biking/scootering and running portions will be held in Juniper Park. The event focuses on sportsmanship, participation and fun. Adults - come support your kids as you cheer them on from poolside and on the bike/scooter course, and maybe even run with them to the finish line. All abilities welcome; bikes or scooters allowed. Build your skills and get ready by signing up for a clinic. Select your T-shirt size: Youth XS, S, M, L or XL. T-shirt not guaranteed for pick-up at the event for registration after August 2.

\$35.00 ID \$42.00 OD

Activity: [205608](#) - Opens March 18

**Su:** 8:30 - 10:30 am

Session: 8/25



## Register in advance to sync with your workout Kids' Corner Childcare

**Ages:** 6 months - 5 years  
**Juniper Swim & Fitness Center**

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, work out or just relax.

- Registration is strongly recommended and includes a standard of four scheduled 75-minute visits per session at discounted rate.
- Fee is adjusted for three- or five-visit sessions.
- Each visit is limited to 75 minutes. Sorry, no discount for less time. If you would like your child to stay longer than 75 minutes, it will count as two visits and only available as space allows or if registered.



### Registration Childcare

#### TODDLER

**Ages:** 6 - 29 months.  
Limited availability

\$30.00 ID \$36.00 OD / session

Activity: [205600](#) - Opens March 18

#### PRESCHOOLER

**Ages:** 30 months  
- 5 years old

\$25.00 ID \$30.00 OD / session

Activity: [205601](#) - Opens March 18

**Weekdays:** 9:00 - 10:15 am  
- OR - 10:20 - 11:35 am

Sessions:

M:	7/1 - 29	8/5 - 19
T:	7/2 - 30	8/6 - 20
W:	7/3 - 31	8/7 - 21
Th:	7/11 - 25	8/1 - 22
F:	7/5 - 26	8/2 - 23

### Drop-in Childcare

*Available if space allows.  
Call 541-706-6191 for availability.*

#### TODDLER

**Ages:** 6 - 29 months.  
Limited availability

\$9.00 ID \$10.80 OD  
per visit up to 75 minutes.

#### PRESCHOOLER

**Ages:** 30 months  
- 5 years old

\$7.50 ID \$9.00 OD  
per visit up to 75 minutes.

**Weekdays:** 9:00 - 10:15 am  
- OR - 10:20 - 11:35 am

Your child can stay for longer than 75 minutes with payment for two visits.

### Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

Learn more and view drop-in fitness classes at [bendparksandrec.org/fitness-swim/](http://bendparksandrec.org/fitness-swim/)



## Preschool

### Summer Buddies Preschool

**Ages:** 3 - 5

#### Juniper Swim & Fitness Center

Children will enjoy afternoon swimming, making crafts, playing outdoor games, making new friends and much more. Summer Buddies is a great boost before starting preschool or kindergarten! No prior swimming experience required. Children must be potty-trained. Choose day/time session below. You can register for multiple sessions per week if you choose.

\$135.00 ID \$162.00 OD

Activity: [205600](#) - Opens March 18

**M/W:** 1:30 - 3:45 pm

Session: 6/24 - 7/10 7/15 - 31  
8/5 - 21

**Tu/Th:** 1:30 - 3:45 pm

Session: 6/25 - 7/11 (no class 7/4,  
\$112.50 ID \$135.00 OD)  
7/16 - 8/1 8/6 - 22



### Busy Buddies Preschool for 2024-25

**Ages:** 3 - 5

#### Juniper Swim & Fitness Center

Busy Buddies Preschool is a school-year program that aligns similarly to the Bend-La Pine Schools calendar. This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided.

Note: No prior swimming experience necessary. Children must be potty-trained.

You can register for multiple sessions per week if you choose.

School holidays align with the Bend-La Pine School District calendar.

**Registration will open on Monday, May 6, at 6:00 am.** Limited availability - sign up on wait list if the program is full. The registration holds your spot for the upcoming September-May school year program.

**Registration Fee:** A \$20.00 ID/OD non-refundable registration fee is due at time of enrollment.

**Monthly Fee:** \$260.00 ID / \$312.00 OD is due the 5th of every month, September through June.

Activity: [405601](#) - Opens May 6,  
at 6:00 am.

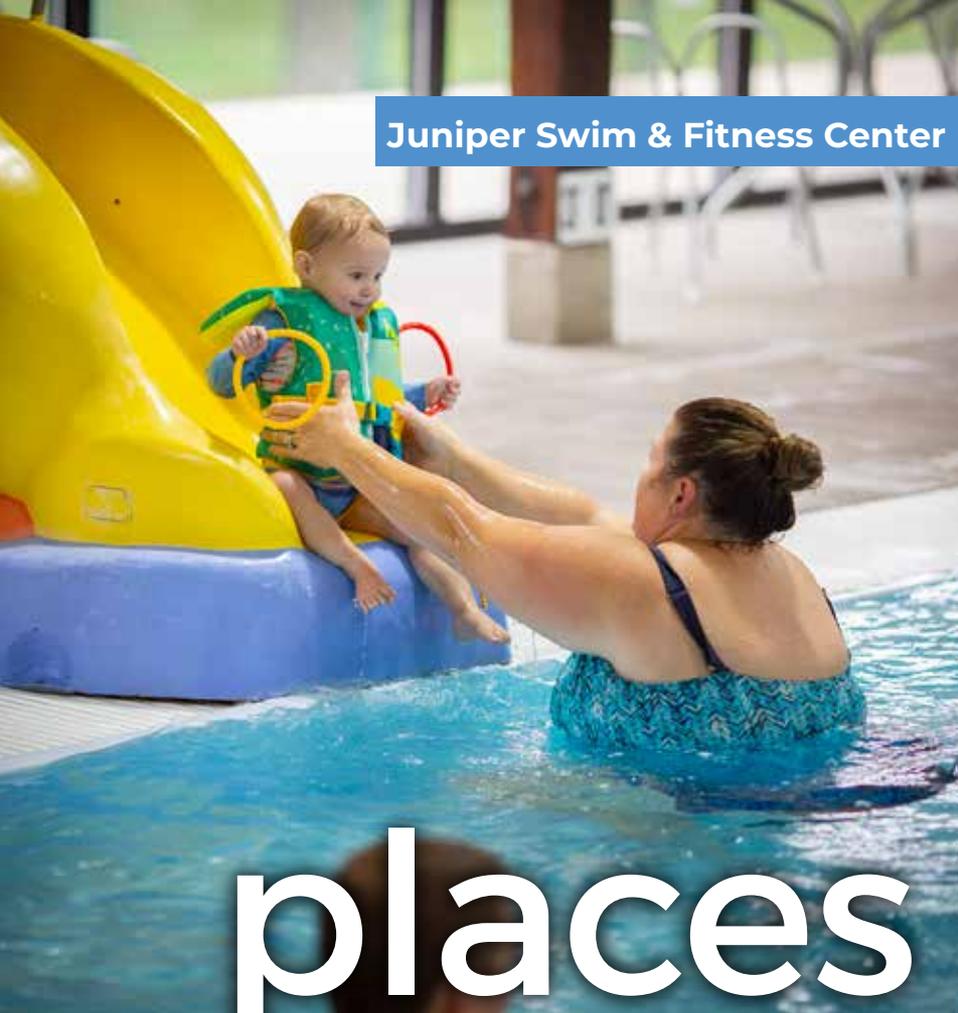
**M/W:** 1:30 - 4:30 pm

Session: 9/9 - 6/11

**Tu/Th:** 1:30 - 4:30 pm

Session: 9/10 - 6/12

Juniper Swim & Fitness Center



The Pavilion



# places to play

## recreation centers



Bend Senior Center



Larkspur Community Center

# LET'S GO!

## Facility Fee & Pass Information

Bend Park & Recreation District offers three unique recreation centers with multiple fee options and activities.

To use a BPRD facility, choose the fee structure and payment option that best matches your needs.

No matter what you choose, you can workout, swim, skate and play with the confidence that there are:

- **No initiation or start up fees.**
- **No contracts.**

With our monthly and annual passes you can enjoy:

- **Unlimited in and out privileges.**
- **Online pass renewal.**
- **Quick & easy check-in.**
- **Awesome savings.**

## Pass Types

### 10-Visit Passes

10-visit passes may be used for facility access at all locations of equal or lesser value. Patrons may use visits for themselves or guests at the same entrance fee. This pass doesn't expire.

### Monthly & Annual Passes

Monthly and annual passes may be purchased at any time. Full payment is required at time of purchase. Passes are not transferable or refundable, and may not be suspended or extended except for documented medical reasons. Passes are not prorated for scheduled closures such as holidays, special events and maintenance periods.

### Annual Pass Discount

Save 20% off the monthly fee with an annual pass. Combine with couple and family pass specials for the best value!

### Family Pass Special

Family passes include any adult, youth or senior family members living in the same household. Three member minimum required.

### Partner Discount

Save 10% off monthly and annual passes when two people in the same household purchase a pass at the same time. Includes adults, youth and senior family members in the same household. Not applicable to Social Activities pass.

### Out-Of-District Fee Policy

The prices listed are the discounted rates for residents of the Bend Park and Recreation District. Persons residing outside of the Bend Park and Recreation District boundaries are charged an additional 20% because they do not pay property taxes that support the district. If you need help determining if you live inside or outside the district boundaries, view the district map at [bendparksandrec.org](http://bendparksandrec.org) or call us at (541) 389-7275.

## Recreation Center Holiday & Special Hours

### May 27, Memorial Day:

Juniper Swim & Fitness Center: 12:00 - 4:30 pm  
Larkspur Community Center: Closed  
The Pavilion: Closed

### June 2, Employee Training Day:

Juniper Swim & Fitness Center: 8:00 am - 2:00 pm  
Larkspur Community Center: Regular hours  
The Pavilion: Regular hours

### June 19, Juneteenth:

All recreation centers: Regular hours

### July 4, Independence Day:

Juniper Swim & Fitness Center: 12:00 - 4:30 pm  
Larkspur Community Center: Closed  
The Pavilion: Closed

### September 2, Labor Day:

Juniper Swim & Fitness Center: 12:00 - 4:30 pm  
Larkspur Community Center: Closed  
The Pavilion: Closed

For more information, call (541) 389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

## FACILITY STANDARD IN-DISTRICT FEES & PASSES

Fees effective through June 18, 2024.

### JUNIPER SWIM & FITNESS CENTER & LARKSPUR COMMUNITY CENTER

#### ONE PASS - TWO FACILITIES

Unlimited access to over 100 weekly group fitness classes & full facility use, including use of pools, fitness center, hot features, masters swim practices and Bend Senior Center.

See facility details on pages 85 - 86.

### BEND SENIOR CENTER

#### Social Pass

Includes participation in ongoing social activities, including games, billiards & Senior Center events.

### THE PAVILION: ICE SEASON

#### Without Skates

Admission to all public skate sessions.

**Ice Season: October - April**

Skate rental: \$3.00

### THE PAVILION: ROLLER SEASON

#### Without Skates

Admission to all public skate sessions.

**Roller Season: April - September**

Skate rental: \$3.00

<b>Single Visit Admission</b>	Adult (19-62)	\$8.00	\$3.50	\$9.00	\$7.00
	Older Adult* (63-79)	\$7.00	\$1.50	\$8.00	\$6.00
	Youth (3-18)/Honored Citizens (80+)	\$6.00	\$1.25	\$7.00	\$5.00
	Children under 3 with paying adult	Free	N/A	Free	Free
<b>10-Visit Pass</b> Save an average of 15%	Adult (19-62)	\$68.00	\$29.00	\$72.00	n/a
	Older Adult* (63-79)	\$59.00	\$12.00	\$64.00	n/a
	Youth (3-18)/Honored Citizens (80+)	\$51.00	\$10.00	\$56.00	n/a
<b>Monthly Pass</b> Unlimited Visits!	Adult (19-62)	\$59.00	\$24.00		
	Older Adult* (63-79)	\$46.00	\$16.00		
	Youth (3-18)/Honored Citizens (80+)	\$32.00	\$13.00		
<b>Monthly Family Pass</b>	Any mix of three or more household members	\$110.00	N/A		

\*Effective Jan. 1, 2025, the Older Adult age for recreation facility access passes begins at 64. Each year, the beginning age will increase one year until 2026 when the minimum age requirement reaches 65. Individuals born on or before December 31, 1961 will qualify as older adults throughout the transition.

CLICK TO  
LEARN MORE ABOUT  
& PURCHASE  
PASSES



**USE YOUR MONTHLY & ANNUAL FITNESS/SWIM PASS FOR ROLLER SKATING AT THE PAVILION**

(Does not include skate rental.)



# recreation center activities

## USE YOUR MONTHLY & ANNUAL FITNESS/SWIM PASS FOR ROLLER SKATING AT THE PAVILION

(Does not include skate rental.)

## ROLLER & ICE SKATING PARTIES AVAILABLE

Great for birthday parties and more! During ice season, The Pavilion features an indoor viewing room with fireplace. During roller season, guests can enjoy the outdoor pavilion. No matter the time of year, The Pavilion offers spaces with fun viewing opportunities and a place to enjoy food, drinks and a celebratory dessert.

To learn more about parties and other events, see the

[Pavilion Rental page.](#)

## Drop-in Roller Skate Sessions

### The Pavilion

- Ice season: late October - April
- Roller season: April - September
- Facility information on page 87.

Fees: Pass or drop-in fee.

- Rental skates available.
- Helmets available to borrow.
- See pages 78 - 79.

### Open Skate

All ages

#### Regular drop-in fees

Open Skate sessions offer a recreational opportunity for all ages and abilities to enjoy the rink. Children 6 years and under must be supervised by a responsible person 14 years or older. Sticks, pucks and maneuvers that would endanger others are not allowed.

During normally lower attendance times, activities may include basic skating and/or laps on the outside perimeter and basic figure skating/roller dancing/freestyle on the inside. These sessions may occasionally include large groups such as schools. Check online schedules so you know what to expect.

More at: [bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion)

### Family Skate

All ages with adult

**\$5 per person including skate rental**

Open Skate for families at a special discounted fee. All children must be accompanied by parent/guardian.

More at: [bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion)

### Cheap Skates

All ages

**\$5 per person including skate rental**

Open Skate at a special discounted fee.

More at: [bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion)

### Friday Night Roller Dance

All ages

Open Skate with those Friday night dance vibes. Complete with themes, good music and roller dancing.

More at: [bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion)

### Saturday Night Adult Roller Jam

Ages: 21 & over

S-A-T-U-R-D-A-Y Night! We'll bring out the music, turn down the lights and let the big kids play at these special adults-only skate sessions with local brewery on site. We're talking youthful "skate center" vibes and joy!

More at: [bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion)

CLICK FOR SKATING SCHEDULES



### With A Child Skate

Ages: 18 & under with adult

**\$5 per person including skate rental when adult accompanies child**

Special discounted Open Skate session for adults to skate with their child, up to age 18. All children must be accompanied by an adult. Adult and children groups such as homeschool groups or young children play groups are welcome. For ages 5 and under, there is skate instructor support available for a positive experience.

During roller skating season, you can expect an open play space (with mats and balls) along with roller skating.

More at: [bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion)



For more information, call 541-389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



## Drop-in Swim Sessions

### Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 85 - 86.
- Fee: Pass or drop-in fee. See pages 78 - 79.

### Open Recreation Swim

#### All ages

Recreation swim is open to all ages; however, children 6 years and under must be supervised by a responsible person 14 years or older. Hot tub use only available to ages 16 and up.

More at: [bendparksandrec.org/recswim](http://bendparksandrec.org/recswim)

### Family Swim

#### All ages with adult

A perfect time for families to use the pools for recreating and swimming. All children must be accompanied by parent or guardian. Hot tub use available to ages 6 and up only with an adult.

More at: [bendparksandrec.org/recswim](http://bendparksandrec.org/recswim)

### Parent-Child Swim

#### Ages: 6 & under with adult

A special time in the pool for parents and their young kids to explore the wonderful world of water and practice swimming skills. Adult supervision in the water is required. Swim diapers are required for those who are not toilet trained.

More at: [bendparksandrec.org/recswim](http://bendparksandrec.org/recswim)

CLICK FOR  
RECREATION SWIM  
SCHEDULES



### Lap Swimming & Water Work Out on Your Own

#### All ages

Swim for fitness! Swim for fun! Check the website for pool schedule, pool length, number of lanes and requirements.

More at: [bendparksandrec.org/lapswim](http://bendparksandrec.org/lapswim)

CLICK FOR  
LAP SWIMMING &  
CURRENT CHANNEL  
SCHEDULES



### Masters Swimming Bend's Adult Swim Program

#### Ages: 18 & up

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for all adults and abilities, who can swim comfortably for 500 meters (20 lengths).

More at: [bendparksandrec.org/lapswim](http://bendparksandrec.org/lapswim)

### Current Channel Work Out on Your Own

#### Ages: 16 & up; 11 - 15 with adult

Uninstructed, drop-in times at Larkspur Community Center with moderate levels of resistance for you to walk, stabilize, stretch and tone for all abilities and levels. No swimming.

More at: [bendparksandrec.org/lapswim](http://bendparksandrec.org/lapswim)

### Hot Tub, Sauna & Steam Room Use

#### Ages: 16 & up

The coed hot features, including hot tub, sauna and steam room, are available when Juniper's indoor pool is open.

The hot tub at Larkspur is open when Larkspur's pool is open.

Youth ages 6 years and up are only allowed in the hot tubs with an adult; not allowed during Open Recreation Swim.

### RECREATION SWIM SPECIAL

Adults are \$6 each when adult companions paid children.

Good for: Open Recreation Swim, Family Swim and Parent-Child Swim

### POOL PARTIES

Make waves at your next celebration with a pool party.

Available at both Juniper and Larkspur pools.

Details at: [bendparksandrec.org/poolparty](http://bendparksandrec.org/poolparty)

### One pass - two facilities & hundreds of sessions

The fitness and swim pass offers unlimited lap swim, rec swim, fitness center use, hot features and access to 200+ weekly exercise programs at both Juniper and Larkspur.

More at [bendparksandrec.org](http://bendparksandrec.org)

Register at [register.bendparksandrec.org](http://register.bendparksandrec.org) • Summer registration opens March 18 - 20 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 88 - 89 • Park lists on pages 90 - 91.



## One pass - two facilities & hundreds of classes

The fitness and swim full-access pass offers unlimited lap swim, rec swim, fitness center use, hot features and access to more than 200 weekly group exercise programs at both Juniper and Larkspur.

Details at [bendparksandrec.org](http://bendparksandrec.org)



## Fitness passes through health insurance

There is a low-cost or no-cost fitness pass option for insurance-reimbursed fitness programs, including: Active & Fit Enterprise, Active & Fit Direct, AARP Renew Active, Optum One Pass and Silver & Fit. Eligible programs will include unlimited access to BPRD fitness centers, virtual fitness classes, lap swimming and drop-in fitness classes, including water fitness classes and workout-on-your-own sessions. Learn more at: [bendparksandrec.org/medicare](http://bendparksandrec.org/medicare)

## Drop-in Fitness Classes

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 85 - 86.
- Fee: Pass or drop-in fee. See pages 78 - 79.

Ages: 16 & up; 11 - 15 with adult

### DROP-IN CLASSES & SCHEDULES:

You can start at any time. Classes are offered on a first-come, first-served basis. Classes are held on a weekly basis. Check schedules at [bendparksandrec.org](http://bendparksandrec.org). You can even download to your own mobile device calendar.

### DROP-IN PASSES / FEES:

Numerous pass options are available to suit your needs and one pass grants access to both facilities. Check out the monthly, quarterly and annual passes to take advantage of great savings along with great workouts! Pass information on pages 78 - 79.

**SAME INSTRUCTORS:** Both locations feature the same great instructors so you can find the facility that suits your needs.

**ADVISED:** We strongly recommend checking with your physician before starting any exercise program.

CLICK FOR  
FITNESS  
SCHEDULES



## Cardio Fitness & Dance

**Features:** Move and groove with us. These classes are full of variety with dance, step, kickboxing and always your choice of high- or low-impact. Engage your muscles and get your heart pumping for increased strength and resilience.

More at: [bendparksandrec.org/cardio](http://bendparksandrec.org/cardio)

## Indoor Cycling

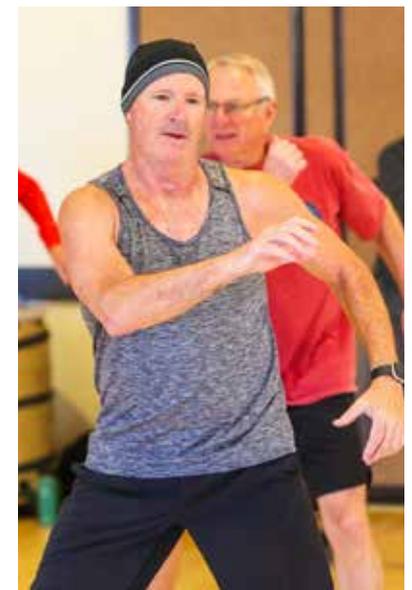
**Features:** Experience the Ride! Based on a road cycling experience, indoor cycling is an individually paced, non-impact cardio workout. Classes are held in our theater-style indoor cycle studio with beautiful park views. Our state-of-the-art, Spinner® Chrono™ Power bikes use accurate power measurements and watts-based training, giving you the ability to customize the ride to meet your goals.

More at: [bendparksandrec.org/indoor-cycling/](http://bendparksandrec.org/indoor-cycling/)

## Mind & Body

**Features:** Rooted in traditional practices, Mind & Body classes aim to improve your overall health and well-being through stretching, focused breathing, relaxation techniques, movements and poses that bring flexibility and strength together to develop joint mobility. Yoga, Pilates, Tai Chi, meditation and other practices are known to support both physical and mental awareness and wellness.

More at: [bendparksandrec.org/mind-and-body](http://bendparksandrec.org/mind-and-body)



For more information, call 541-389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



## Strength & Conditioning

**Features:** Improve your day-to-day function with strength and conditioning! Burn calories at a higher rate through resistance training and use a variety of equipment to increase your muscle strength, metabolic rate, endurance, bone density and balance.

More at: [bendparksandrec.org/strength-and-conditioning](http://bendparksandrec.org/strength-and-conditioning)



## Water Fitness

**Features:** Water is a great equalizer! Help rehabilitate an injury, cross train to enhance athletic performance or simply enjoy the feel-good nature of a water workout. The buoyancy and natural resistance of the water creates an optimal exercise environment with little to no impact on your joints while improving cardio fitness and strengthening muscles. No swimming skills are needed and classes held in deep water use floatation devices. Water shoes recommended.

More at: [bendparksandrec.org/water-fitness](http://bendparksandrec.org/water-fitness)



## Therapeutic Fitness

BPRD can help you make the most of your fitness with targeted therapeutic fitness programs which research has shown to offer health benefits. Here are some health challenges where therapeutic fitness could offer help: mobility issues; chronic conditions, especially related to joints and muscles; preventing injury; preparing for surgery; recovering from surgery or injury; next steps from physical therapy and weight loss. Whether you are seeking low-impact and light-intensity, cardio, strength or mobility, you can take a class or work individually with staff to get back on track.

More at: [bendparksandrec.org/therapeuticfitness](http://bendparksandrec.org/therapeuticfitness)

## Virtual Fitness Classes

### Online

- Fee: Pass or \$4.00 fee.

Keep moving, even remotely! BPRD online classes are brought to you using Zoom, a web-hosted video conference application. Step-by-step instructions are provided to help you get connected. Variety of classes offered in Cardio Fitness & Dance and Strength & Conditioning.

Advance registration is required.

More at: [bendparksandrec.org/virtualfitness/](http://bendparksandrec.org/virtualfitness/)



## Drop-in Fitness Center Use

### Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 85 - 86.
- Fee: Pass or drop-in fee. See pages 78 - 79.

**Ages: 16 & up; 11 - 15 with adult**

### Fitness Center Orientation

Designed to give you the basic skills to use the equipment safely and effectively. Orientations are strongly recommended prior to using the fitness center, and in some cases, it may be required.

### Fitness Center & Under 18 Use

Youth ages 16 - 17 may use the fitness center without restriction although we recommend completing a Fitness Center Orientation.

Youth ages 11 - 15 may only workout in the fitness center under direct parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. After orientation, 11 - 15 year-olds need to check in at front desk for a wristband for each fitness center visit.

Children 10 years and younger are not allowed in the fitness center.

More at: [bendparksandrec.org/fitness-centers](http://bendparksandrec.org/fitness-centers)

## Personal Training

### Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 85 - 86.

A BPRD personal trainer can help you:

- Focus on your personal goals.
- Prepare for an adventure, race or event.
- Make your fitness routine fresh and interesting.
- Meet your desired activity and fitness level.
- Take the next step in your recovery from an injury or surgery.
- Train as an individual or group.

BPRD has a diverse group of trainers and services to meet your needs.

Personal training requires advanced registration and separate fees.

More at: [bendparksandrec.org/fitness-swim/personal-training/](http://bendparksandrec.org/fitness-swim/personal-training/)



## Drop-in Older Adult Social Activities & Community Connections

### Larkspur Community Center - Home of the Bend Senior Center

- Facility information on page 86. Adult Activity and Art programs on pages 9 - 17.
- Fee: Social pass, Fitness/Swim pass or drop-in fee. See pages 78 - 79.

Bend Senior Center is proud to serve and welcome older adults to social activities, such as games and group gatherings. BPRD is currently expanding these offerings as available.

Check the website regularly for additional information, schedules and updates.

More at: [bendparksandrec.org/  
bend-senior-center](http://bendparksandrec.org/bend-senior-center)

### Adult Activities & Specialized Fitness Programs

on pages 9 - 13.

### Adult Art Programs

on pages 14 - 17.

### Adult Swim Programs

on page 22.

### Wednesday Afternoon at the Movies

FREE

Drama, comedy, adventure! Join us weekly to watch a movie with friends. We'll show both contemporary and classic films. Check online schedules for times and movies offered.

### Super Tuesday Brunch

Join us for a tasty brunch on the second Tuesday of each month. Check online schedules for cost and times.

### Brown Bag Lunch & Learn Series

FREE

Presented in partnership with PacificSource Medicare Health Plans

Feed your body and your mind as local experts share their knowledge about issues important to you on Tuesdays at 12:00 - 1:30 pm. You bring your lunch; dessert and coffee are on us. Offered fall through spring with a break during summer months. Check online schedules for dates, topics and other details.

### Crochet, Knitting, Quilting, Rug Hooking & Stitching Groups

Celebrate and enjoy fiber arts together! Bring in your hand work and knit, stitch and/or hook projects together while making friends. Four different groups meet regularly. Check online schedules for more details.

### Pool/Billiards

You don't have to be a pool shark to enjoy a game of billiards. Fun times and good friendships guaranteed! Check online schedules for days and times.

### Cards & Games

Join in for a game of Bridge, Mexican Train, Canasta, Mahjong or Pinochle. Inquire at the front desk to join a game.

### The ABC & D's of Medicare

FREE

Join us for an informational Q & A session about Medicare on the fourth Wednesday of each month. Check online schedules or call for next session.



### AARP Smart Driver Class

The AARP Smart Driver Course is one of many programs offered by AARP Driver Safety. It's the nation's largest classroom and online driver safety course and it's designed especially for drivers age 50 and older. The class meets from 9:00 am to 4:00 pm with a lunch break. Fees are \$26.95 for AARP members; \$29.95 for non-members. For the next class and to register, call 503-676-3653.

CLICK FOR  
OLDER ADULT  
ACTIVITIES  
SCHEDULES &  
INFORMATION



For more information, call 541-389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



## Juniper Swim & Fitness Center

Situated in the heart of beautiful Juniper Park, our community health and fitness facility has the amenities, services and location to make your heart beat a little faster. Because we offer fitness and recreation opportunities to people of all ages and abilities, Juniper Swim & Fitness is the perfect place for every body.



### Location

[800 NE 6th Street  
Bend, OR 97701](#)



### Phone

p. 541-389-7665 (POOL)



### Hours, Fees, Schedules & Information

Visit [bendparksandrec.org/juniper](http://bendparksandrec.org/juniper) for schedules, rules and regulations.

Holiday hours and fees on pages 78 - 79.



### Social Media

[facebook.com  
JuniperSwimandFitnessCenter](https://www.facebook.com/JuniperSwimandFitnessCenter)

[instagram.com/  
juniperswimandfitness](https://www.instagram.com/juniperswimandfitness)

### Activities

Childcare & Preschool (page 76)  
Fitness Classes  
Fitness Center  
Hot Features: Spa & Sauna  
Personal Training  
Swim Lessons  
Swimming

### How to Get There

Juniper Swim & Fitness Center is centrally located in Bend within Juniper Park.

The NORTH ENTRANCE is located at the end of NE 6th Street, two blocks south of Greenwood Avenue. It can also be accessed from NE 3rd Street by turning east on Hawthorne Avenue.

The SOUTH ENTRANCE is located off Franklin Ave opposite of NE 7th Avenue.

#### PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike racks are located at each entrance. For public transportation, Juniper is located two blocks from the Hawthorne Street transit center of Cascade East Transit and a bus stop is located on Franklin Avenue.

CLICK FOR  
SWIM  
SCHEDULES



### Swimming Pools & Aquatic Facilities

#### Indoor/Outdoor Olympic 50-Meter Pool

This 82-degree pool is ideal for year-round training. Moveable bulkhead allows the pool to be divided into two 25-meter pools.

#### Indoor 25-Meter Pool

Perfect for swim lessons, water exercise and recreation swimming, the Indoor Pool features 84-degree water, 4' - 12' depth, soft-touch flooring, water basketball hoops and two one-meter diving boards.

#### Indoor Children's Pool

With soft-touch flooring, the Indoor Children's Pool is 90 degrees with a pool depth of 2'6" - 3', a small slide and splash features.

#### Outdoor Activity Pool

Open May to early September.

At 0" - 3'6" deep, the Outdoor Activity Pool offers 85-degree water, slides, tumble buckets and a splash pad.

#### Hot Tub / Steam Room / Dry Sauna

Perfect after a workout, the hot tub, steam room and dry sauna are coed and available when the indoor pool is open. Ages: 16 & up.

CLICK FOR  
FITNESS  
SCHEDULES



### Fitness Center, Studios & Equipment

#### Fitness Center & Fit Studio

Juniper's fitness center features state-of-the-art equipment and floor-to-ceiling windows and park views and the Fit Studio offers a dedicated space for functional fitness.

#### Fitness Studios and Classes

Filled with natural light and offering more than 100 weekly classes, Juniper's studios include four group exercise rooms - Group Ex Studio, Yoga Studio, Pilates Studio and Indoor Cycling Studio.

### Drop-in Swim

on page 81.

### Drop-in Fitness

on pages 82 - 83.

### Adult Swim Programs

on page 22.

### Youth Swim Programs

on pages 71 - 76.

Register at [register.bendparksandrec.org](http://register.bendparksandrec.org) • Summer registration opens March 18 - 20 at 6:00 a.m. daily. Check Activity # for opening date.

How to register, scholarships and refund/cancellation policy on pages 4 - 7. • Program locations on pages 88 - 89 • Park lists on pages 90 - 91.



# Larkspur community center

home of the bend senior center

## Larkspur Community Center

Larkspur is a vibrant place where people of all ages, interests and abilities can gather for lifelong fitness, learning and recreation. Larkspur is Home of the Bend Senior Center.



### Location

[1600 SE Reed Market Road  
Bend, OR 97702](#)



### Phone

p. 541-388-1133



### Hours, Fees, Schedules & Information

Visit [bendparksandrec.org/larkspur](http://bendparksandrec.org/larkspur) for schedules, rules and regulations.

Holiday hours and fees on pages 78 - 79.



### Social Media

[facebook.com/Larkspur-Community-Center](https://facebook.com/Larkspur-Community-Center)

[instagram.com/larkspurcommunitycenter](https://instagram.com/larkspurcommunitycenter)

### Drop-in Swim & Fitness

on pages 82 - 83.

### Activities

Enrichment Activities for All Ages  
Fitness Classes  
Fitness Center  
Hot Tub  
Personal Training  
Swim Lessons  
Swimming

### How to Get There

Larkspur Community Center - Home of the Bend Senior Center is located in southeast Bend within Larkspur Park. From 3rd Street, go east on Reed Market Road. After crossing 15th Street, turn left into the Bend Senior Center/Larkspur Park entrance.

### PUBLIC & ALTERNATIVE

**TRANSPORTATION:** Bike racks are available at the facility and you can get to the center via the Larkspur Trail and other trails and bike routes. For public transit, use Cascade East Transit routes #5, 6 or 9.

### Adult Activities Programs

on pages 9 - 13.

### Adult Swim Programs

on page 22.

### Youth Swim Programs

on pages 49 - 53.

CLICK FOR  
SWIM  
SCHEDULES



### Swimming Pool & Aquatic Facilities

#### 4,000-Square-Foot Indoor Aquatics Center

The aquatic center features ADA-friendly showers, locker rooms with free locker use for patrons and private changing areas.

#### 135,000-Gallon Recreation & Leisure Pool

Set at 87 to 89 degrees, the pool depth ranges from 2' 6" to 6' 3" with soft-touch flooring.

#### Current Channel with Hydro Feature

The Current Channel is the perfect setting for therapeutic water fitness or a fun relaxing float. It's great for exercise and play!

#### Accessible, ADA-friendly Features

ADA upgrades including accessible showers, grades, a chair lift and an elevator-style wheelchair lift for independent control.

#### Hot Tub, On-Deck Shower and More

The aquatic center has hot tub for relaxation and an on-deck shower for a quick rinse before your swim.

CLICK FOR  
FITNESS  
SCHEDULES



### Fitness Center, Walk/Jog Track, Studios & Equipment

Larkspur features two dedicated group fitness rooms, a 5,000-square-foot fitness center and walk/jog track with alcoves for functional workouts. The building's multi-purpose rooms are used for fitness classes too.

The fitness center includes:

- Precor fitness cardio equipment
- Three SciFit bikes with removable seats and wheelchair ramps.
- The Precor Resolute line of easy-to-use selectorized equipment.
- Free weights, balance equipment and cable-cross machines.

### Bend Senior Center

3,500-sq.-ft. Event Room and Kitchen

Social Lounge, Billiards Room, Book and Puzzle Lending Library and Free Wi-Fi

CLICK FOR  
OLDER ADULT  
ACTIVITIES  
INFORMATION



For more information, call 541-389-7275 or visit [bendparksandrec.org](http://bendparksandrec.org)

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# the pavilion

## The Pavilion

Two kinds of play - The Pavilion has distinct personalities! Cold and fresh for ice sports and skating. Bright, active and ever-evolving for roller sports, kids camps and other activities. No matter the season, come join in all that's offered and get to know the amazing and oh-so chill versatility of The Pavilion.



### Location

1001 SW Bradbury Way,  
Bend Oregon 97702



### Phone

p. 541-389-7588 (SK8T)



### Hours, Fees, Schedules & Information

Visit [bendparksandrec.org/pavilion](http://bendparksandrec.org/pavilion) for schedules, rules and regulations.

Holiday hours and fees on pages 78 - 79.



### Social Media

[facebook.com/  
thepavilioninbend](https://facebook.com/thepavilioninbend)

[instagram.com/  
thepavilioninbend](https://instagram.com/thepavilioninbend)

CLICK FOR  
DROP-IN SKATING  
SCHEDULES



## Activities

### April - September

Roller Skating & Hockey  
Skateboarding & Scootering  
Skate Parties  
Adult Sports Leagues  
Youth Summer Camps

### Late October - April

Ice Skating & Lessons  
Hockey  
Curling  
Skate Parties

## How to Get There

The Pavilion is located in southwest Bend at the Simpson and Colorado Avenue roundabout. The entrance is located on SW Bradbury Way. Both on-site and street parking are available.

### PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike or walk to The Pavilion. Bike racks are located at the entrance. To get here by public transportation, The Pavilion can be accessed via Cascade East Transit. A bus stop is located a block away and the Mt. Bachelor Park n' Ride is a few blocks to the west of The Pavilion.



## Facility Features

### The Ice Sheet (Late October - April)

Central Oregon's first and only NHL-size, 200' x 85' ice sheet complete with full-height dasher boards, players boxes and a refrigeration system consisting of over thirteen miles of tubing to ensure quality ice conditions even in marginal weather.

### Roller Sports Flooring (April - September)

In June 2019, the Bend Bullets Roller Hockey club donated brand new roller sports surfacing for The Pavilion. Through their volunteer efforts, they provided a more skateable surface that is also multipurpose for other activities. Each summer, The Pavilion also hosts a popular all-day summer camp.

### Skatepark (April - September)

Skatepark open for skates, scooters and skateboards. Helmets are required in the skatepark and available to borrow.

## Skate Parties

Learn more online at  
[bendparksandrec.org/skateparties](http://bendparksandrec.org/skateparties)



## Drop-in Skating Sessions

page 80.

## Roller Hockey & Roller Skating

Adult Sports on pages 18 - 21.  
Youth Sports on pages 57 - 70.



## Summer 2024 Program Locations

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Locations of all seasonal programs are in alphabetical order below.

**Academie De Ballet Classique**  
162 NW Greenwood Ave, Bend, OR  
97701

**Alpenglow Park**  
61049 SE 15th St, Bend, OR 97702

**Aspen Hall**  
18920 Shevlin Park Rd, Bend, OR  
97703

**Awbrey Glen Golf**  
2500 Awbrey Glen Dr, Bend, OR  
97702

**Bend High School**  
230 NE 6th St, Bend, OR 97701

**Big Sky Sports Complex**  
21690 Neff Rd, Bend, OR 97702

**BPRD District Office**  
799 SW Columbia St, Bend, OR 97702

**Buckingham Elementary School**  
62560 Hamby Rd, Bend, OR 97701

**Caldera High School**  
60925 SE 15th St, Bend, OR 97702

**Cascade Indoor Sports Center**  
20775 NE High Desert Ln, Bend, OR  
97701

**Cascade Middle School**  
19619 Mountaineer Way, Bend, OR  
97702

**DIYCave**  
444 SE 9th St #150, Bend, OR 97702

**Ensworth Elementary School**  
2150 NE Daggett Ln, Bend, OR 97701

**Free Spirit Yoga + Ninja + Play**  
320 SW Powerhouse Dr, Suite 150,  
Bend, OR 97702

**Happy Stars**  
61383 S Hwy 97, Suite F, Bend, OR  
97703

**Harmon Park Clay Studio**  
1100 NW Harmon Blvd, Bend, OR  
97701

**Hollinshead Park & Barn**  
1235 NE Jones Rd, Bend, OR 97701

**Jewell Elementary School**  
20550 Murphy Rd, Bend, OR 97702

**Juniper Park**  
800 NE 6th St, Bend, OR 97701

**Juniper Swim & Fitness Center**  
800 NE 6th St, Bend, OR 97701

**KPOV Radio**  
501 NW Bond St, Bend, OR 97703

**Larkspur Community Center -  
Home of the Bend Senior Center**  
1600 SE Reed Market Rd, Bend, OR  
97702

**Miller Elementary School**  
300 NW Crosby Dr, Bend, OR 97703

**Mountain View High School**  
2755 NE 27th St, Bend, OR 97701

**Norton Ave Apartments**  
415 NE Norton Ave, Bend, OR 97701

**Odyssey Martial Arts**  
924 B SE Wilson Ave, Bend, OR 97702

**Oregon Ki Society**  
20685 Carmen Loop, Bend, OR 97702

**The Pavilion**  
1001 SW Bradbury Way, Bend, OR  
97702

**Pacific Crest Middle School**  
3030 NW Elwood Ln, Bend, OR 97703

**Pilot Butte Middle School**  
1501 NE Neff Rd, Bend, OR 97701

**Pine Nursery Park**  
3750 NE Purcell Blvd, Bend, OR 97701

**Ponderosa Elementary School**  
3790 NE Purcell Blvd, Bend, OR 97701

**Ponderosa Skate Park**  
225 SE 15th St, Bend, OR 97702

**Riverbend Community Room -  
BPRD District Office**  
799 SW Columbia St, Bend, OR 97702

**Rivers Edge Golf**  
400 NW Pro Shop Dr, Bend, OR 97701

**Samara Learning Center**  
230 NE 9th St, Bend, OR 97701

**Skyline Sports Park**  
19617 Mountaineer Way, Bend, OR  
97702

**Sky View Middle School**  
63555 NE 18th St, Bend, OR 97701

**Summit High School**  
2855 NW Clearwater Dr, Bend, OR  
97703

**Sylvan Learning Center -  
Northwest Crossing**  
2754 NW Crossing Dr #101, Bend, OR  
97701

**Twin Knolls Transition Co-op**  
2500 NE Twin Knolls Dr, Bend, OR  
97702

**Vince Genna Stadium**  
401 SE Roosevelt Ave, Bend, OR  
97702

**Westside Village School**  
1101 NW 12th St, Bend, OR 97703



# Park Features & Amenities

Get out and play with our features and amenities guide. Need to know how to get to a park? An interactive map is available online at [bendparksandrec.org](http://bendparksandrec.org) and a print map is available at our facilities.

For additional information on parks and trails, visit our website at [bendparksandrec.org](http://bendparksandrec.org) or call 541-389-7275.

## Park & Trail Rules & Regulations:

These rules are in place for the safety and enjoyment of all park users. Park users are responsible for knowing and following all park rules. This is a partial list.

For the full rules and regulations text, call 541-389-7275 or visit our website at [bendparksandrec.org](http://bendparksandrec.org).

For non-emergency police matters, call 541-693-6911.

For emergencies, dial 911.

- Parks and trails are open 5:00 am to 10:00 pm daily.
- City ordinances require that dogs must be on leash at all times within the city limits (except at designated off-leash areas) and their waste properly removed. Dog "rest stops" along the trails and in the parks provide you with disposal bags and trash cans. Dogs are allowed in all parks except for Riley Ranch Nature Reserve.
- Do not litter. Trash cans are located throughout the park and trail system.
- Vehicles must remain on roadways or in parking areas. No parking on district property between 10:00 pm and 5:00 am.
- No camping, smoking or fires allowed. Alcoholic beverages allowed by permit only.
- Feeding geese, ducks, other waterfowl and wildlife is not allowed.
- Removing vegetation is not allowed.
- Propane cook stoves are allowed; no charcoal grills allowed.
- Metal detectors allowed by permit only.
- The use of airborne projectiles, including golf and archery, is not allowed.
- Sales and concessions are allowed by permit only.

## Trail Use:

- Some sections of the trail are on private property. Please stay on the designated trail.
- Areas along the river are sensitive wildlife habitat. Please do not walk along the river bank.
- Bicyclists are not allowed on some sections of the trails or in Riley Ranch Nature Reserve. Please observe pedestrian-only trail sections. No motorized vehicles allowed on trails.



NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Al Moody Park	2225 NE Daggett Ln		•								•	•		•			
Alpenglow Park	61049 SE 15th St				•	•			•		•	•	•				
Alpine Park	61355 SW Swarens Ave								•								
Awbrey Village Park	3015 NW Merchant Way											•					
Bend Senior Center	1600 SE Reed Market Rd					•			•				•				
Bend Whitewater Park	166 SW Shevlin Hixon Dr														•		
Big Sky Park	21690 NE Neff Rd	•			•				•		•	•	•				
Blakely Park	1155 SW Brookwood Blvd		•									•	•				
Boyd Park	20750 NE Comet Ln		•								•	•			•		
Brooks Park	35 NW Drake Rd						•									•	
Canal Row Park	1630 NE Butler Market Rd								•		•	•			•		
Columbia Park	264 NW Columbia St								•		•	•	•			•	
Compass Park	2500 NW Crossing Dr								•		•	•	•				
Discovery Park	1315 NW Discovery Dr				•				•		•	•	•				
Dohema River Access	35 NW Drake Rd															•	
Drake Park	777 NW Riverside Blvd						•						•		•		
Eagle Park	62891 NE Nolan St										•	•			•		
Empire Crossing Park	63145 Lancaster Street								•		•						
Farewell Bend Park	1000 SW Reed Market Rd						•		•		•	•	•			•	
Fieldstone Park	3750 Eagle Rd								•		•	•			•		
First Street Rapids Park	1980 NW First St						•		•				•		•		
Foxborough Park	61308 Sunflower Ln		•										•		•		
Gardenside Park	61750 Darla Pl										•	•			•		
Goodrich Pasture Park	941 NW Quimby Ave										•				•		
Harmon Park	1100 NW Harmon Blvd	•									•	•	•			•	
Harvest Park	63240 NW Lavacrest St											•			•		
Hillside I Park	2050 NW 12th St		•									•	•				
Hillside II Park	910 NW Saginaw Ave				•												
Hixon Park	125 SW Crowell Way																
Hollinshead Park	1235 NE Jones Rd				•	•									•		
Hollygrape Park	19489 SW Hollygrape St											•	•				
Jaycee Park	478 Railroad St		•									•			•		
Juniper Park	800 NE 6th St	•						•	•		•	•	•				•
Juniper Swim & Fitness Center	800 NE 6th St					•							•				
Kiwanis Park	800 SE Centennial Blvd	•	•								•	•			•		
Larkspur Community Center	1600 SE Reed Market Rd											•					
Larkspur Park	1700 SE Reed Market Rd	•						•	•		•	•	•				

NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Lewis & Clark Park	2520 NW Lemhi Pass Dr		•								•						
McKay Park	166 SW Shevlin Hixon Dr						•						•		•		
Miller's Landing Park	55 NW Riverside Blvd						•			•			•		•		
Mountain View Park	1975 NE Providence Dr		•								•		•				
Northpointe Park	63800 Wellington St										•		•		•		•
Orchard Park	2001 NE 6th St		•							•	•		•				
Overturf Park	475 NW 17th St				•			•	•			•					
Pacific Park	200 NW Pacific Park Ln						•										
Pageant Park	691 NW Drake Rd						•								•		
The Pavilion	1001 SW Bradbury Way					•											•
Pilot Butte Neighborhood Park	1310 NE Highway 20	•									•	•	•				
Pine Nursery Park	3750 NE Purcell Blvd	•		•	•		•		•	•	•	•	•				
Pine Ridge Park	61250 Linfield Ct										•	•		•			
Pioneer Park	1525 NW Wall St						•				•		•				
Ponderosa Park	225 SE 15th St	•	•		•					•	•	•	•				•
Providence Park	1055 NE Providence Dr		•									•		•			
Quail Park	2755 NW Regency St		•						•	•	•	•		•			
Riley Ranch Nature Reserve	19975 Glen Vista Rd						•		•				•		•		
River Canyon Park	61005 Snowbrush Dr								•								
River Rim Park	19400 Charleswood Ln								•								•
Riverbend Park	799 SW Columbia St						•				•		•		•		
Riverview Park	225 NE Division St								•								
Rockridge Park	20885 Egypt Dr				•				•	•	•	•					•
Sawyer Park	62999 O.B. Riley Rd						•		•				•		•		
Sawyer Uplands Park	700 NW Yosemite Dr								•		•						
Shevlin Park	18920 NW Shevlin Park Rd					•	•		•	•	•	•		•			
Skyline Sports Complex Park	19617 Mountaineer Way	•									•	•	•				
Stone Creek Park	61531 Stone Creek Ln								•		•			•			
Stover Park	1650 NE Watson Dr	•										•	•				
Summit Park	1150 NW Promontory Dr		•						•								•
Sun Meadow Park	61150 Dayspring Dr		•								•	•		•			
Sunset View Park	990 NW Stannium Rd								•								
Sylvan Park	2996 NW Three Sisters Dr								•		•						•
Three Pines Park	19089 Mt Hood Pl											•					
Wildflower Park	60955 River Rim Dr										•	•					
Woodriver Park	61690 Woodriver Dr	•										•		•			



Alpenglow Park Demonstration Garden



Riverbend Park South River Access



Juniper Park



let's play  
this summer

*play for life*